

Gluten Free WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Lentil & Bacon	Mushroom	Tuscan Style Bean & Tomato	Chicken & Leek	Tomato & Basil
Main Course 1	Roast Chicken, Mash, Peas & Gravy	Breaded Cajun Chicken Goujons With Rice & BBQ Sauce	Peppered Chicken With Rice	Sweet & Sour Chicken With Rice	Breaded Cod, Chips & Garden Peas
Main course 2	Chinese Pork & Vegetable Stir Fry	Baked Potato With Beans & Cheese	Chargrilled Broccoli, Chilli & Garlic Pasta	Bacon & Leek Pasta Bake	Stir Fry Vegetables With Rice