



**Sunday  
October 1,  
2023  
9am – 4pm**

**Oakmont High  
School Gymnasium**

**1710 Cirby Way,  
Roseville, CA 95661**

**Eligible: Ages 12 -  
25**

**Cost: FREE**

**Parking: FREE**

**We need medical  
and general  
volunteers for this  
event.**

**Register in advance  
to volunteer or to be  
screened at:**

**[www.kylejtaylor.org/  
screenings](http://www.kylejtaylor.org/screenings)**



# Free Youth Heart Screening

**Prevent Sudden Cardiac Arrest (SCA) in  
Sacramento Youth**

**One in 300 youth have an undiagnosed heart  
condition that puts them at risk for SCA**

**#1 cause of death of student athletes**

**#1 cause of death on school campuses**

We are hosting a Free Youth Heart Screening for the Sacramento community at Oakmont High School on Sunday, October 1, 2023 from 9am to 4pm. The screening is open to anyone 12-25 years of age at NO COST and registration is open now.

These screenings are so important! Regular check-ups and sports physicals miss about 85-90% of the issues that can cause SCA in children and young adults. Most conditions must be seen on an electrocardiogram (EKG) because they are structural or electrical issues that cannot be heard through a stethoscope. This is a simple test that records the electrical activity of the heart using small sticky electrode patches that are attached to the skin of the chest. EKG testing is quick and painless.

The screening includes cardiac risk assessment, EKG, and doctor review, which takes about 40 minutes to complete. To learn more about SCA in youth and what happens at the heart screening please visit [www.kylejtaylor.org](http://www.kylejtaylor.org) or contact **916-627-9533** or email [rmccormac@ucdavis.edu](mailto:rmccormac@ucdavis.edu).