

Fredericksburg Primary School K-1

BREAKFAST MEAL PRICES:

Student Full Price: \$ 1.65
 Student Reduced Price: \$ 0.30
 All Adults \$3.50



LUNCH MEAL PRICES:

Student Full Price: \$ 2.75
 Student Reduced Price: \$ 0.40
 All Adults \$ 4.50

Breakfast and Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 - Week Of: 1/8, 1/29, 2/19, 3/18, 4/8, 4/29				
KOLACHE	MINI FRENCH TOAST	SCRAMBLED EGGS W/ HAM	SAUSAGE, EGG & CHEESE BISCUIT	BEAN & CHEESE BREAKFAST TACO
CHICKEN NUGGETS	HAMBURGER/CHEESEBURGER	BREADED CHEESE STICKS	SOFT BEEF TACO	PEPPERONI OR
MASHED POTATOES W/GRAVY	OR CRISPY CHICKEN BURGER	W/MARINARA SAUCE	OR SOFT CHICKEN TACO	CHEESE PIZZA
DINNER ROLL	TATOR TOTS	BROCCOLI NORMANDY	REFRIED BEANS	CRISPY CORN
PEACHES	FRESH VEGETABLE MEDLEY	FRUIT CUP	SPANISH RICE	ROSY APPLESAUCE
WEEK 2 - Week Of: 1/15, 2/5, 2/26, 3/25, 4/15, 5/6				
SAUSAGE BISCUIT	MINI PANCAKES	SAUSAGE, POTATO & CHEESE SCRAMBLED EGGS	OATMEAL/CINNAMON TOAST	YOGURT CUP/MUFFIN
HOMEMADE SPAGHETTI	HAMBURGER/CHEESEBURGER	PEPPERONI OR	NACHO GRANDE OR	HOT DOG
W/GARLIC BREADSTICK	OR CRISPY CHICKEN BURGER	CHEESE PIZZA	CHEESE NACHOS	BAKED BEANS
GLAZED CARROTS	POTATO SMILES	CRISPY CORN	HOMEMADE PINTO BEANS	CUCUMBER & TOMATO
PEACHES	FRESH VEGETABLE MEDLEY	SIDEKICKS FROZEN JUICE CUP	SPANISH RICE	APPLESAUCE CUP
WEEK 3 - Week Of: 1/22, 2/12, 3/4, 4/1, 4/22, 5/13				
PANCAKE/SAUSAGE ON A STICK	CINNAMON ROLL	STRAWBERRY CREAM CHEESE BAGEL	EGGO CINNAMON MINI WAFFLES	CHEESY SCRAMBLED EGGS W/HAM W/HAM
CHEESE FILLED PIZZA	HAM/TURKEYCHEESE SUB	PEPPERONI OR	CHICKEN SPAGHETTI	CRUNCHY FISH STICKS
STICKS W/MARINARA	CRISPY CHICKEN BURGER	CHEESE PIZZA	W/GARLIC BREADSTICK	MACARONI & CHEESE
SEASONED GREEN BEANS	TATOR TOTS	CRISPY CORN	STEAMED BROCCOLI	BUTTERED PEAS & CARROTS
BUTTERED NOODLES	FRESH VEGETABLE MEDLEY	JELL-O CUP	FRESH GARDEN SALAD	CUCUMBER SALAD

BREAKFAST

CEREAL W/TOAST OR MUFFIN IS OFFERED DAILY OR STUDENTS MAY CHOOSE THE DAILY SELECTION.

MILK, JUICE AND AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY.

STUDENTS MUST TAKE AT LEAST 1 SERVING (1/2 CUP) OF FRUIT OR FRUIT JUICE AND 2 OTHER ITEMS. STUDENTS MAY TAKE 2 FRUITS OR 1 FRUIT AND 1 FRUIT JUICE AT NO EXTRA CHARGE.

**MAY 20 - MAY 23
 MANAGER'S CHOICE**

**MENU SUBJECT TO CHANGE WITHOUT
 NOTICE DUE TO AVAILABILITY**

MENUS WILL BE POSTED ONLINE

LUNCH

DAILY CHOICES INCLUDE ALL 5 COMPONENTS: FRUITS, VEGETABLES, PROTEIN, GRAINS (ALL GRAINS ARE WHOLE GRAIN) AND MILK (FAT FREE OR 1%).

AN ASSORTMENT OF FRESH AND PREPARED FRUITS OFFERED DAILY.

STUDENTS MUST TAKE AT LEAST 1/2 CUP OF A FRUIT OR VEGETABLE AND 2 OTHER COMPONENTS.

STUDENTS MAY TAKE 2 FRUIT OR 2 OR 3 VEGETABLES AT NO EXTRA CHARGE.

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