charlie health Referral Process

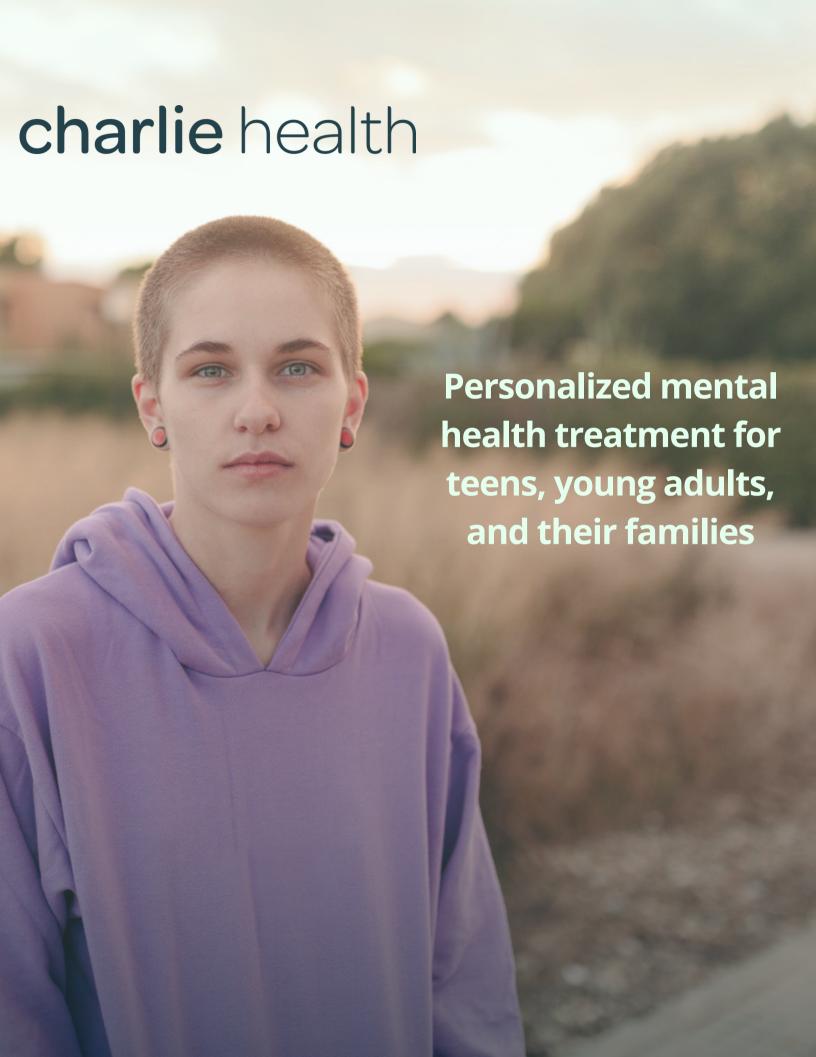
We are committed to making your initial engagement with Charlie Health quick and easy. The below process will happen within 48 hours depending on your availability to schedule with us!

For Teens, Young Adults, or Loved Ones Seeking Enrollment

- **Step 1:** Call Admissions 866-491-5196, email admissions@charliehealth.com, or fill out a web form at charliehealth.com to learn more about our program.
- **Step 2:** Have insurance card and demographic information ready to share with the Charlie Health team.
- **Step 3:** Insurance and financial obligations are reviewed, and an initial psychological evaluation will be completed.
- **Step 4:** Based on the initial psych eval. and clinical presentation, Charlie Health will customize a treatment plan.
- **Step 5:** Charlie Health's clinical team will meet with the client and their family (if involved) to finalize an appropriate treatment plan. The client will be carefully matched into a group and begin treatment!

For Providers, Counselors, or Other Resources

- **Step 1:** Provide family / client with Charlie Health admissions direct lines- Admissions 866-491-5196 or email admissions@charliehealth.com
- **Step 2:** Share client contact info with Charlie Health, or provide Charlie Health contact info for the client/ families to reach out themselves.
- **Step 3:** Charlie Health will take it from here, keeping you in the loop as needed or as appropriate. Yes—that's right—no paperwork is required for you to make a referral!



OUR IOP IS DIFFERENT



evidence-based therapies

Our trauma informed, masters level clinicians will use evidence based therapy techniques including CBT, DBT skills, and EMDR.

experiential therapies

Our expert experiential therapists will guide clients through music, art, dance, movement, and mediation therapies.

specialized tracks

We offer specialized tracks for our clients including but not limited to DBT specific track, LGBTQ, Trauma, and Substance Use.

we can help with:

depression trauma mood disorders anxiety disorders self harm
addiction
gender dysphoria
and more!



ABOUT CHARLIE HEALTH

We believe everyone deserves to be empowered and loved.

Our team of licensed clinicians employ engaging and effective virtual therapeutic groups to build connections among peers, show support, role model productive communication, and ultimately heal together.

INTENSIVE OUTPATIENT THERAPY

Our IOP is designed for teens and young adults in need of more support than one-time-per-week therapy. Our comprehensive treatment solution includes group, family, and individual therapy, with 9-11 hours of treatment services each week for an average of 6-10 weeks, all from the comfort and safety of home.

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WEAREHERE FOR YOU.

no waitlist

We are committed to never having a waitlist. Ever.

insurance

We work with major health plans, including medicaid, to ensure that treatment is accessible and affordable.

contact us

Call us at 866-491-5196 visit charliehealth.com