

August Menu

elementary

Lunch:

Every Lunch also Includes a choice of Milk and/or Water.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>An Additional Option of a Grab & Go Sack Lunches will also offered each day.</p>	<p>9th Country Bowl or Country Bucket Hot Roll Glazed Carrots Fruit Cup</p>	<p>10th Big Grilled Sandwich or Corn Dog Mac & Cheese Baked Beans Tumbleweed Bites Fruit Cup</p>	<p>11th Cheese Burger or Chicken Sandwich Basket with Fries Lettuce, Pickles & Tomatoes Fresh Baked Cookie Fresh Fruit</p>
<p>14th Chicken Spaghetti with Breadsticks or Choice of Pizza Choice of Seasoned Vegetables Fruit Cup</p>	<p>15th Tacos or Crisпитos Pinto Beans Spanish Rice Homemade Salsa Lettuce & Tomato Oranges Smiles</p>	<p>16th Steak Fingers or Chicken Nuggets with Hot Roll Mashed Potatoes Seasoned Green Beans Cinnamon Apple Sauce</p>	<p>17th Meatball Sub or Hot Dog Choice of Chips Steamed Broccoli Carrot Dippers <i>Frozen Fruit Treat</i></p>	<p>18th Chicken Sandwich or Bacon Cheese Burger Basket with Fries Lettuce, Pickles & Tomatoes Fresh Baked Cookie Fresh Fruit</p>
<p>21st Spaganzan with Garlic Toast or Choice of Pizza Seasoned Vegetables Garden Salad Fruit Dessert</p>	<p>22nd Chili Cheese Fries or Tornadoes Beans & Rice Garden Fresh Salad Homemade Salsa Fruit Cup</p>	<p>23rd Smothered Steak or Chicken Strips with Hot Roll Mashed Potatoes Street Corn Mixed Fruit Cup</p>	<p>24th Asian Bowl with Fried Rice or Popcorn Chicken Choice of Seasoned Vegetables Fruit Salad</p>	<p>25th BBQ Sub or Chicken Sandwich Basket with Fries Lettuce, Pickles & Tomatoes Fresh Baked Cookie Fresh Fruit</p>
<p>28th Spaghetti with Meat Sauce and Garlic Toast or Choice of Pizza Seasoned Green Beans Side Salad Strawberries and Cream</p>	<p>29th Nachos Refried Beans Tossed Salad Spanish Rice Homemade Salsa Fresh Apple</p>	<p>30th Chicken & Waffles or Popcorn Chicken with Hot Roll Mashed Potatoes Steamed Vegetables Colorful Pears</p>	<p>31st Cheesy Bites or Mini Corn Dogs Mac & Cheese Cucumber Nachos Tumbleweed Bites Fruit Cup</p>	<p>September 1st Cheese Burger or BBQ Sub Basket with Fries Lettuce, Pickles & Tomatoes Fresh Baked Cookie Fresh Fruit</p>

Lunch Time!

After all that time in class, you deserve a chance to head to the cafeteria to sit down, relax, and enjoy the company of your friends over a yummy meal!

Your school's lunch is designed with your health in mind. It's packed full of vitamins and minerals that will help you to do your best in school!

School lunchtime is full of choices. Choose an entree and any side items you would like. **Don't forget to pick up at least a 1/2 cup of vitamin packed fruits or vegetables.**

Eating a variety of healthy foods helps:

- Give you energy
- You grow the way you should
- You from getting sick

Think of your school lunch as the fuel you put in your tank. If you choose the wrong kind of fuel, you may just run out of energy before the day is over.

This institution is an equal opportunity provider. The menu is subject to change based on supplier availability.

Breakfast:

An option of Cereal & Toast, Fresh Fruit or Fruit Cup, and a Choice of Juice and Milk are also offered everyday.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 & 3	Breakfast on Bun	French Toast Sticks	Bacon & Eggs with Toast	Breakfast Taco	Biscuits & Gravy
Week 2 & 4	Breakfast Bowl	Pancake Wrap	Eggs and Sausage with Toast	Breakfast Pizza	Yogurt Parfait & Scoobies