

What's on the Menu?

Staples High School Lunch Menu August 29 – September 1

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Menu Items

Menu Items

Menu Items

Menu Items

First Day of School!

Chicken Tenders
Crispy Onion Rings
Sautéed Green Beans

Breakfast Bar

Scrambled Eggs
Pork Sausage
Waffle or French Toast

Chicken and Cheese
Quesadillas
Spanish Rice
Steamed Corn

Student Choice
Big City BBQ

grilled

Chicken Quesadilla

Philly Steak and
Cheese

Meatball Sub

Turkey Club

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

Italian Pasta Bar

Italian Pasta Bar

Italian Pasta Bar



Vegetarian



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What's on the Menu?

Staples High School Lunch September 5-8

Monday

Tuesday

Wednesday

Thursday

Friday

create

Protein

Menu Items
Labor Day
No School

Menu Items
Taco Tuesday!
Beef Tacos
Cilantro Lime Rice
Sweet Plantains

Menu Items
Discovery Kitchen
Power Up
Aztec Grain Bowl

Menu Items
Chicken Parmesan
Pasta

Menu Items
Student Choice Station
Roost

grilled

Classic American
Cheeseburger

BBQ Pulled Pork
Classic American
Cheeseburger

Nashville Hot Chicken
Sandwich
Classic American
Cheeseburger

Hot Dog
Classic American
Cheeseburger

Fish and Chips
Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

By the oz. Bar

Mac & Cheese-Ology Mac & Cheese-Ology Mac & Cheese-Ology Mac & Cheese-Ology



Vegetarian



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What's on the Menu?

Staples High School Lunch Menu September 11-15

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items
Penne Pasta
Bolognese Sauce
Italian Green Beans

Menu Items
Pulled Pork Sandwich
French Fries
Baby Carrots

Menu Items
Chicken Vindaloo
Roasted Potatoes
Roasted Cauliflower

Menu Items
General Tso's Chicken
Lo Mein Noodles
Steamed Broccoli

Menu Items
Student Choice Station
Flame

Handrolled Sushi

grilled

French Dip	Hot Ham and Swiss	Turkey Club	Mozzarella & Tomato Panini	Chicken & Cheese Quesadilla
Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger	Classic American Cheeseburger
Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries	Seasoned Fries



Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza	Old World Style Classic Cheese Pizza
Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza	Traditional Italian Pepperoni Pizza



By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar	By the oz. Bar
Loaded Nacho Bar	Loaded Nacho Bar	Loaded Nacho Bar	Loaded Nacho Bar	Loaded Nacho Bar



Vegetarian



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What's on the Menu?

Staples School Lunch Menu September 18-22

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items
Sloppy Joe
Onion Ring
Seasoned Corn

Menu Items
Chicken Alfredo
Pasta
Steamed Broccoli

Menu Items
Discovery Kitchen
Power Up
Fajita Chicken Bowl

Menu Items
Caribbean Jerk
Chicken
Rice & Beans

Menu Items
**Student Choice
Station**
Chaat House

grilled

Meatball Sub

Turkey Rachel

Philly Steak

BLT

Turkey Club

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

Revolution Noodle
Station

Revolution Noodle
Station

Revolution Noodle
Station

Revolution Noodle
Station

Revolution Noodle
Station



Vegetarian



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What's on the Menu?

Staples School Lunch Menu September 26-29

Monday

Tuesday

Wednesday

Thursday

Friday

create

Menu Items

Yom Kippur
No School

Menu Items

Penne Pasta
Meatballs
Roasted Vegetable

Menu Items

Boneless Buffalo
Chicken Tenders
French Fries
Cole Slaw

Menu Items

Discovery Kitchen
Power Up
Tuscan Chicken
Noodle Bowl

Menu Items

Student Choice Station
Bok Choy

grilled

Buffalo Chicken Wrap

Hot Pastrami Sandwich

Chicken club Grinder

Fish Sandwich

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Classic American
Cheeseburger

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries

Seasoned Fries



Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Old World Style
Classic Cheese Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza

Traditional Italian
Pepperoni Pizza



By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

By the oz. Station

Chili Bar

Chili Bar

Chili Bar

Chili Bar

Chili Bar



Vegetarian



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