



MAINESTAY

YOUTH & FAMILY SERVICES

YOUTH PROGRAMS

- ✓ Anger Management
- ✓ Anxiety Coping Skills
- ✓ Art
- ✓ Cooking
- ✓ Improv
- ✓ Mentoring
- ✓ Peer Jury
- ✓ Peer Mentoring
- ✓ Poetry Writing
- ✓ Pride
- ✓ Summer Camp
- ✓ Tutoring
- ✓ Yoga



ABOUT US

MaineStay provides free or affordable programs for Maine Township youth ages 5-17, with a focus on social-emotional learning opportunities that aim to maximize each child's full potential.

LOCATION

Most of our programs are held in the Maine Township Town Hall building at 1700 Ballard Road in Park Ridge.

CONTACT US

To learn more or register for our programs online, please visit mainetown.com/mainestay or contact us at 847-297-2510 or mainestay@mainetown.com.