



Ferndale High School Athletics

Head Coach Contact

There are many opportunities to turn out for sports at FHS. Please contact the head coach of the sport you are interested in for more information.

Sports Offered at FHS by Season

Fall

Nick	Carlson	Head Cross Country Coach	nick.carlson@ferndalesd.org
Michaela	Hall	Head Volleyball Coach	hallmichaela4@gmail.com
Kelly	Earl	Head Cheer Coach	kgroff823@yahoo.com
Julia	Landon	Head Girls Swim Coach	ferndaleswim@gmail.com
Jamie	Plenkovich	Head Football Coach	jamie.plenkovich@ferndalesd.org
Rudy	Vendiola	Head Boys Tennis Coach	rvendiola@nwic.edu
Rigel	Weis	Head Girls Soccer Coach	rigel.weis@ferndalesd.org

Winter

Michelle	Long	Equestrian Coach	mjmklong8281@gmail.com
Doug	Nyenhuis	Head Girls Bowling Coach	nyenhuis99@gmail.com
Luke	DuChesne	Head Boys Basketball Coach	lukeduchesne@gmail.com
Terri	Yost	Head Girls Basketball Coach	cloud9terri@hotmail.com
Caleb	Schlack	Head Boys Wrestling Coach	caleb.schlack@ferndalesd.org
Joseph	Welch	Head Girls Wrestling Coach	welch_joseph@hotmail.com
Julia	Landon	Head Boys Swim Coach	ferndaleswim@gmail.com

Spring

Brittany	Arredondo	Head Softball Coach	brittany.arredondo@ferndalesd.org
Mark	Griep	Head Girls Tennis Coach	markagriep@gmail.com
Donny	Hennigs	Head Baseball Coach	Donald.Hennigs@ferndalesd.org
Donald	Pringle	Head Track Coach	donald.pringle@ferndalesd.org
Rigel	Weis	Head Boys Soccer Coach	rigel.weis@ferndalesd.org
Chad	Hoidal	Head Boys Golf Coach	chad.hoidal@ferndalesd.org
Jaclyn	Kolesar	Head Girls Golf Coach	Jaclyn.kolesar@ferndalesd.org

Contact the FHS Athletic Office at (360) 383-9249 if you have further questions.