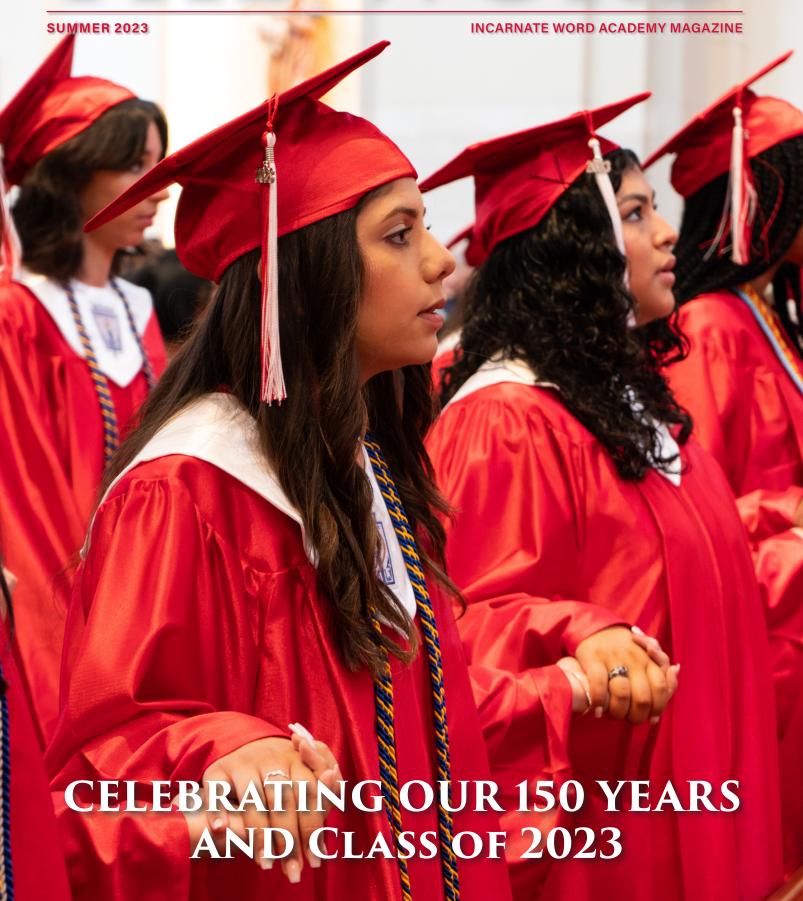
THE WORD







THE WORD

SUMMER 2023 | VOL. 18 NO. 2

MISSION

Incarnate Word Academy provides young women with a Catholic college preparatory education, helping them grow in their relationship with Jesus the Incarnate and live according to His values. Our cornerstones are academics, values and spirituality.

LEADERSHIP

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Principal Cathy Stephen

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Incarnate Word Academy 609 Crawford St. Houston, TX 77002

ON THE COVER

On Saturday, May 20, the community gathered to celebrate the Class of 2023 at the Baccalaureate Mass and Graduation at the Co-Cathedral of the Sacred Heart. Celebrant Daniel Cardinal DiNardo blessed the graduates and reminded them to practice the values learned at IWA as they journey through college and life.

PHOTO CREDITS

Bradley Collier/VYPE, Jacob Power Photography, David Martinez, Lin Zhao.

INSIDE COVER

Seniors posed for some final 609 selfies with their classmates at the traditional Red Check Luncheon held on IWA's rooftop in May.

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LETTER FROM THE PRESIDENT

"...it is fascinating to watch, admire and participate in providing what is needed to help our students succeed."

Who doesn't like to celebrate? And that is exactly what we are doing this entire year at IWA as we celebrate our 150th Anniversary. We are fondly looking back in admiration and gratitude to the early days when the sisters arrived in Houston in 1873 with few resources for the task before them. They came with love of God in their hearts and a strong desire to educate young people. Like most other schools, the scope of their ministry evolved over time. They could never have envisioned all that we have today. We are so proud of what they established and accomplished in their time as I know they are proud of all that is happening today at IWA.

We have many proud graduates who have made a positive mark on society. During their time at IWA, they benefited from receiving a strong academic foundation while deepening their relationship with Jesus, the Incarnate Word, and learning how to live according to gospel values. This strong foundation has helped them to be better spouses, moms, friends, acting with faith, goodness, compassion, and care. It also allows them to excel professionally as doctors, nurses, lawyers, teachers, business leaders and entrepreneurs. The list goes on and on.

How do we prepare our students today? This beautiful magazine gives you a glimpse of where we have landed after 150 years. As a college prep, we continue to provide a strong academic program to prepare them for what lies ahead. You need only look at our website to see the colleges where our recent graduates are attending to see their successes. But there is more! Each and every day, they are given opportunities to stay spiritually grounded. They are learning to be servant leaders within the school and while they are volunteering in the community. They are developing their talent, skills and teamwork through playing sports. They are developing their creativity through various facets of theater, art and music. From my perspective, it is fascinating to watch, admire and participate in providing what is needed to help our students succeed.

As you probably know, this is also the 150th anniversary of the Incarnate Word Sisters. It is a celebratory time for us as well. As we look to count our blessings, IWA serves as a gem in our history. We wish to thank all of our alumnae, past and present faculty, staff, parents, students, and friends for helping to make IWA what it is today. The best is yet to come!

Praised be the Incarnate Word,

Ar. Lawren Buch C.V.I.

Sister Lauren

13 ACCEPTED TO DUAL ENROLLMENT ENGINEERING PROGRAM AT UT

All 13 applicants were accepted in the The University of Texas Dual Enrollment Engineering class.

Last November, 13 IWA students in the Honors Engineering Design and Problem Solving class submitted an application for a Dual Enrollment Engineering class at The University of Texas at Austin, by submitting a portfolio of their work on one unit from the fall semester of Honors Engineering. Portfolio applications ranged from eight to fourteen pages long, including charts, brainstorming pictures, technical sketches, and written reflections on each step of the Engineering Design process steps.

All 13 IWA applicants were accepted into The University of Texas Dual Enrollment Engineering class, and 12 made the choice to enroll in the class at the beginning last January 2023. These students were busy all spring in their Honors Engineering class at IWA working on new engineering projects and submitting a portfolio of their work on each unit, both for a grade at IWA and a grade to a professor at The University of Texas in Austin for their dual enrollment college credit grade.

The 12 students who enrolled in the Dual Enrollment Engineering class completed their coursework, with eleven students earning an "A" and one earning a "B" from The University of Texas at Austin for one semester of college credit. The credit will count as either a natural science college credit or an elective college engineering credit, depending on the university where each student enrolls.

Congratulations to these motivated students: Cienna Adam '24, Marie Culbreth '23, Mary Flaherty '23, Devin Fowler '23, Drew Gold '23, Susie Hinojosa '24, Leila Khan '23, Noelyn Portilla '24, Hannah Richard '24, Miranda Rinaldi '24, Xiomara Salinas '23, and Esperanza Vazquez '24.









ASTROS MAKE THE BEST NEIGHBORS

In March, the sophomores enjoyed a winning field trip that combined STEM lessons and baseball. Students explored the engineering behind the ballpark's retractable roof, the physics of pitching, the secrets of the broadcast booth, and the circuits that light up the Jumbotron. Then in May, the freshmen enjoyed their annual field trip to an Astros game (above). Each student received a commemorative World Series ring. Thank you Astros!



Sophia Hunt Earns Girl Scout Gold Award

Sophia Hunt '23 earned her Girl Scout Gold Award this spring. The Gold Award is the highest achievement earned within the Girl Scouts of the USA. Only about 5 percent of eligible Girl Scouts successfully earn the Gold Award. Sophia has been a Girl Scout since kindergarten and has earned many awards along the way, including her Bronze Award and Silver Award.

Her project focused on raising awareness of child and teen anxiety so that more people can understand the symptoms and treatment options. The Gold Award has several prerequisites and requirements, including global impact and sustainability.

"One of the hardest steps in the process is deciding what topic your project will address," says Sophia. "Once I decided on my topic, I did a lot of research, and I learned a lot." Sophia designed tri-fold pamphlets and held education sessions at a local library on two weekends. She provided the library with an inventory of the pamphlets to restock as people take them. Sophia also held multiple zoom presentations to educate girls in other Girl Scout troops.

Next fall, Sophia will study Criminal Justice at Texas A&M in Corpus Christi.

TEENS 4 UNITY MISSION TRIP TEACHES LESSONS IN GIVING



Broadcasting the News About IWA

Director of College Counseling Dr. Talia Pennington-Dorsey and Principal Cathy Stephen joined Guadalupe Radio host Tim Motte for a "Catholic Lunch Break" episode in May on Guadalupe Radio KSHJ 1430 AM. The group discussed IWA's 150th Anniversary and rich history as well as the breadth of opportunities the school provides today for young women to learn, lead and serve.



Over Spring Break, 10 students flew to Santo Domingo in the Dominican Republic for a mission trip sponsored by IWA's Teens 4 Unity. The trip, called "People, Planet and Our Ecological Conversion" was chaperoned by science teacher Cristina Dimatulac, campus ministry director Brianna Amaya, and former campus ministry director Ana Paula Panzarini. As part of the service mission, the students taught English classes to underserved children at a Santo Domingo school called Cafe Con Leche.

"IWA has participated in this program since 2010," says Ms. Dimatulac. "This was our school's fourth trip to Santo Domingo, and it's great to see our students' impact grow with every visit."

Teens 4 Unity students say the trip is a spring break adventure they will cherish. During the mission trip, they kept one phrase in mind: #dare to care. "That meant we had to be the first to love and give back rather than wait for someone else to do it," explains Angela Benny '25. "The experience was an eye-opener for me and impacted me in such a positive way. It made me realize that not everyone is as fortunate as I am."

"Working with the kids during classes, workshops, and activities impacted me because I saw how happy the students were to learn and have fun with the workshops we came up with," says Angela. "Our efforts influenced the kids because they took the initiative to try and understand a different language while getting to know people they had never met."



Kate McGarvey '25 tutors Cafe Con Leche students.



"The purpose of this mission trip was to give of ourselves in order to teach kids in Santo Domingo English, have dance classes, arts and crafts, and recreational time to play with the kids," adds Tania Rodriguez '25. "I realized how happy they got when we would do the simplest acts of service for them. You don't see the same amount of gratitude coming from the majority of the young kids we encounter nowadays. We all learned that simple acts of kindness can have a lasting effect on everyone involved."

For Mariana Conley '25, the mission trip was also an experience that bonded the IWA students. "I know the memories we made in Santo Domingo will last a lifetime. Spending time with the kids at Cafe Con Leche and volunteering with my IWA classmates changed me in such a positive way."



Above: Emma Elkareh '25 and Tania Rodriguez '25 pose with students.

Below Left: Mariana Conley '25, Tania Rodriguez '25, Emma Elkareh '25, Angela Benny '25, Kaitlin Trostmann '25, and Ishanna Gama '25 take break from classes.

FOUNDATION DAY

Incarnate Word Academy celebrated the school's 150th Foundation Day with heart and spirit.

Foundation Day began with the traditional crowning of Mary and a Mass presided by the Very Rev. Luke Millette. Afterward, everyone gathered in the Auditorium where the Student Council kicked off the second half of the celebration and shared a fun, yet sentimental video of their years at IWA. Principal Cathy Stephen presented the Jeanne de Matel Award, an annual award named after the founder of the Congregation of the Blessed Heart and Sacrament that honors extraordinary service to IWA. This year's recipient, President Lauren Beck, has served as President of Incarnate Word Academy since 2000. At lunchtime, parent volunteers prepared a delicious grilled lunch, and then students traveled throughout campus for activities such as karaoke, a bounce house, corn hole, "Just Dance," crafts, and cards.

Fidelity to You!













IWA GOES GLOBAL

In any language, February's iLunch (International Lunch) and Assembly would be called a success. Students and parents brought home-cooked specialties and take-out treats representing more than 30 countries to share with the community. Tables overflowed with Irish soda bread, Vietnamese summer rolls, enchiladas, pupusas, Jamaican jerk chicken, Italian pizza, Indian food, and many specialties from around the globe.

After iLunch, students gathered in the Auditorium for dances by the Asian American Culture Club and the Spanish Culture Club, as well as slam poetry by the African American Culture Club. More than 20 students modeled traditional dresses or costumes–including a moose outfit from Canada! The show wrapped with a high-octane dance performance by the K-POP Club.



The Culbreths: Super Sisters!

Marie Culbreth '23 joined American Heritage Girls (AHG) in 2011. After 11 years of participation, in December 2022 she received AHG's pinnacle award, the Stars & Stripes Award. The award requires a series of many achievements, including an intensive service project which she designed, financed, orchestrated, and executed. For that project, she led a team in refurbishing the playground surfaces, athletic field benches, and privacy fence at Resurrection Catholic School in the Denver Harbor/Port Houston area.

Marie's two sisters, both IWA alumnae, have also earned the Stars & Stripes Award. Since AHG's founding in 1995 a little over 1,000 girls have earned the Stars & Stripes Award, and the Culbreths are among a select group: (Left) Sarah Culbreth '17: Stars & Stripes #301 nationally and #28 in Texas

(Right) Anne Culbreth '20: Stars & Stripes #657 nationally and #86 in Texas

(Center) Marie Culbreth '23: Stars & Stripes #1009 nationally and #154 in Texas



XIOMARA SALINAS

Incarnate Word Academy's 2023 Valedictorian, Xiomara Salinas, racked up so many scholarships and college acceptances people were nicknaming her the "million-dollar" girl. With more than \$845,000 in scholarships and offers from University of Virginia, Rice, and other renowned engineering programs, she's taking her academic talents to the Georgia Institute of Technology as a Stamps President's Scholar, where she'll major in biochemical engineering.

Xiomara says her interest in biochemical engineering blossomed when she walked in to Mr. Stephen Comer's Honors Biology class as a freshman. She loved the hands-on labs, the focus on biochemistry, genetics, and Mr. Comer's emphasis on comparing human systems with other organisms—as well as his sense of humor. "He's such a strong teacher who makes biology a challenging but fascinating subject. After taking his class, I became captivated by the prospect of tackling and defeating disease by way of bioengineering," she says.

A self-described introvert in middle school, IWA's hands-on labs in science classes (as well as group projects in other subjects) taught her the value of strong collaborations where each person's strengths contribute to the success.

But not all her favorite collaborations were academic. She thrived as student body secretary on student council and helped organize projects like Spirit Week, Powder Puff, and Foundation Day. "The surprising benefit of Spirit Week is how you bond with students in other grades," she says. "You see how other students interpret a theme like Soccer Moms and Grill Dads, which is often hilarious. And that shared laughter really unifies all four grades."

In Xiomara's free time she volunteered at Camp Blessing, a Christian Camp for children with special needs, and the Houston Food Bank. Last summer she also completed an undergraduate research program at The University of Texas at Austin in genomic research.

Always a student who tried to do her best, she credits her recent academic success to the teachers at IWA. "I was impressed with these teachers from the first time I observed them at the open house," she remembers. "And today, as a recent graduate, I can say that they met every hope that I had for an exciting and rigorous high school education. I'm so grateful for the knowledge and friendships I gained at IWA."

Photo Credit: Hannah Lynn Photography



AMELIE DINH

Amelie Dinh says she was drawn to Incarnate Word Academy because of the sense of community and individual care she felt during visits to the school when she was a middle-schooler at St. Anne's in Tomball.

She realized that many high schools could prepare her for college academics, but she was looking for an education that would prepare her for a meaningful life. "IWA lived up to my expectations," she affirms. Before IWA, she'd never run even a mile, but she joined the cross country team and ended up finishing a marathon. She'd volunteered, but never led a home-building project that would raise \$18,000. She enjoyed math and science, but never expected to discover a passion for computer science.

"There is such a sense of support at IWA that I could try anything and not fear failure." Letting go of fear was something fostered in her Leadership Program classes, on the cross country practice runs, at Masses at Annunciation Church, and in the classroom.

That confidence caused her to launch a service project, Bake-to-Build, through which she raised \$18 thousand to build a home in Mexico for a family of five. She coordinated the home-building in collaboration with Christus Ministries' Casa Building program and handed over the keys to a family of five last December. "The house is only 500-square feet, but it has running water and fresh paint, and I hope that it gives this family a solid foundation to build a stable future."

Amelie raised money for the project over two years, primarily through social fundraising, bake sales that featured her "secret recipe" chocolate chip cookies made with browned butter, and by running the Chevron Houston Marathon in 2022. "There were moments when I was so busy raising money for Bake-to-Build, running cross country and trying to excel in my academic classes that times were rough," she admits. Armed with the mental toughness she has cultivated through running, she persevered. As a result, she earned a spot in the Graduates of Distinction as the Servant of the Word, applauded by her classmates and teachers who admire her quiet, yet powerful, leadership.

Next year, Amelie will attend Loyola Marymount in Los Angeles, where she'll focus on computer science, join a running club, and continue to seek opportunities to make positive change in the world.

Photo Credit: Victoria Le





JORRI ODOM

During her four years at IWA, Jorri Odom discovered how to harness her personal superpower–empathyto grow as an effective leader. Through Leadership Program classes, basketball, and student council, she learned how to express herself, gain insights into others' feelings, accomplish goals and motivate others. "I also realized that being a leader is not always easy," she says, "but with communication and vision you can turn a 'no' into a 'yes'!"

As vice president of the senior class, Jorri led two events that are sure to endure: Senior Sunrise and Senior Sunset. These rooftop mixers bond the seniors, bookmark their final year, and celebrate IWA's unparalleled skyline views. Her vision continued to flourish as president of the African American Culture Club. In February, she created a blockbuster lineup of activities to celebrate African American history and culture. Jorri scheduled on-campus events like yoga classes to teach mindfulness, a salon stylist to demonstrate natural hair fashions, and a food truck to serve Cajun seafood specialties. "I wanted to share and promote all the beauty and richness of Black culture," she explains. "During Black History Month, I brought in a local hair stylist of color to educate our community about the CROWN Act and healthy hair." As team captain in basketball, she also learned leadership through adversity. When injuries cut her senior season short, Jorri says, "I was disappointed to be on the bench, but I loved cheering for my teammates and seeing them grow as players."

Throughout middle school and high school, Jorri's been involved in Boys and Girls Club of Houston. Participation in that nonprofit, as both a member and as a volunteer, showed her the positive effect that caring adults and thoughtful programs can have on disadvantaged children. "Even a field trip to a bowling alley is something many kids in Houston have never enjoyed," she explains. "The smallest interactions can help unlock a child's potential." Those observations prompted her interest in psychology and social work. She credits IWA counselor Amie Gray for modeling the ideals of wellness counseling. "Mrs. Gray has been a great teacher and role model," she says. In August, Jorri heads to Texas State University and plans to have a career in counseling, working with children. "I hope to have a practice working with foster children and others who are underserved."

Reflecting on her time at IWA, she says, "What I've appreciated most about IWA is the strong bond of sisterhood, and how that bond promotes confidence and optimism. The teachers and students are an extension of my family-in the best way." She adds with a smile, "There's no drama. These women will be at my wedding!"

Photo Credit: LaQuona Williams of Caught Impressions by Q

STEPHEN COMER

SCIENCE DEPARTMENT CHAIR, BIOLOGY TEACHER

"Relationships—that's the best part about a teaching career," says Stephen Comer, when asked why he has taught for 37 years. "The people I've gotten to work with in education and coaching are some of the best people I've ever known. And the students—I've been fortunate to be a part of the lives of many wonderful kids."

Mr. Comer was born in Waco and spent his childhood in Galveston County, near Texas City. After high school, he attended college for two years, married his wife, Dana, and began work for the Harris County Criminal Court as a Deputy District Clerk. Mr. Comer says he was always a fan of biographies, and while searching for a more meaningful career, he read I Believe, by Coach Grant Teaff, the legendary Baylor University

Bears football coach. Coach Teaff's book, which emphasizes leadership and creating a vision for yourself, motivated Mr. Comer to return to college at Baylor, major in biology and become a teacher.

Since graduating from Baylor in 1986, he has taught at public and private schools and also coached football, most recently at Seven Lakes in Katy. For the past six years he has taught biology at Incarnate Word Academy. "I am proud to have helped build a strong science program at IWA that leads to a majority of graduates pursuing STEM majors in college," he says.

Besides teaching at IWA, Mr. Comer sponsors the school's Environmental Club. Growing up on the Gulf Coast, he spent many joy-filled hours catching trout off the Texas City Dike. Those afternoons on the water fostered his strong appreciation and activism for ecology and the environment. In March, the Environmental Club joined St. Thomas High School and Duchesne Academy to clean up Woodland Park in the Heights, Houston's only bayou forest. The group filled 30 industrial-sized garbage bags of plastic waste and trash. As he tells the girls, "Life is not a spectator sport. Get out there and do things in the natural world!"



What's tops on your playlist?

My music tastes are eclectic. My main playlist has about 1,500 songs, and while most will be Classic Rock from the 1960s to 1980s, you will also find Grunge, Rap, Jazz, Country, Irish, Broadway, and Classical.

What career would you choose if you weren't a teacher?

At this point I can't imagine doing anything else, but there was a time I thought about acting, directing, and stand-up comedy.

What qualities do you admire about IWA students?

Our girls are engaged learners who buy into what we are doing in class and give their best effort even if the subject isn't their favorite. They are kind and thoughtful to faculty and each other.

Did you have a mentor or role model who inspired you to become a teacher?

My high school basketball coach and biology teacher, Charlie Robinson, who's at Mary Hardin Baylor now, and my freshman biology professor at Baylor University, Dr. Robert S. Baldrige. I've stolen several of their biology jokes–and I still use them.

What's your favorite vacation spot?

Wherever my grandchildren are! But if they are busy, I'll take white sand, clear blue water, and drinks with little umbrellas.



ENGLISH TEACHER

f them is not re-

Teachers are renowned for urging their writing students to "show, don't tell." When it comes to the pursuit of lifelong learning, a tenet of Incarnate Word Academy's educational mission, English teacher Amanda Snook is showing, not telling, her students how to live out the ideal.

Ever since college, Mrs. Snook has harbored a dream to become a professional flautist. As an undergraduate at Texas Tech in the 1980s, she participated in the university's marching band, and she continued to play the flute in church ensembles after moving from Amarillo to Houston.

When she turned 60, Mrs. Snook decided that it was time to pursue her lifelong dream. She researched graduate degrees and enrolled in a three-year Master of Sacred Music program at the University of St. Thomas. "UST's program is wonderful," she explains, "because it's part of a seminary curriculum that teaches Roman Catholic history, traditions, and prepares students to become professional church musicians." While she sometimes feels conspicuous as one of the older grad students, she says her colleagues are inclusive, encouraging, and fun to play music with at UST performances.

Mrs. Snook realized another life transition when she retired from the Fort Bend Independent School District two years ago and joined IWA. She loves working at IWA because of the rigorous writing program, supportive parents, and empowered students. "In freshman English, we listen to a poem called 'For Teenage Girls' by Clementine Von Radics," she shares. "The poem celebrates women who have changed history–from Joan of Arc to Anne Frank. It's an exhortation for girls to be leaders and to follow their hearts," she says.

"No matter your age," she adds, "You should continue to pursue your dreams, strengthen your intellect and grow spiritually. I hope that students can see that I'm trying to live my life by those ideals and be a good example. No matter if you are 16 or 46, or 76, you can achieve what you want to achieve!"



What's tops on your playlist?

My current favorites are Lizzo, ColdPlay, and Ed Sheeran. I've had a chance to see them all in concert this year! I also listen to country, jazz, classic rock, classical music, and Top 40.

What career would you choose if you weren't a teacher?

A professional flutist in a symphony orchestra.

What qualities do you admire about IWA students?

I love that my students are engaged in learning every day. They want to continually improve and grow. They are positive and inspiring. Love you, IWA!

Did you have a mentor or role model who inspired you to become a teacher?

I had a wonderful English teacher senior year, Mrs. Kennedy. She was really the first teacher who taught me how to write.

What's your favorite vacation spot?

Tuscany in Italy!

CELEBRATING ACADEMIC ACCOMPLISHMENTS

Incarnate Word Academy is proud to offer our students challenging coursework that prepares them for college and beyond. We're also proud to share their academic success.



DISTINGUISHED SCHOLARS CLASS OF 2023



Marie Culbreth



Amelie Dinh



Iman Haddad



Olivia Hill



Claire Michael



Mackenzie Peugh



Elizabeth Hunt



Julia Fisher



HONORS

MARGARET SHELTZ ENDOWED SCHOLARSHIP

Victoria Cassat Rebecca Peterson

CHARLINE BARRY THEOLOGY AWARD

MacKenzie Peugh

SOCIETY OF WOMEN ENGINEERS AWARD

Xiomara Salinas Amelie Dinh

RENSSELAER AWARD FOREXCELLENCE MATH AND SCIENCE

Lauren Gentry

DISTINGUISHED LEADERS GRADUATES

Danielle Bartholet Sarah Douglass Kady Gidney Kaitlyn Bourgeois Madelyn Figueroa Mandy Gonzalez Ava Canales Julia Fisher Olivia Hill Catherine Cerda Mary Flaherty Reagan Hucke Lila Coenen Devin Fowler
Vera-Faith Huddleston
Allyson Cortes
Anna Galan
Isabelle Lavoie
Marie Culbreth
Alexandra Ganim
Claire McTaggart
Amelie Dinh
Anna Gardner
Claire Michael

NATIONAL MERIT SCHOLARS PROGRAM COMMENDED SCHOLARS

Marie Culbreth Amelie Dinh Anna Gardner Iman Haddad Olivia Hill Claire Michael Mackenzie Peugh Xiomara Salinas Elizabeth Hunt Julia Fisher

NATIONAL HISPANIC RECOGNITION PROGRAM SCHOLARS

Allison Porche Catherine Cerda Danielle Bartholet Miranda Rinaldi Nora Navarro Sarah St. John Susie Hinojosa

NATIONAL AFRICAN AMERICAN RECOGNITION PROGRAM SCHOLARS

Devin Fowler

PRESIDENT'S EDUCATION EXCELLENCE GOLD AWARD

Jordan Kahn Sofia Wagner Lila Coenen Anthonia Ogbo Fiona Coulbourne Danielle Bartholet Sarah Edwards Sarah Douglass Stephanie Fish **Julia Fisher** Hien (Amy) Phan Vera -Faith Huddleston Elizabeth Hunt Mary Flaherty Mackenzie Peugh Anna Gardner Isabelle Lavoie Iman Haddad Marie Culbreth Olivia Hill Claire Michael

Amelie Dinh Xiomara Salinas

SILVER AWARD

Kady Gidney
Kaitlyn Bourgeois
Catherine Cerda
Claire McTaggart
Devin Fowler
Erin Lenahan
Reagan Hucke
Drew Gold
Leila Khan
Zoe Yokubaitis
Sarah St. John
ElizabethVu
Kathryn Bauman
Lyla Kaminski

LEADING WITH CHARACTER & ACADEMICS

Marin Kelly

LEADING WITH SERVICE

Tania Rodriguez

LEADING WITH BUSINESS

Samantha Martinez

LEADING WITH PERSONAL FINANCE

Jacqueline Olmos









ATHLETICS

TWO SENIORS COMMIT TO COMPETE AT THE NEXT LEVEL

Two seniors brought excitement to campus when they signed to participate in sports in college. Anna Gardner, who was instrumental in founding the school's inaugural tennis team, signed to play tennis at St. Mary's College. Besides being an incredible athlete, Anna was Salutatorian of the Class of 2023.

Stephanie Fish, one of Texas' top hurdlers, signed to compete at Arizona State. Stephanie ended her high school athletic career with a couple of Falcon firsts: She's the first IWA TAPPS Track Champion as well as the first Falcon to sign at a D-1 school.

Congratulations to these extraordinary student-athletes. We look forward to following their accomplishments in college.





SOFTBALL TEAM SALUTES THE SENIORS

On April 24, the Softball team celebrated Senior Night. Athletic Director and Coach Rick Perez noted that these players have been a pleasure to coach. "Two of these seniors, Ava Canales and Mandy Gonzalez, had their season cut short during their freshman year due to Covid. Mary Flaherty started playing softball last year as a junior," he explains. "They've persevered through tough times and excelled. I'm so proud of them. They have great futures!" Photo by David Martinez

Two Softball Standouts Catch Accolades

Catcher Lauren Gentry '24 and pitcher Mandy Gonzalez '24 both earned accolades at the end of softball season. Lauren was selected for the TAPPS 1st Team All-State as catcher and Mandy was selected for TAPPS Honorable Mention in pitching.

In June, the Houston Chronicle named Lauren Gentry to its All–Houston Area Private School Players of the Year as catcher. Houston is known as a hotbed for softball talent; to make these lists Lauren and Mandy are among the best of the best in Texas.

ATHLETICS

A Tremendous Year for Track

In April, IWA Track competed in TAPPS Regionals, and the 4X4 relay team of Dale Gold, Stephanie Fish, Daniela Cross and Esperanza Vasquez placed in their category. In addition, Dale Gold placed in the 800-meter, Sofia Wagner placed in discus and Stephanie Fish placed in both hurdle events.

Then in May, two Falcons stepped up to the podium at the 6A TAPPS State Track Meet. Sofia Wagner placed 2nd in discus, and Stephanie Fish placed 1st in the 100-meter hurdles. Stephanie is the first Falcon in the school's history to win a State champion medal in track.

Golfers Swing to Success

The Golf team finished in 2nd Place at the IWA Invitational Golf Tournament at Hermann Park in February. Izzy Lavoie '23 earned first place as she shot an 87.

Inaugural Season of Tennis Brings Three Players to State

Congratulations to our three Falcons--Anna Gardner, Danielle de la Cruz, and Erin Baumeister who advanced to State in Tennis! What a way to cap off an inaugural season of Tennis at IWA, with half of the varsity team competing at State.

IWA Claims President's Cup at Steps for Students

Faculty, staff, students, alumnae, and friends made a strong showing at February's Steps for Students, sponsored by the Archdiocese of Galveston-Houston. IWA came home with the President's Cup for the third year in a row. Way to go, Falcons!

Congratulations to Our STH Cheerleaders

Pom-poms up! Mia Howard '26, Jasmine Bashir '26, Allie Temple '25, Kendy Taylor '25, Leilani Tamez '25, Maria Rubio '25, Dani De La Cruz '24 and Brianna Reagins '24 auditioned and were selected for the 2023-2024 St. Thomas High School Cheerleader Team. Get ready to cheer with them at Eagle football games and more.

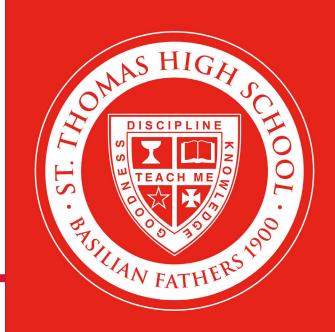
Falcons Partner with Vype for 2023-2024

IWA Athletics offers a sports experience that meets students where they are. We've got athletes who represent some of the best in the city and state, and we also offer opportunities for novice athletes to try out and compete on teams. Our coaches nurture athletic potential, leadership, and sportsmanship.

To recognize our athletes and celebrate the school's 150th Anniversary, we are partnering with Vype Media next year and plan to get the word out about all our amazing Falcon athletes and teams.





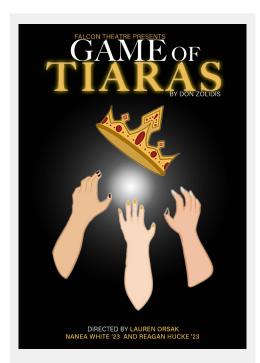












Students Slay Play

Have you ever wondered what it would be like if themes from Shakespeare's "King Lear," "Game of Thrones," and Disney were combined to create a modern play? "Well," says Reagan Hucke '23, "'Game of Tiaras' is the answer." The play tells the story of an old King who through an act of "pure genius" splits his Kingdom between his three daughters and all the comedy that ensues to create a story of love, death, and magic.

More than 30 students from IWA and St. Thomas High School participated in this spring's Falcon Theatre production, which was co-directed by seniors Reagan Hucke and Nanea White. Every aspect of the student-directed play is led by the students, including the set design, playbill, lights and technology, with on-site support provided by theater instructor Lauren Orsak.

"Directing this play as seniors has brought a rollercoaster of emotions," says Reagan. "It's our final show and the culmination of four years of Falcon Theatre. I speak for all the seniors when I say we are so grateful to the students, family members, faculty and staff who have cheered us on and supported us through the years."

OFFICIALLY SUPERIOR: IWA CHOIR EARNS HIGHEST RANKINGS

In April, the IWA Choir (below) participated in the TPSMEA Concert Contest held at Willow Meadows Baptist Church. The choir came away with superior ratings from all three judges, the highest rating they could receive.

The State Solo and Ensemble contest took place concurrently, and IWA had three soloists and a small ensemble performing. Zoe Yokubaitis '23, Clarissa Flores '23, and Katie Dickinson '24 all received medals for a superior rating on their performances. The ensemble also received a superior rating, and all members were awarded medals.

"I'm proud to say that this means the IWA Choir got the best possible ratings on every event entered at the contest," says Choir Director Josh Wilson. Lucky IWA audiences enjoyed spring performances by the choir that included a video of "Praised Be the Incarnate Word," at the Gala, a special assembly for the school on April 27, the 150th Mass on May 4, as well as the May 20 Baccalaureate Mass and Graduation.



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"This Is Trust" Annabelle Lofton '24



The Mantra was "Wish" Olivia Hill '23

FLOURISHING ON THE FOURTH FLOOR

Creativity's always in bloom at Josie Postel's art studio on the fourth floor. Ms. Postel, who has taught at Incarnate Word Academy for more than 30 years, believes that with the right guidance, every student has the potential to become an artist.

"Of course, some students master fine motor skills better than others, but great art is about the ability to express ideas," she says. Her classroom bulletin board sums up her philosophy with a quote by Michelangelo: An artist paints with his brain, not his hand.

Mantra Art, a project students worked on this past spring, exemplifies Michelangelo's line of thought. The project combines a mantra–a word or phrase–with images that reflect a way the students find motivation, inspiration, or peace.

Examples on display in Ms. Postel's classroom exhibit the diversity of expression. For Olivia Hill '23, the mantra was "Wish," for Leilani Tamez '25, the phrase was "Live Up To," for choir member Eleanor Seaton '24, "With Harmony," and for Annabelle Lofton '24, "This Is Trust."

"As an art teacher, I rarely evaluate student work based solely on a student's skills," says Ms. Postel. "I grade on a student's ability to meet a deadline, express her feelings and explain the art." For Ms. Postel's students at IWA, lessons in art classes can often bring clarity to life.



"With Harmony" Eleanor Seaton '24



"Live Up To" Leilani Tamez '25

THREE YEARS MAKES A BIG IMPACT

After only three years as the director of IWA's dance program and the Impact Dance Team, Cloe Leppard is energized by the progress of the school's dance program and the professionalism of the Impact Dance Team.



Juniors Make Music with Houston Youth Symphony

Two IWA juniors are gaining acclaim in Houston's classical music scene. In May, Jazmin Garza '24 and Miranda Rinaldi '24 (above), performed with the Houston Youth Symphony at Rice University's Shepherd School of Music. Jazmin plays the viola and Miranda plays the harp. Miranda also earned 2nd Place in the Advanced Category of the 2023 Vienna Virtuoso Music Festival, an international competition open to instrumentalists and vocalists of all nationalities. Miranda is the only harpist to place in the Advanced Category (ages 16-18) and was invited to perform at the Winner's Gala Concert in Berlin.

When Ms. Leppard joined the school during the pandemic in 2020, only a Dance 1 Fundamentals class was offered, with introductions to ballet, jazz, and modern dance. Ms. Leppard added Dance 2, a course that focuses on choreography and expanding technique. "Most students at IWA are new to dance, although some have experience in cheerleading or gymnastics. The added class gives the girls more consistency and a chance to grow," she explains. "Students who want to pursue dance are welcome to try out for the Impact Dance Team, which performs throughout the year."

Ms. Leppard believes her program is growing in popularity because the courses offer students an opportunity to enjoy movement and express emotions—a break from their academics. "Dance also fosters important life skills such as time management, poise, and learning to think on your feet. It gives students a fun venue where they can build friendships and become problem solvers."

Sweat Equals Excellence

With Ms. Leppard's discipline and guidance, IWA's Impact Dance Team has quickly gained recognition. In spring competitions versus large public schools at the Stafford Centre they were awarded Most Entertaining, Judges' Choice Award, and scored in the Top 10 Overalls. "These girls worked hard throughout the school year and it paid off," Leppard exclaims. Impact dancers were also awarded awards from KAR Dance and Star Systems, including first in Musical Theatre and Jazz.





ability to inspire her dancers. She fosters a nurturing environment that helps the team grow on stage and in the IWA community," says Devin. "As Company Commander, I look forward to leaving a lasting influence on both the program and the younger dancers who will continue Impact's

legacy for years to come."

LEADING WITH BUSINESS LAUNCH: FAT STRAW REQUIRED!

All \$1,000 in net profits from this after-school program were donated to the Houston Area Women's Center.

The Bubble House, a spring pop-up launched by students in the Leading with Business course, opened to long lines of eager customers and lots of sparkling reviews. The boba tea and spring rolls business was created, marketed, and executed by IWA students. Guided by Young Leaders Program Director Eric Kerr-Heraly, students divided the work in shifts that included supervising the advertising, finance, supply chain, and HR strategies. Prices for teas ranged from \$4.00 to \$4.25, and spring rolls were \$2.50. All \$1,000 in net profits from this after-school program were donated to the Houston Area Women's Center.





LEADING WITH SERVICE CLASSES MENTOR AREA MIDDLE SCHOOLS

Last spring, four Leading with Service groups fanned out into the Houston community to visit Catholic middle schools. The visits are part of the annual class service project where students work with local elementary and middle schools to serve their students in a way that helps them develop their leadership, academics, service, or faith.

In March, the Baskets of Glory group visited St. Thomas More's kindergarten class to share Easter-themed stories, crafts, and activities. They shared the story of Christ's Resurrection with the kindergarteners, read them Easter stories, and worked with them on Easter-themed arts and crafts. With a focus on academics, the Next Step group worked with 5th graders at Our Lady of Guadalupe, preparing them for middle school with a workshop focused on organization, note-taking, and study skills. To promote young readers, the Booklit team worked with kindergarteners at St. Helen's in Pearland helping them with their reading skills. They read books to the children and created stations focused on phonics, storytelling, and spelling. Leading with Service's fourth group, Project Linus, teamed up with the 4th and 5th grade classes at Corpus Christi to make blankets for Project Linus, a national non-profit that donates blankets to children in need.







Student Council Rises to National and State Recognition

This year, the IWA Student Council has elevated its programs and earned recognition as a Texas Association of Student Councils (TASC) Outstanding Student Council and the National Gold Council of Excellence. These awards are based on documentation of the student council organization, specific project areas, participation in TASC programs, and an overall evaluation. These achievements serve as a benchmark for what a well-rounded student council in Texas and the nation should accomplish. Kudos to Student Council President Izzy Lavoie, Vice President Claire Michael, and Secretary Xiomara Salinas. Applause goes to student council sponsor Nan Hernandez, who Salinas describes as a terrific leader. "Ms. Hernandez came to IWA two years ago and really helped us transform the student council into a fun, dynamic group that is recognized both locally and nationally."



Director of Young Leaders Program

NAN HERNANDEZ NAMED DIRECTOR OF YOUNG LEADERS PROGRAM

Leadership Program instructor and Student Council sponsor Antoinette "Nan" Hernandez was recently selected to be the next Director of IWA's Young Leaders Program as former director Eric Kerr-Heraly steps down to make a career change. In June, we interviewed Ms. Hernandez to ask her about her hopes and plans for the future of IWA's Leadership Program.

What excites you the most about your new role as Director of IWA's Leadership Program?

The girls at IWA truly have a heart to serve and a desire to lead. To assist in their growth and the future of the program is even more inspiring. The role also allows me to connect with the community to share the great things happening in the program and at IWA.

How have your two years as Student Council Advisor prepared you for this role?

I have served as a student council advisor for 18 years altogether but the last two at IWA have shown me the drive and dedication of the girls to impact and serve their school. These girls understand their role, focus on the why of our organization, and address every idea by asking how this will benefit our school and the girls in it. They also have a strong commitment to bring recognition of IWA to others through the work they are doing.

Why do you believe the Leadership Program is so important for IWA?

The Leadership Program is important to IWA because it remains aligned with the mission of our school and our commitment to grow authentic, bold servant leaders. The girls are entrenched in curricula that meet them where they are and assist in their transformation as leaders and contributors to a greater community.

What new ideas do you hope to bring to the program?

I hope to be able to expand the class offerings, provide more opportunities for the girls to take leadership roles and shape the culture of our school, revisit Distinguished Leaders, and connect the girls to the community more.

Tell us about the new AP Capstone course.

The AP Capstone class really challenges our girls in independent thought, understanding other perspectives and deriving a stance on what to think. When we think about servant leaders and our focus on creating an extraordinary solution that makes the world better, it takes careful consideration and understanding of those we serve and a continuous curiosity to question if what is available is assisting them or could there be another solution. This class will allow for that thinking to thrive.



A Fond Farewell from Mr. Kerr-Heraly

It is very difficult to step away from a 19-year teaching career, and I am grateful to have spent the last six of those years at IWA. The culture at this school is truly special. Our students leave here as the exact kind of leaders we hope to be able to work with in the future. They are empathetic, courageous, and authentic. They possess so many different talents and have many different goals, but they support each other and create a sisterhood that stands out from all the other schools I have worked in.

I had so many wonderful opportunities here, whether it was teaching Leadership, AP English, or Publications, and the school leadership empowered me to serve as Educational Technologist and then the Director of Leadership. I am honored to have been able to serve in these different capacities with so many outstanding coworkers. I am excited to see what Ms. Hernandez has in store for the Young Leaders Program. She has been a phenomenal teacher and Student Council sponsor, and I can't think of anyone else who is better equipped to model leadership for our students.

Thank you, IWA!

Mr. Eric Kerr-Heraly

ADVANCEMENT

An Evening of Heart and Spirit

Incarnate Word Academy kicked off its 150th Anniversary with a history-making gala, "An Evening of Heart and Spirit." The event, held on Friday, April 14, at The Post Oak, set records for gala attendance and raised \$1.5 million for the school.

More than 400 supporters of the Sisters of the Incarnate Word and Blessed Sacrament turned out to celebrate the joint anniversaries of both the congregation and the founding of Houston's first Catholic school. Popular live auction items included a trip to Rome that featured a Papal audience, an Astros First Pitch package, and dinners with Houston-area priests and IWA sisters.

Co-chairs were IWA parents Jennifer and Jeffrey Hill and Megan and George Oggero. Jeb Bashaw kept the ballroom crowd upbeat and enthusiastic in his role as master of ceremonies.

"The evening was simply the best," says Sister Lauren Beck. "Everyone was thrilled to visit with each other and celebrate and raise money for a great cause. I know I speak for all the sisters when I say that we were honored by the support and generosity of the sponsors and underwriters who made extraordinary gifts in celebration of this historic event for IWA and our congregation. The Gala Committee and school staff worked day and night to create a magical event that was beautiful and meaningful."

A highlight of the evening was announcing a new named scholarship honoring The Sisters of the Incarnate Word and Blessed Sacrament. For those who were unable to attend the Gala or to participate in Paddles Up, which directly benefits the newly named scholarship, you may make a donation by contacting Advancement Director Kristine Rizzo at **krizzo@incarnateword.org.**



















ADVANCEMENT

A Valentine to Our Grandparents

As celebrant Father Joseph White remarked, we were blessed to have pews filled with IWA grandmothers and grandfathers for the annual Grandparents Day Mass and Reception on February 14. Fr. White observed that grandparents can be our biggest cheerleaders, who support us on our journeys through life and faith. Afterward, guests enjoyed a lite brunch where IWA grandparents Carol Ann and Harvey Gold shared a poignant message about the positive impacts of an IWA education on their granddaughters, Drew '23, Devin '24 and Dale '25. A sweet way to celebrate Valentine's Day!

We Remember, We Celebrate!

Incarnate Word Academy's 150th Anniversary Mass and Reception on May 4 brought sisters of the Congregation of the Blessed Heart and Sacrament, Houston-area religious, IWA alumnae, board members, faculty, staff, students and families together for a significant and spirited celebration. Auxiliary Bishop Italo Dell'Oro presided, and the choir and musicians lifted hearts into song. Sentiments continued to flourish at the elegant wine and hors d'oeuvres reception, where attendees reconnected with longtime friends and former teachers. The evening culminated with an exuberant and multi-generational rendition of the "Alma Mater," led by Choir Director Josh Wilson and school president, Sister Lauren Beck. Fidelity to You!

TOP, left and right: Grandparents Day Mass BOTTOM, left and right: 150th Mass and Reception









Up on the Roof for Red Check

IWA's senior tradition of the Red Check Lunch & Assembly, coordinated by the Advancement Office, started with a Tex-Mex feast on the rooftop and concluded in the Auditorium with hilarious skits by the seniors that roasted their four years (and one pandemic) at IWA with jokes, impressions of teachers and admins, and a sentimental video tribute to the Kesha song, "Good Old Days." Here's to the Class of 2023!



New Name, Same Mission: Falcon Family Club

In recognition of the growing number of fathers who showed up to grill, serve, and help organize Mother's Club events this past year, a decision was made to change the group's name to Falcon Family Club. Falcon Family Club reflects the breadth and commitment of the school's parent volunteers who generously support the students and faculty/staff of IWA. Falcon Family Club members organize receptions, grill at events, operate the Spirit Shop, and make IWA's cherished traditions memorable for all.

In light of this change, the Falcon Family Club is pleased to announce the 2023-2024 Board, Leads and Liaisons:

- President Kristen Michelle Parham
- Vice President Lance Tolson
- Treasurer Maureen Marcon
- Treasurer Elect David Gold
- Communications Missy McClure
- Secretary Elia Gonzalez
- Hospitality Chair Gilda Mendoza
- Hospitality Co-Chair Nickie Bounds
- Spirit Shop Chair Sara Mayeu

We also want to thank the many parents who are leading events in 2023-2024. The Club will post volunteer opportunities in Weekly Word throughout the year. Contact Cally Cloran at **ccloran@incarnateword.org** if you would like to volunteer during the 2023-2024 school year.

ALUMNAE

Mark Your Calendars!

Festivities to honor IWA's 150th continue throughout 2023-2024. We invite and encourage all alumnae to attend the following events:

October 14, 2023

Dream Girls Style Show at the Junior League of Houston.

January 15, 2024

150th Anniversary Day of Service at the Houston Food Bank - This joint Alumnae and Current Students project gives back to the city that has been home to IWA since 1873.

January 31, 2024

150th Anniversary Celebration IWA Open House - Come and see IWA through the years. Join the Sisters as we open the archives and journey through the decades.

April 20, 2024

2024 IWA Gala and Auction at The Revaire.



Word Magazine Seeks Essays, Notes About Your Days at IWA

For the Winter 2024 issue of Word Magazine, we continue our year-long celebration of the school's 150th. We'd love notes and memories about your days at IWA. Who was your favorite teacher? Do you remember any Senior pranks? How was your Senior Retreat? What play did your class produce? Did your sports team win a championship? How did an IWA education transform your life? Please send by January 1 to alumnae@incarnateword.org.

Class of 1948 Celebrates Diamond Jubilee

In May, the Class of 1948 met at Carrabba's Blue Room on Kirby to celebrate their 75th Jubilee. These women started at Incarnate Word Academy in 1945, just as World War II ended, and have remained friends through the decadeseven hosting a Zoom reunion during the recent pandemic years. Says Sister Jean Marie Guokas C.V.I., "I started as a freshman in 1945, I was a teenage girl; when I graduated in 1948 I was a woman. Now as I celebrate our 75th Jubilee I can say I am A Woman of the Word–W.O.W!"

1948 Classmates, L to R: Angelina Bolcerek Heinrich, Mary Ann Valouch Weishaupt, Dolores Pontius Thomas, Sr. Jean Marie (Jo Ann) Guokas, Betty Wellman Linkart, Particia Gibson Huebner. Special thanks to drivers Linda Heinrich, Gladys Ramirez, Kandy Thomas, Judy Icoe, and Denise Green.



Alumnae Reconnect at 150th Mass

The Class of 1969 reconnected for the 150th Anniversary Mass on May 4, and stayed after for a quick photo in Annunciation Catholic Church before they headed to the reception to meet former teachers and other alumnae.



Grads Reconnect at Young Alumni Happy Hour

IWA alumnae joined the fun to reconnect with classmates and fellow Houston-area Catholic high school graduates at St. Arnold Brewery on June 27. IWA alumnae spotted at the Young Alumni Happy Hour included: 1. From L to R: Jacque Bergeron '17, Olivia Giese '15 2. From L to R: Eden Caligur '17, Kaylee Kieschnick '17, Haley Turner '17 3. From L to R: Alyssa Uribe '14, Sherry Roach '14.









Calling All Members of the Class of 1973

Recognize these ladies pictured below? It's the Class of 1973. They are planning to celebrate their 50th Class Reunion and need your help. Please send your name, mailing address, phone number and email address to: Elizabeth Demaris at edemaris@prodigy.net or Marti Maulik at mmaulik@aol.com. You may also copy in the IWA Alumnae Relations Office at alumnae@incarnateword.org. (Please include Class of 1973 in your correspondence to the Alumnae Office.)



In Memoriam

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Nancy Whilhite Atabala '63
Mitzi Pool Bridges '48
Helen Rigamonti Hoogendam '56
Gertrude Schattel Laetsch '51
Catherine Elsie Frey Nelson '42
Margarette Cuzalo Saculla '50
Clarissa Porras Schiefen '48
June Lee Stepanski '50
Betty Lee Lewis Westmoreland '48



THE BEST IS



Three Sisters are invited by Bishop Odin to travel from Lyon, France, to Texas to establish a school. Sister Gabriel Dillon becomes the school's first Principal supported by two teachers, Sister Mary Lawrence and Sister Marie Therese.





Throughout the 1960s and 1970s, the fine arts programs continued to flourish.

Mother Jeanne de Matel founds the Order of the Incarnate Word and Blessed Sacrament in Lyon, France.



1874

The Academy of the Incarnate Word opens, educating girls from Houston's oldest families along with the children of farmers and freed slaves.





In the 1980s and 1990s, the campus footprint embodies both the old and the new.

1984

YET TO COME

1873-2023



Mary Welch becomes the first lay Principal of IWA.



Mr. Charles Kafoglis introduces Popcorn Leadership, which evolves into the school's state-of-the-art Young Leaders Program.



On May 4, IWA launches a year-long 150th Anniversary celebration with Mass at Annunciation Catholic Church.

1994

2000

2010

2017

2023

Sr. Lauren Beck, C.V.I., is named IWA's first President.



IWA opens a 18,500-square-foot academic building extension.



















JOIN US FOR

IWA ADMISSIONS EVENTS 2023-2024

Open School Visit Days: Sept 25, 2023 | Nov 7, 2023

An opportunity for pubic school, home school, charter school and Montessori school students to spend a day on campus and see all that IWA has to offer.

Open House: Dec 3, 2023

All families are invited to this on-campus event that shows what life is like here at the 609.



www.incarnateword.org/admissions
Dates subject to change. For registration details and a list of additional events, visit our website.