

## WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Lentil & Bacon	Mushroom	Tuscan Style Bean & Tomato	Chicken & Leek	Tomato & Basil
<b>Main Course 1</b>	Roast Chicken, Mash, Peas & Gravy	Breaded Cajun Chicken Goujons With Rice & BBQ Sauce	Peppered Chicken With Rice	Sweet & Sour Chicken With Rice	Chicken Curry With Rice
<b>Main Course 2</b>	Chinese Pork & Noodle Stir Fry	Baked Potato With Beans & Cheese	Chicken Wrap & Potato Waffles	Bacon & Leek Pasta Bake	Breaded Cod, Chips & Garden Peas
<b>Vegetarian</b>	Lentil & Chick Pea Curry With Rice	Vegetable Lasagne With Garlic Bread	Chargrilled Broccoli, Chilli & Garlic Pasta	Roasted Vegetable Tikka Masala	Garden Gourmet, Roasted Vegetable Chilli Stir Fry