

AVONWORTH SCHOOL DISTRICT



SCHOOL YEAR 2023-24



CAFETERIA INFO



FREE BREAKFAST EXTENDED

We are pleased to announce that Pennsylvania has extended FREE breakfast for all students for the 2023-24 School Year. State funding will also provide free lunch to students that are eligible for reduced-priced meals for the 2023-24 School Year. Students that do not qualify for free or reduced priced meals will be required to pay full price for lunches.

Reasons why you should take advantage of free breakfast :

Children who eat breakfast ...

- * Are more likely to behave better in school
- * Have fewer absences and incidents of tardiness
- * Have improved attention span, memory & problem solving
- * Have improved test scores

FREE/REDUCED APPLICATIONS

Free/Reduced Applications are available in the school offices, on the nutrition services page of the district website or at www.compass.state.pa.us. They should be completed and returned to the school office or mailed to: Melissa Schad, 258 Josephs Lane, Pittsburgh, PA 15237.

A new free/reduced application must be submitted every year, even if your child was eligible last year. (Exception) If your household received a Letter of Direct Certification via email then you do NOT need to complete an application and your child is automatically eligible for benefits. If your child was eligible for free/reduced meals in the 2022-23 SY you have until October 4, 2023 to submit a new application. If your child is new to the district or was not approved for free/reduced meals in the 2022-23 SY, you must submit an application prior to the first day of school or your child will be charged full price for meals and you will be responsible for these charges.

Reminder: Free/Reduced applications are available for submission during the entire school year to account for any changes to your economic status.

Take 3 or 4 items for a school BREAKFAST
(one MUST be a fruit or juice)
1 or 2 Grains
Protein (optional)
Fruit and/or Juice
Milk



QUESTIONS? CONTACT:

Melissa Schad
Food Service Director
mschad@avonworth.k12.pa.us



Take 3, 4, or 5 items for a school LUNCH
(one must be at least 1/2C fruit or vegetable)
Protein, Grain, Fruit,
Vegetable & Milk



EXTRAS

All snacks & beverages sold in our cafeterias meet the SMART SNACKS IN SCHOOLS standards.
visit: www.healthiergeneration.org for info
There is also a charge for Milk (as a beverage with a packed meal)
The District Charge Policy can be found on the District Website.

PAYMENTS

All enrolled students will automatically have a cafeteria account that can be accessed using the school issued card (APC/AES), student's last name, or student ID#. Parents may fund their student's cafeteria account by using MySchoolBucks.com or by checks made payable to: *Avonworth Cafeteria Fund*.

ALLERGIES/SPECIAL DIETS

Please report your child's allergy or special diet to the School Nurse. Please contact the Food Service Director for specific special diet information.