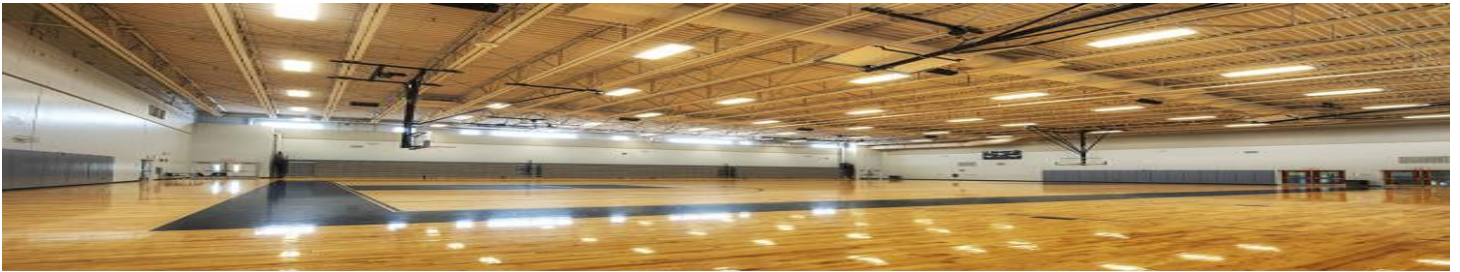




# LHS Phys Ed FAQs



**Q: What clothes will my child need for LHS Phys Ed classes?**

**A:** Students are expected to change into athletic workout attire. This consists of athletic shorts, yoga style pants, sweatpants, short sleeve t-shirts, socks, and tennis athletic style shoes. Clothing should meet CCPS dress code. We do not SELL uniforms. Students provide their own attire. We do have clean shirts and shorts to lend a student if they forget to bring their own.

**Q: Where does my child meet "GO TO" the first day of class?**

**A:** All PE students will meet in the Main Gym at the start of their class period for the first day of class. A Day and B Day. Their teacher will meet them there to complete attendance, review syllabus, and walk-thru where to go after day 1.

**Q: Will my child need any type of materials or equipment for PE classes?**

**A:** We recommend students to bring a filled water bottle, wear sunscreen if needed, and bring their inhaler if needed. We provide all the equipment.

**Q: Can my child leave their personal clothes/bookbags/cell phones in the locker room?**

**A:** Yes. Locker rooms are securely locked during classes. There is no need for cell phones during PE classes and should be left in their bookbag. We encourage students to bring their own locks to lock valuables in a locker, in addition to school staff securing and locking the general locker room doors. CCPS is not responsible for lost or stolen items.

Please feel free to contact your child's PE teacher with any individual questions.