

## Valley Oak Middle School 2023-2024 Bell Schedule

The regular school day starts at 8:20 AM (9:00 AM on Mondays) and ends at 3:19 PM

Mondays (Late Start)			
<i>Schedule Starts on 8/14/23</i>			
	Start	End	Minutes
Period 0	7:15 AM	8:00 AM	45
PLC	8:05 AM	8:55 AM	50
Homeroom	9:00 AM	9:24 AM	24
Period 1	9:24 AM	10:05 AM	41
Period 2	10:09 AM	10:50 AM	41
<b>7th Grade Break</b>	10:50 AM	11:00 AM	10
Period 3	11:04 AM	11:45 AM	41
Period 3	10:54 AM	11:35 AM	41
<b>8th Grade Break</b>	11:35 AM	11:45 AM	10
Period 4	11:49 AM	12:30 PM	41
<b>7th Grade Lunch</b>	12:30 PM	1:05 PM	35
Period 5	1:09 PM	1:50 PM	41
Period 5	12:34 PM	1:15 PM	41
<b>8th Grade Lunch</b>	1:15 PM	1:50 PM	35
Period 6	1:54 PM	2:35 PM	41
Period 7	2:39 PM	3:19 PM	40

Regular Bell Schedule (Tuesday, Wednesday, Friday)			
<i>Schedule Starts on 8/10/23</i>			
	Start	End	Minutes
Period 0	7:15 AM	8:05 AM	50
Period 1	8:20 AM	9:10 AM	50
Period 2	9:14 AM	10:04 AM	50
<b>7th Grade Break</b>	10:04 AM	10:14 AM	10
Period 3	10:18 AM	11:08 AM	50
Period 3	10:08 AM	10:58 AM	50
<b>8th Grade Break</b>	10:58 AM	11:08 AM	10
Period 4	11:12 AM	12:02 PM	50
<b>7th Grade Lunch</b>	12:02 PM	12:37 PM	35
Period 5	12:41 PM	1:31 PM	50
Period 5	12:06 PM	12:56 PM	50
<b>8th Grade Lunch</b>	12:56 PM	1:31 PM	35
Period 6	1:35 PM	2:25 PM	50
Period 7	2:29 PM	3:19 PM	50

Monday Minimum Day (Staff Development)			
<i>9/18/23, 10/16/23, 12/4/23, 1/22/24, 3/11/24, 5/6/24</i>			
	Start	End	Minutes
Period 0	7:15 AM	8:00 AM	45
PLC	8:05 AM	8:55 AM	50
Homeroom	9:00 AM	9:23 AM	23
Period 1	9:23 AM	9:47 AM	24
Period 2	9:51 AM	10:15 AM	24
<b>7th Grade Break</b>	10:15 AM	10:25 AM	10
Period 3	10:29 AM	10:53 AM	24
Period 3	10:19 AM	10:43 AM	24
<b>8th Grade Break</b>	10:43 AM	10:53 AM	10
Period 4	10:57 AM	11:21 AM	24
<b>7th Grade Lunch</b>	11:21 AM	11:56 AM	35
Period 5	12:00 PM	12:35 PM	35
Period 5	11:25 AM	12:00 PM	35
<b>8th Grade Lunch</b>	12:00 PM	12:35 PM	35
Period 6	12:39 PM	1:03 PM	24
Period 7	1:07 PM	1:30 PM	23

Thursday RTI			
<i>Schedule Starts on Th, 8/24/23</i>			
	Start	End	Minutes
Period 0	7:15 AM	8:05 AM	50
Period 1	8:20 AM	9:04 AM	44
Period 2	9:08 AM	9:52 AM	44
<b>RTI</b>	9:56 AM	10:34 AM	38
<b>7th Grade Break</b>	10:34 AM	10:44 AM	10
Period 3	10:48 AM	11:32 AM	44
Period 3	10:38 AM	11:22 AM	44
<b>8th Grade Break</b>	11:22 AM	11:32 AM	10
Period 4	11:36 AM	12:20 PM	44
<b>7th Grade Lunch</b>	12:20 PM	12:55 PM	35
Period 5	12:59 PM	1:43 PM	44
Period 5	12:24 PM	1:08 PM	44
<b>8th Grade Lunch</b>	1:08 PM	1:43 PM	35
Period 6	1:47 PM	2:31 PM	44
Period 7	2:35 PM	3:19 PM	44