Superintendent's Message

# District Launching New Website

Colder weather is upon us and it is difficult to believe that the school year is already two months old! While the initial flurry of excitement surrounding the opening of school may have passed, our students and staff are doing great work with lots to look forward to and celebrate.

Over the past year, a major goal of the school district has been to improve communication with our families and the community. To that end, I am excited to announce that Midlakes is rolling out an ambitious new website that has been designed to showcase the work of our students and staff and provide easy access to important information.

Midlakes.org has been overhauled with easy-to-find sections, new features, a responsive web design allowing for an enhanced mobile experience, rich multimedia content showcasing students and staff, an extensive catalog of valuable information, and more.

Every section of the website has been designed to provide the best possible experience for visitors, while helping us reach compliance with the Americans with Disabilities Act. Visitors will notice high contrast and language translation buttons, and other elements intended to make the site more accessible.

The website is clean, easy to navigate, and intuitive. Information has been updated across sections, and some content has been reorganized for easy navigation by "Parents" and "Community". The site also includes captioned videos of students and staff, and there are click-through photo galleries of Homecoming Week, student activities, guest presentations, and athletic events.

Visitors will find articles and photos of teachers volunteering in the community and students receiving accolades for their achievements. Additional features include a comprehensive staff directory, a new community



Midlakes.org features new sections, enhanced multimedia and a responsive design for use on all devices.

calendar, sports schedules, and updated lunch menus.

None of these features would be possible without the support of the Board of Education and our community. We are grateful to our taxpayers for approving a 2018-2019 school budget that allowed for the hiring of a public relations officer to improve our communication and transparency.

Todd Clausen, a former journalist with extensive digital media expertise, joined the District in September to help launch the new website and implement a comprehensive communications plan.

Since his arrival, Todd has been busy documenting school events and meeting with building principals, department supervisors, and faculty to ensure that the new website will be the definitive source of information on the District. He has also launched district-branded social media accounts on Twitter, Instagram, YouTube, and Facebook, all under the handle "Midlakes Schools".

Looking ahead, Todd will be

developing a new Midlakes app that makes online content more accessible to mobile users.

As winter approaches, all members of the Midlakes community can look to the school website, social media, and mass notifications through our School Messenger system for updates regarding school delays and closures. Of course, this information will still be available through local television and radio stations.

Modern communication methods will allow Midlakes to better communicate and be more responsive to our stakeholders, with the objective of strengthening our partnerships to benefit our students.

However, the school district is still committed to the *Midlakes Journal*, our newsletter, as it allows us to connect with members of our community in ways that the website and social media cannot support.

Readers of the *Midlakes Journal* can expect a redesign coming early in 2019. The new format will improve readability and take advantage of reduced costs by utilizing publishing services through the Wayne-Finger Lakes BOCES.

Of course, the focal point of all these efforts will be our students and staff. Accessible student stories and photos make it easy to share exciting news and achievements with family members, near and far, as well as with college recruiters and future employers.

As New York State and the Finger Lakes Region faces a pronounced teacher shortage, highlighting the strengths of our school community will make Midlakes more attractive to the educators of tomorrow.

The Phelps-Clifton Springs Central School District is grateful for the support of a proud and dedicated community. In return, we are committed to providing the most accurate and up-to-date information about the district and sharing the outstanding results of your generous support for our students.

Please visit the new website and share in the celebration of our students, who serve as the driving force behind our Midlakes Pride!

With Midlakes Pride,

Matthew Sickles,

Superintendent

*Phelps-Clifton Springs Central School District* 1490 State Route 488 Clifton Springs, NY 14432 Non-Profit Organization U.S. Postage Paid Newark NY 14513 Permit No. 71

#### **BOARD OF EDUCATION**

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**Laura Cirone - Vice President** 

**Tracy Altman** 

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ECRWSS POSTAL PATRON

# Eagle Scout project encourages students to take a seat

Midlakes graduate builds four benches for the bus loop entrance at the high school.

Four long wooden benches built by a Midlakes graduate and placed near the front entrance of the high school bus loop will provide a respite to current students and visitors.

The 150-pound benches were built and delivered on Oct. 3 by Robert Taylor for an Eagle Scout project.

"I thought if the students had benches out here, they could sit down for a little bit while they waited to be picked up," said Taylor, a 2018 Midlakes graduate now studying business marketing at Finger Lakes Community College.

Eagle Scout project put benches near the entrance of the athletic wing of the high school.

"I think the students will love them," said Don Miller, Director of Facilities for the Phelps-Clifton Springs Central School District. "A lot of kids do wait out here for the buses and they'd just stand or sit on the grass. I wish there was more of this at the schools."

Less than five percent of all participants in Boy Scouts of America complete an Eagle Scout project, according to the organization.

Eagle Scout projects are used as a test of leadership while serving as a way to give back to the community.

Robert joined Boy Scouts Troop No. 59 about 10 years ago with the encouragement of his father, He said he got the idea after another Pete. The troop meets at the Clifton



Robert Taylor and Don Miller, Director of Facilities, sit on one of the benches made for the bus loop outside Midlakes High School.

Springs United Methodist Church.

Robert said becoming a Boy Scouts was at first to be around friends but and to teach them the ropes," he as he grew older he began to enjoy it explained.

for a much different reason. "I really just stayed for the younger members

### IMPORTANT DISTRICT TELEPHONE NUMBERS (Clip & Save)

#### District Office, 1490 State Route 488, Clifton Springs

Superintendent	548-6420
Business Administrator	548-6434
Payroll Clerk	332-7436 (Newark)
Tax Collector	548-6437
Buildings & Grounds	548-6465
Human Resources	548-6436
Public Informantion Officer	548-6477
District Clerk	548-6420

#### **Committee on Special Education, 1554 State Route 488**

Special Programs & Services 548-6440

#### Midlakes Primary School, 1500 State Route 488

Main Office	548-6700
Nurse's Office	548-6720
BOCES	548-6760

#### Midlakes Intermediate School, 1510 State Route 488

Main Office	548-6900
Nurse's Office	548-6920
BOCES	548-6760

#### Midlakes Middle School, 1550 State Route 488

minutes minute school,	1550 State Route
Main Office	548-6600
Nurse's Office	548-6320
Guidance Office	548-6600
Food Service	548-6415
BOCES	548-6631

#### Midlakes High School, 1554 State Route 488

minutanes iligii sellooi,	133 i State Route 10
Main Office	548-6300
Nurse's Office	548-6320
Guidance Office	548-6310
Athletic Director	548-6450
Pool Director	548-6451

#### **Bus Garage, 2117 Route 96**

Supervisor/Office 548-6400

## Reminder: Policy on photos, videos of students

The Phelps-Clifton Springs Central School District wants to celebrate the learning and accomplishments of students and staff with local media and on district-approved platforms.

Names, honors, awards, nongraded work, art work, sports games, theatre events, music concerts as well as photographs, video, and audio recordings may be shared with the media, or posted to the district's social media channels, its website or in the district newsletter.

The release of such information could also be published in other district-approved publications, school or public functions, and in a school

A student's name or photo will typically appear with a clear school-

related purpose, and an intent to praise and honor student learning and achievement.

The Federal Family Education Rights and Privacy Act allows school districts to release certain pieces of "directory information" unless a parent or legal guardian exercises their right of refusal.

No action is required for those allowing the school district to publish or display this information for noncommercial purposes.

Families not granting permission to release information should write a brief note with the student's first and last name, grade level and desire, and submit the information to the Main Office of the school the student attends.

#### Fleet feet



Katelyn Wilkes took 5th place in her division during the Midlakes Cross Country Invitational held Oct. 6. View more photos at midlakes.org.

# Midlakes educator named 'Master Teacher'

Erin Everson, a mathematics teacher at Midlakes High School, has been accepted into a prestigious New York State Master Teacher Program.

Midlakes Superintendent Matthew Sickles, high school principal Frank Bai-Rossi and 30 of Everson's students informed her of the honor during a surprise visit to her classroom.

"I was completely caught off guard," she said. "I had been told we would hear about the program sometime in the fall and was expecting to hear either way by email. When my students, Mr. Bai-Rossi and Mr. Sickles came into my room, I wasn't sure what was happening."

Everson's acceptance is a result of a highly competitive selection process spotlighting educators who teach math, science, technology and other STEM-related courses. She teaches Algebra 2, Trigonometry and Statistics (Gemini) at the high school, and was one of 275 educators to be selected.

"Erin always goes above and beyond," said Bai-Rossi. "I often walk by her study hall in the cafeteria and it is not unusual to see students sitting with her working on their math. You only have to sit with Erin to see that



Superintendent Matthew Sickles with Erin Everson and Midlakes High School Principal Frank Bai-Rossi after the state announced its latest group of "Master Teachers".

she is completely dedicated to her students and Midlakes."

Everson took a rigorous math test, taught a sample lesson, and participated in a full day of interviews to qualify for the program.

"While most Master Teachers apply three to five times before being accepted, Erin was accepted based on her very first application," said Sickles. "The entire Midlakes community shares in the excitement of Erin's accomplishment as it is a reflection of our shared commitment to instructional excellence and creating outstanding outcomes for our students."

As part of participating in the four-year Master Teachers program, educators will:

- Engage in peer mentoring and intensive content-oriented professional development opportunities throughout the academic year;
- Work closely with pre-service and early career teachers to foster a supportive environment for the next generation of STEM teachers;
- Attend required regional cohort meetings, participate in and lead several professional development sessions each year;
- Receive a \$15,000 annual stipend. Everson, a district resident and parent, joined Midlakes schools 12 years ago.

"We have the best students at Midlakes," she said. "They are the reason I enjoy coming to work every day. I love the opportunities that our district has for our students and support I have as a teacher."

## Teachers, staff volunteer in the community

Several members of the Phelps-Clifton Springs Faculty Association headed out after school on Sept. 25 to a two-mile strip of Route 96 in Phelps to care for the busy thoroughfare as part of the group's annual cleanup.

"It's not just that we come here, we work, and we go home," said Erin Altman, a fifth-grade teacher at Midlakes Intermediate School who organized the cleanup. "It shows the parents and students that we care about our students environment both in and out of school. We are part of this community."

Midlakes teachers first volunteered in Ontario County's Adopt-A-Highway program approximately 13 years ago.

Altman became involved in the effort three years ago and was joined this year by Andrea Windus, Ali Estes, Heather Bradley, and Peg Carlson.

Wearing bright yellow vests and carrying heavy duty bags, the volunteers gathered after school to spend more than an hour picking up debris scattered along the roadside.

The annual roadside cleanup is among a few volunteer efforts planned by the faculty association throughout the year. The group again plans to ring the bell for the Salvation Army's Red Kettle Campaign this holiday season.

It also sends out letters to every 16-year-old in the district wishing them happy birthday while distributing safe driving information and



Heather Bradley, along with a team from Midlakes schools, picks up trash along Route 96 in Phelps.

reminders to the students.

"It's important that we are visible and we are doing good deeds, and

hopefully that spreads," Altman said. "Whatever we can do to help ... we are always looking for volunteers."



## **Midlakes Holiday Concert with the** Rochester Philharmonic Orchestra

7:30 p.m. Tuesday, Nov. 27 **Midlakes High School Auditorium** 

\$5, Students; \$8, Adults (presale); \$10, Adults (door)

#### **Ticket Locations**

Phelps Hometown Pharmacy Wayne-Clifton Pharmacy (located in hospital) Midlakes High School Main Office







# Screaming Spirit

Students and staff at every school displayed an overwhelming amount of "Midlakes Pride" during Homecoming Week, which culminated with the annual parade and fireworks show.















# Theatre season opens with suspense

"Night Watch," a play of suspense by Lucille Fletcher presented by the award-winning Midlakes Theatre Experience, begins "a season of thrilling theatre" in the high school Black Box Theatre on Thursday through Saturday, November 1, 2, and 3 at 7:30 pm and at 2 p.m. Sunday,

An outstanding Broadway success, this ingeniously devised thriller builds steadily in menace and suspense until the final, breath-stopping moment of its unexpected, "twist" ending. The New York Times review states, "A most superior thriller...which from its first blood-curdling scream to its last charming surprise is a first-class example of its genre."

The nine-member cast includes seniors Spencer Bonawitz and Sarah Byron as husband and wife Elaine and John Wheeler. Their house guest and friend, Blanche Cooke, is portrayed by sophomore Cassandra VanDamme, and their maid is senior Jeanne Durham. Junior Erik Dillon appears as their neighbor Curtis

Appleby while junior Andrew Crowthers plays local delicatessen owner Sam Hoke. The New York City police force is represented by junior Zachary Edgemon and Holden Dorr, a freshman.

"Night Watch" is being directed by Midlakes High School English teacher Mr. Keith E. Childs. Student director is freshman Ali Krenzer. Mrs. Carol Byron, Mrs. Nancy Denisi and Mrs. Susie Bonawitz are designing the costumes. The set is designed by Mr. Charlie King and Mr. Childs. King also serves as the technical director for this production assisted by Mr. Jason Dunham. Mr. Ross Gifford serves as lighting designer while Mrs. Mary Quinn designs the publicity graphics for the show.

Presale tickets for "Night Watch" are available at the Midlakes High School Office, Phelps Hometown Pharmacy, Peirce's Gift Shop in Clifton Springs, Deb's Crafts and Things in Newark, Stomping Grounds in Geneva and Renaissance — The Goodie II Shoppe in Canandaigua at the cost of \$8 for



Midlakes Theatre Experience brings four shows to the Black Box Theatre from November 1-4.

adults and \$7 for students and senior citizens. Tickets purchased at the door are additional \$2. Due to the limited seating in the Black Box Theatre, the purchase of presale tickets is encouraged.

The Midlakes High School band is sponsoring a pasta dinner in the high school cafeteria from 5-7 p.m.

before the Friday evening performance on November 2. Tickets are \$8 for adults and \$6 for children ages 10 and younger. Tickets for the dinner are available at the high school office or from band members. Proceeds from the dinner will help offset the cost of the band's trip to Williamsburg, Virginia next year.



Students participating in the ceremony, in front (from left): Alexis Lolis, Bianca DiBernardo and Hannah Wise; second row: Marlee Fancett, Samantha Shoemaker, Olivia Wellman, Carissa Brooks, Kayla Nurse, Jenny Iraci, Isabella Herendeen and Cassie Cook; and in back: Corrine Brown, Grace Doyle, Jalin Newton, Jared Anderson, Jackson Laird, Ethan Bond, Nathan Laird, Carter Maslyn and Gabe VanDamme.

## Middle School students welcomed into French Honor Society

The Midlakes High School French Honor Society held a ceremony in October to induct the latest class of middle school students into the group known as Les Jeunes Amis du Français or Young Friends of French, the national French honor society.

Middle school students are eligible for induction by having an average of 90 percent or higher in French and

participate in at least one activity that promotes the language, culture or activity that is related to a servicelearning project.

Several of the middle school students plan to teach French to younger students, organize cultural celebrations, participate in a trick or treat event for UNICEF, and more.

### Free children's books for families

The Budding Readers program continues to serve area families by delivering books to young children in the Phelps-Clifton Springs Central School District.

The program provides books to children up to 36 months old, readings tips for infants and young children, a parent guide, and age-appropriate

reading materials to siblings ages seven and younger.

Budding Readers provides a new book for each child in the school district entering UPK, kindergarten, and Head Start.

To participate in the program, call (315) 462-3217 or email midlakes@ buddingreaders.org.

# Four students earn All-State recognitions

Four Midlakes High School students have been recognized by the New York State School Music Association for outstanding solo performances, each invited to perform in various concerts later this year.

One of the students – Senior Devon VanNostrand – scored a perfect 100 on a Level VI solo at the spring solo festival, and has been invited to play with the top student musicians in the state during NYSSMA's Winter Conference from Nov. 29 to Dec. 2, at the Rochester Riverside Convention Center and the Eastman Theatre.

Juniors Erik Dillon and Isabella Tufano were selected to perform with the Area All-State Choir after they each scored 97 on separate vocal solos. Dillon has been singing since fourth grade and is involved in theatre, vocal jazz and Masterminds.

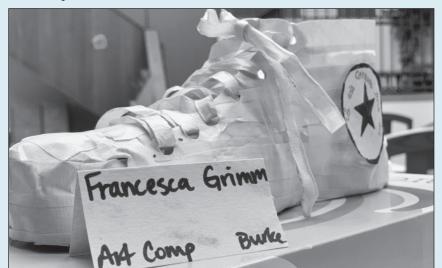
Tufano joined the chorus in third grade and is involved in several extracurricular activities including vocal jazz. She also serves as a student representative with the Mary Hicks Preston Foundation.

Freshman Jennifer Petracchi was selected to Area All-State for junior high. She plays the clarinet, oboe, alto saxophone, piano, and the ukulele. Petracchi is a member of the jazz band, chorus, tennis team, and plans to join theatre.

Each student credited their music teachers: vocal instructor Amy Conner and band instructor Jim Trowbridge for helping them grow as musicians.

"My first year with him, he was a huge help," said VanNostrand. "He gave me advice that I have never really gotten before. I took that to heart."

### **Sticky Art**



Students in Nicole Burke's High School Art Comprehensive class made sneakers, shoes and more using masking tape. The footwear has been on display in the Midlakes High School Library.



From left, Tim DeCook, Ben Drayne, former Coach Jaff Panek, Doug DeCook, Brett Adams and Josh DeBoover during the induction ceremony for the Midlakes Athletics Hall of Fame.

## Midlakes inducts 5 into Hall of Fame

Five former student-athletes – all stand-outs during their time at Midlakes – were inducted into the Midlakes Athletics Hall of Fame during a ceremony on Sept. 21 at the Clifton Springs County Club.

Brett Adams, Joshua DeBoover, brothers Doug and Tim DeCook, and Ben Drayn all recognized during their induction speeches that included family, coaches and community members in providing opportunities to students.

"All these sports programs meant so much to me growing up that once I finished college and came home, I wanted to come back," said DeBoover, who served as an assistant coach on the Boy's Varsity Basketball Team.

DeBoover was named three different times to the All-League volleyball team. In basketball, he received the Coach's and the Hardwood Club Basketball Sportsmanship awards and was selected to play in the Exceptional Seniors Game. He won the Outfield Golden Glove and the Harold Andrews Season MVP awards during his senior year in baseball.

Adams was named to the League All-Star soccer team for each of his three seasons on varsity soccer. He was a two-time All-Star in baseball and received the VanDerMark, the Career MVP and the Infield Golden Glove awards during his senior year.

Adams said athletics taught him several valuable lessons that have stayed with him long after graduation.

"You gain the skills early on in sports that you use later on in life," he

Doug DeCook was a two-time first team All-League player in soccer. He was named Midlakes Offensive Player of the Year in 2001 and 2002 and the Midlakes Coach's Award both years. He was named a co-winner of the Pele Award in '02. He played with the Junior Rhinos from 2001 to 2003 and was the Outstanding Defensive Player in 2001. He was a All-Star selection in track and field, too.

"I remember having a huge support group here at Midlakes High School," he told the audience. "I know how you guys affected my life and made me into the person I am today. It is so great to come back to my hometown."

His brother, Tim DeCook, was selected as Midlakes Outstanding Male Athlete in 2002. He was named to either the All-League team in soccer or baseball a total of four times and won the Pele (soccer), Hardwood Club (basketball), VanDerMark and Career MVP awards (baseball).

Like the other inductees, he

recognized the efforts of his parents and a close-knit community in creating an atmosphere that allowed him to thrive. Tim DeCook also thanked former Midlakes coach Jeff Panek, who introduced him at the ceremony.

"He is always taking chances for people, always giving that extra effort," Tim DeCook said.

Drayn was named to the All-League team in soccer and baseball and played in the Exceptional Senior game in both sports. He also played varsity basketball and was named Outstanding Male Athlete in 2004.

Drayn recognized his former coach and current Midlakes teacher Jeff Maher, who led the varsity baseball to a Sectional title last year, for making sure the baseball team always had everything it needed.

"You really just needed a pair of cleats to show up to play Midlakes baseball and he took care of the rest," Drayn said.

Each inductee was recognized during halftime of the Homecoming football game and given a medal. A plaque of their accomplishments will be displayed in the Midlakes High School athletics wing.

To learn more about the Midlakes Athletic Hall of Fame, go to midlakes. org.

# Aquatic Center open for birthdays, community use

The Midlakes Aquatic Center offers multiple opportunities to swimmers of all ages in the community for open swim, lap swim, and water aerobics

- Lap swim hours are 6-7:30 a.m., Monday, Wednesday and Friday; 7-8 p.m., Monday; and 8-9 p.m., Tuesday, Wednesday, Thursday and Friday. Passes are \$50 for 20 visits.
- Open swim is from 6-8 p.m., Wednesday and Friday. Cost is \$1 for students; \$3 adults, \$2 seniors; \$5 for families.
- Water aerobics classes are 7:30-8:30 a.m., Monday, Wednesday and Friday; and 7-8 p.m., Tuesday and Thursday. Fee is \$5 for drop-in; 20-class pass is \$70 for adults, \$60 for seniors.
- The pool is also available for birthday parties and other group events from noon to 4 p.m. Saturdays. The fee is \$45 per hour for the pool; \$25 per hour for the room.

Registration for winter swim lessons begins at 10 a.m. Saturday, Dec. 15, at the Aquatics Center at Midlakes High School. Tentative lessons have been scheduled for 10 a.m. Jan. 12, 19, 21 and Feb. 2 and 9.

The schedule is subject to change. For additional information regarding pool operations, contact Jack Hauber at (315) 548-6451 or email at jhauber@ midlakes.org.

# Safety Week drills completed

The Phelps-Clifton Springs Central School District successfully completed Safety Week as part of its ongoing effort to make the school community as safe as possible.

In conjunction with the Ontario County Sheriff's Office and several community partners, the school district held a series of safety drills during October 1-5.

These state-mandated drills are designed to assess how well the district responds in an emergency while familiarizing students and staff on proper procedures. Some of the safety week procedures included:

- Teachers and staff discussing the importance of safety drills with students.
- A severe weather drill requiring students and staff to move away from windows and to safer locations within school buildings.
- Schools practiced lockout and lockdown drills.
- Each school also practiced a campus evacuation where staff and students were transported to off-campus locations.

As always, safety is a priority for the district. Families with comments or questions may call District Office at (315) 548-6420 and visit midlakes. org.

## Foreign exchange students join district

The Phelps-Clifton Springs Central School District continued a tradition of more than 50 years by welcoming three new foreign exchange students with the help of their host families.

Arianna Ferretti of Italy is staying with the Shecklers (Chad, Diane, Grace, Will, and Nate); Marina Markovic of Italy is with the Cheneys (Michael and Stephanie); and Amanda Valdez of Costa Rica is with the Santmyer-Rockefellers (Kelly, Martin, Brooke, Natalee, and Norman) this school year.

Marina and Amanda are at Midlakes through the American Field Service program, while Arianna is the third Rotary Exchange student the school district has hosted in as many years.

Each student has been involved in a fall sport and plans to participate further. They are also enjoying their



Families interested in hosting foreigh exchange students can contact Richard Jones at Midlakes High School.

time and have been impressed with the friendliness of the community, the availability and enthusiasm of teachers while enjoying a variety of extracurricular activities offered by the district





Above, Vincent Stephen and Ella Eldridge try on some of the equipment worn by the volunteers at Clifton Springs and Phelps Fire Departments. At left, primary school tour fire trucks. Below, Nate Cook shows students his gear.

# Volunteer firefighters teach prevention, safety at Midlakes



# The Clifton Springs and Phelps Fire Departments visit with students.

Volunteer firefighters from Phelps and Clifton Springs Fire Departments made visits to share fire safety tips during Fire Prevention Month with some of Midlakes youngest students in October.

Volunteer firefighters spent a day with students at Midlakes Primary School, and then visited with youngsters at Midlakes Intermediate School for a school assembly on fire prevention. Students had a chance to

inspect a firefighter's turnout gear, tour trucks from each department, ask questions, and more.

Dana Egburston of the Phelps Fire Department visited primary school students with Nicole Delpriore and Paige Boor, both of the Clifton Springs Fire Department.

Boor returned for an intermediate school assembly with fellow Clifton Spring volunteers Connie Jones, Nate Cook and Kim VanCamp.

# BMX champ performs stunts, talks character

A former BMX stunt champion turned youth motivational speaker delivered valuable lessons to hundreds of Midlakes students while performing tricks on his bike.

Chris Poulus delivered two separate hour-long character education presentations on Sept. 27 to students of Midlakes Primary School and Midlakes Intermediate School.

Poulus, wearing a T-shirt, shorts and helmet, spent much of his time circling the intermediate school gymnasium on his bike while talking to students about being kind, making healthy choices, and working to make their world better.

"It's simple everyday lessons that I've learned," Poulus said. "Hopefully they take it with them and remember a couple things ... learning respect, being nice and being kind. You can't go wrong being nice to people is how I look at everything."

His tricks elicited screams, applause of excitement, and laughter from students. Poulos' first trick involved

simply sticking his leg out to the side while coasting along the gym floor.

He also jumped on the handlebars of his bike, balancing on the handgrips with outstretched arms. By the end, he recruited two volunteers from the staff and jumped over them — without incident — to the delight of the students. After every trick, he thanked the students for their reaction of approval.

Poulus has made approximately 7,000 visits to schools across the country encouraging students to make healthy choices, from eating, exercising and paying attention to the world around them. He is currently working on a book scheduled to publish next year, titled "Teen Empowerment – The Formula to Xtreme Success."

Poulus urged students to show respect, follow directions, be critical thinkers and be good friends, demonstrating how to be kind and make new friends with the help of some student volunteers.



Chris Poulus performed some stunts and spoke to students at the primary and intermediate schools about being good role models.

At one point, he jumped off his bike and showed students a severely damaged helmet that had been cracked during a fall. The takeaway? Make good decisions.

"They'll sit there like rocks because they are watching the bike," Poulus said. "They focus on one thing even though you are moving around, but they are listening. It's pretty cool."

## Administrative Team

#### **Matthew Sickles**

Superintendent

548-6420

Tracy Marshall

**Business Administrator** 

548-6434

Frank Bai-Rossi

Middle/High School Principal

548-6300

**Christopher Moyer** 

Intermediate School Principal

548-6900

**Karen Cameron** 

Primary School Principal

548-6700

Patti Larche

Director of Curriculum & Instruction

548-6475

John Lombardi

Athletic Director

548-6450

**Tammy Wood** 

Director of Special Programs & Services

548-6440

Lydia Schadler

Director of Instructional Technology & Data

548-6476

**Donald Miller** 

Director of Facilities

548-6465

**Doris Dunham** 

School Lunch Manager

548-6415

**Kathleen Rhow** 

Transportation Supervisor

548-6400

**Phyllis Mouton** 

Tax Collector

548-6437

Jack Hauber

**Aquatics Director** 

548-6451

WEBSITE: MIDLAKES.ORG

## November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Night Watch, 7:30 p.m., Black Box Theatre	Night Watch, 7:30 p.m., Black Box Theatre	3 Night Watch, 7:30 p.m., Black Box Theatre
4 Night Watch, 2 p.m., Black Box Theatre	5	6 Election Day	7	8	9	10
11	12 Veteran's Day Observed. No School	Board of Education Mtg., 6:30 p.m.	14 Parent Teacher Conferences, K-6	15 Parent Teacher Conferences, K-6	16 Parent Teacher Conferences, K-6	17 Senior Class Trip
18 Senior Class Trip	19 Senior Class Trip	20 Senior Class Trip	21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Break	24
25	26 Spring Musical Auditions Begin	27 High School Chorus With The RPO	28	29	30	

## December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Phelps Tree Lighting Ceremony
2	3	4	5 Superintendent's Conference Day (Half Day)	6	7 Festival Of Lights In Clifton Springs	8
9	10 Board of Education Meeting	11	12 MMS/ MHS Holiday Concert	13	14	15
16	17	18 MIS Holiday Concert	19 Snow Date For Holiday Concerts	20	21	22
23 30	24 Winter Recess Begins	25	26	27	28	29

# January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7 School Is Back In Session	8	9	10	11 Cabaret Night	12
13	14 Board of Education Meeting	15 Rotary Interact Club Roller Skating Party	16 Rotary Interact Club Roller Skating Party	17 Rotary Interact Club Roller Skating Party	18	19
20	21 Martin Luther King Jr. Day. No school	22 Regents Exams	23 Regents Exams	24 Regents Exams	25 Regents Exams	26
27	28	29	30	31		