

Jesuit Students and Families,

Greetings! On behalf of the Jesuit Campus Nurses, April and Sarah, we are excited to partner with you for the 2023-2024 school year! The Health Room is located in the Dieringer School Office. We plan to staff the Health Room on school days from 7:30 am to 12:30 pm Monday, Wednesday - Friday, and Tuesday from 8:30 am-12:30 pm. Please feel free to stop by with questions or concerns, call us directly at 503-291-5459 or email us at nurse@jesuitportland.org. More information on Student Health and Safety with links to resources can be found on the Jesuit High School Portland website under [Student/Parent Health and Wellness](#).

Consent for Medication Administration at School

The Health Room keeps a small formulary of Over-The-Counter (OTC) Medications at school for administration to students during the school day (i.e. Tylenol, Advil, Tums, etc). If you would like your student to have the option for the Health Room to administer these, please consent to this in PowerSchool (use your log in for this, not your student's log in) under Forms. Under Forms you will find the Medical/Health Information tab to update information. If you need to change your earlier submission, please contact the registrar at lforan@jesuitportland.org.

Please note that if your student is carrying any prescription medications on campus during the school day these medications must be in original containers and may not be shared with other students. The Health Room will also need the attached *Self-Medication Agreement* signed and on file in the Health Room. Please return the attached form to the Health Room via email, nurse@jesuitportland.org, or standard USPS prior to the start of the 2023-2024 academic school year. These forms need to be filled out annually. If possible, we prefer that prescription medications not be taken during the school day.

Severe Allergies

It is important that we are made aware of those students with severe, anaphylactic allergies where an EpiPen, Inhaler, and/or Benadryl is required. There is space on the Medical and Health Information in PowerSchool to specify this information. If you need to change your earlier submission, please contact the registrar at lforan@jesuitportland.org. We will need students who are carrying EpiPens, Inhalers, and/or Benadryl at school to fill out the aforementioned and attached *Self Medication Agreement*. In addition, the Health Room will also need the attached *Food Allergy & Anaphylaxis Emergency Care Plan* form filled out,

signed and returned. Again, both forms need to be returned to the Health Room prior to the start of the academic year and signed annually.

We recommend that students keep back up medications in the Health Room for emergency use such as extra Epi-Pens and/or Diabetic Supplies. Supplies in the Health Room will serve as back up in case a student's own supplies are not working/lost/expired.

Diabetes:

If your student has diabetes, please make sure you specify that by marking the appropriate box in Powerschool under Medical/Health Information. As mentioned above, extra supplies may be stored in the Health Room for emergency use. Please reach out if there are any specific concerns during the school day or school events that we may need to know for managing your student's diabetic health plan.

Concussions:

Please report all concussions to nurse@jesuitportland.org. The nurses will work with students and the Athletic Trainer, Counselors, and Vice Principals for optimal return to school and athletics. Please visit the [Health & Wellness/Concussion](#) page on the Jesuit High School website for more resources on this including Return to Learn and Return to Play Protocols.

Communicable Disease, Illness and Injury Accommodations

If you student has a communicable disease such as Influenza, Covid 19, Pertussis, Mono, Pink Eye, etc. or your child has an illness/injury that requires some level of accommodation, please update us at nurse@jesuitportland.org As a general rule, students should not return to school if they have had a fever, diarrhea, or vomiting until they are symptom free for 24 hours without the use of medication.

Have a safe and fun remainder of Summer. We look forward to working with you to keep Jesuit a safe and healthy community!

April and Sarah, Jesuit RN's

nurse@jesuitportland.org

503-291-5459

