

# CARROLLTON SCHOOL OF THE SACRED ATHLETIC PROGRAM OVERVIEW

Carrollton offers a variety of competitive athletic programs, which are divided into three seasons. This results in a diverse program that provides students with many opportunities to pursue different athletic avenues. The Carrollton athletic experience provides a supportive framework, which allows the girls to experiment in many different sports while seeking their niche. Furthermore, Carrollton athletics teaches students life skills of teamwork and perseverance.

Students in grades 6-8 are eligible to try out for the teams that compete within the South Florida Middle School Conference (S.F.M.S.C.) and grades 9-12 are eligible to try out for the teams that compete within the Florida High School Athletic Association (F.H.S.A.A.). Students in grades 6-8 are also eligible to try out for some Upper School (JV/Varsity) Sport teams. Please refer to the table below for further information. The following sports are offered each year:

## S.F.M.S.C (Grades 6 – 8)

FALL	Cross Country Golf Volleyball Swimming & Diving
WINTER	Basketball Soccer
SPRING	Beach Volleyball Softball Tennis Track & Field

## F.H.S.A.A (Grades 6 – 12)

FALL	Cross Country Golf Volleyball Swimming & Diving
WINTER	Basketball Soccer
SPRING	Beach Volleyball Softball Tennis Track & Field

## INDEPENDENT (Grades 8 – 12)

SEPTEMBER - APRIL	Sailing
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*For more information about this program, please contact the Athletic Office at (305) 446-5673, ext. 1241*