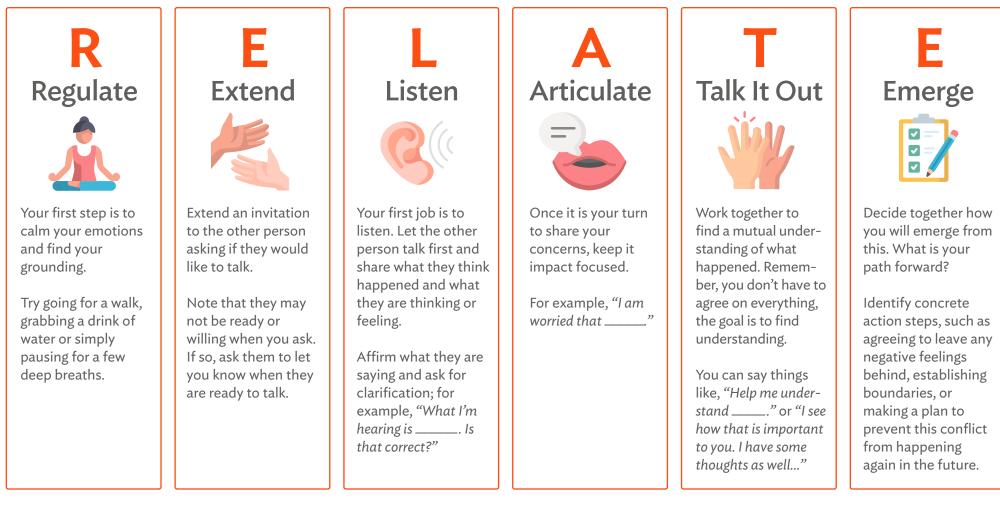
Managing Conflicts With the RELATE Model

All relationships come with conflict at some point. The key is what you do when it arises. By following the RELATE model, you can work through conflict, using it as an opportunity to build a stronger relationship.



Resilience in School Environments (RISE) — presented in partnership by Kaiser Permanente and the Alliance for a Healthier Generation — is a national initiative that provides teachers and school staff with skills and resources to support student mental health and to better tend to their own emotional needs. Through engagement with RISE, schools, teachers and educators will learn how to better manage emotions, recognize strengths and weaknesses, and rise above adversity.



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