

## Gluten Free WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of The Day</b>	Red Pepper, Tomato & Thyme	Butternut Squash & Sweet Potato	Minestrone	Chicken & Vegetable	Red Lentil, Carrot & Cumin
<b>Main Course 1</b>	Chicken Fricassee With Rice	Pasta Bolognese With Garlic Bread	Chicken Wrap & Chips	Sausage, Mash, Carrots & Onion Gravy	Breaded Cod, Chips & Garden Peas
<b>Main course 2</b>	Stir fry beef & Vegetables With Rice	Vegetarian Shepherds Pie	Chicken Stroganoff With Sauté Potatoes	Baked Potato With Chicken Tikka	Chick Peas & Cauliflower Masala