

INTERSCHOLASTIC STUDENT-ATHLETE/CHEER POLICIES AND AGREEMENT

The following general policies shall govern each student-athlete participating in any phase of the High School Athletic/Cheer Programs in San Jose Unified School Athletics.

As a member of the SJUSD Athletic/Cheer Program, I _____ agree to abide by the following policies: (student's name)

I. Adherence to the San Jose Unified School District Student Handbook

The student will abide by all the rules and regulations of the San Jose Unified School District Student Handbook. Copies of the handbook are distributed to each student annually, and are available in the school office. Each participant is advised to familiarize him/herself with those rules and regulations.

II. Eligibility

The student must meet all of the age, enrollment, attendance, and scholastic requirements established by the Blossom Valley Athletic League, and the Central Coast Section of the CIF. Students must live in the San Jose Unified School District Boundaries or have a valid inter-district transfer. Students must maintain a 2.0 GPA to participate in interscholastic athletics. Grades are checked after every six-week grading period. Eligibility will change 5 working days after the end of a grading period.

III. Forms and Releases

Before a student may participate in any sport including conditioning and practices, he/she must have the following information to the Athletic Director.

- The San Jose Unified School District Athletic Packet

IV. Medical Release to Again Participate

If an athlete is seriously injured and seen by a doctor, he/she must provide a doctor's release before he/she can return to practice or play in an athletic contest. The release must be written, and must be given directly to, the coach, athletic director, or athletic trainer.

V. Attendance

A student is expected to attend all classes on his/her schedule on the day of a contest, unless the student has been excluded from school attendance for such reasons as doctor's appointment, field trip, college visitation, or such reasons other than illness. The purpose of this clause is to keep a student from participating when he/she is ill. Students who are required to attend AIM due to poor attendance may not participate in athletic contests (games) for the duration of their AIM program.

VI. Attendance at Practices and Team meetings

Team members are expected to be present at all practices, team meetings, contests, and special occasions unless excused by the head coach.

VII. Care of School Equipment

The athlete is responsible for all equipment issued to him/her. Stolen or damaged equipment must be paid for the athlete or his/her parent/guardian before any grade is issued.

VIII. Transportation to Athletic Contests

All team members will travel to and from away contests by means of transportation provided or organized by the Coach and/or Athletic Director. Some teams, by their nature, will travel by bus, while some will use private transportation. Parents driving must have an up-to-date volunteer driver form on file at the school site. At no time will students drive other students to contests.

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IX. Personal Conduct

Participation on an athletic/cheer team at any school in the San Jose Unified School District (SJUSD) is a privilege and the participants must earn the right to represent SJUSD by conducting themselves in such a way that the image of their high school would not be tarnished in any manner. Any participant whose conduct is judged to reflect a discredit upon himself/herself, the team, or their high school, whether or not such activity takes place during or outside school hours and sessions of the sport season, will be subject to disciplinary action as determined by the coach, the athletic director and/or the school principal.

X. Use of Tobacco, Alcohol, and Drugs

Smoking, the use of chewing tobacco and smokeless tobacco, drinking alcoholic beverages, the illegal use of drugs by any athlete is prohibited both in and out of season and when school is not in session. If an infraction has occurred an athlete will be disciplined by the coach, athletic director, and/or school administrator.

XI. Social Media

Any type of bullying, cruel or inappropriate behavior through the form of an electronic communication (such as web sites for social networking and blogging) through which users create online communities to share information, ideas, personal messages, and other content will not be tolerated. Such actions may result in the suspension or removal from a team.

XII. Steroid Use

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Bylaw 524). Both the participating student-athlete and the parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We also recognize that that under CIF Bylaw 200.D., there could be penalties for false or fraudulent information. We also understand that the San Jose Unified School District policy regarding the use of illegal drugs will be enforced for any violations of these rules.

XII. Quitting a Team

For a student-athlete that quits a team without the athletic director's release, that athlete must sit out the remainder of that sport's season, and cannot participate with any other sports team until the season for the sport that they quit is officially over (including any post season play).

XII. Team and Individual Discipline

Each coach will have discipline rules for minor infractions, such as inattention to directions, horseplay, tardiness to practice, etc.

XIV. Suspension from a Team or Squad

The coach of the sport, athletic director, or school administrator may issue temporary suspensions. The athletic director and/or administration will confer with the coach before action is taken. Causes for temporary suspension may include, but not limited to: grades, personal misconduct, unexcused absences from meetings or practices, violation of athletic policies, or unsportsmanlike conduct.

XV. Waiver of Insurance

If because of personal or religious reason you choose not to provide medical insurance coverage or purchase it from through Myers Steven Insurance provided by SJSUD please request from your athletic director and sign the Waiver of Insurance form, which must be turned in with this participation packet.

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XV. Removal from a Team

A player may be removed from a team by the coach, athletic director, or school administrator. The athletic director and/or administrator will confer with the coach before any action is taken. Causes for removal from a team may include, but not limited to: use of alcohol or tobacco, illegal possession of drugs, continued violations of the District Behavior Handbook, repeated violations of school athletic or team policies, personal misconduct that involves police or court action, verbal or physical attack upon an opponent, official, teacher, fan, coach, or any other person, continued acts of unsportsmanlike conduct.

XVI. Student Athletes, and Parents/Guardians Code of Conduct

By signing this document you are acknowledging that you have read, understood, and will abide by all aspects, expectations, requirements contained within the SJUSD Athletic Handbook and Code of Conduct. Any violation may result in removal from the athletic contest in question and all subsequent athletic contests as deemed necessary by the athletic director and/or school administration.

We have read, and agree to the listed policies:

Student ID# _____

Student Name _____

(Please print)

List all Sports participating in _____

Signature of Student _____ Date _____

Parent/Guardian _____ Relation _____

Signature of Parent/Guardian _____ Date _____