

Grocery List of Needs



- 1 Kid-Friendly Snacks - granola bars, fish crackers, etc.
- 2 Baking Supplies - Flour, Sugar, Oil, Dessert Mix
- 3 Condiments - Mayonnaise, Salsa, Peanut Butter, etc.
- 4 Meals - mac and cheese cups, chili, stew, etc.
- 5 Breakfast - Hot and Cold Cereal, Cereal Bars, pancake mix
- 6 Crackers - Triscuit, Wheat Thins, Ritz, Graham Crackers
- 7 Beverages - Juice, Coffee, Tea
- 8 Hygiene - Toilet Paper, toothpaste, deodorant, shampoo,
- 9 Baby - Diapers 4,5,6, pullups and wipes
- 10 Laundry detergent, dish/dishwasher soap

Last year, the Ralph Reeder Food Shelf gave out nearly one million pounds of food to over 41,000 of our food insecure neighbors.

Share what you can - thank you!



Ralph Reeder
Food Shelf

COMMUNITY EDUCATION
Mounds View Public Schools