

CURRENT SCHOOL YEAR \_\_\_\_\_

WAKULLA COUNTY SCHOOL BOARD  
FOOD SERVICE DEPARTMENT  
DIET MODIFICATION REQUEST

**THIS FORM MUST BE SIGNED BY A PHYSICIAN**

I. Physician's Name \_\_\_\_\_ Phone Number \_\_\_\_\_

II. Student's Name \_\_\_\_\_ School \_\_\_\_\_

III. State medical condition that restricts diet:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

IV. State specific foods to be omitted from diet:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

V. Can the food item(s) be consumed in cooked or processed foods? Yes \_\_\_\_\_ No \_\_\_\_\_

VI. List specific foods to be used as a substitution: ( Federal guidelines allow only lactose free milk or soy milk to be substituted for lactose intolerance).

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

VII. Describe the allergic reaction: \_\_\_\_\_

\_\_\_\_\_

VIII. **Certification Statement:**

*I certify that the above diet modification is due to a medical condition that is:*

\_\_\_\_\_ *Life Threatening*      \_\_\_\_\_ *Non-life threatening*

*Physician's Signature* \_\_\_\_\_

IX. For diet modification to be considered, I authorize the release of medical information specific to this condition to school administrators, health aides, and food service personnel.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

This form is required for the school district to accommodate dietary modifications and must be on file in the school cafeteria. Accommodations for dietary modifications will be determined case by case.