

Meeting Agenda And Planning Session

I. Triennial Assessment:

- A. Compare our Wellness Plan to the California Local School Wellness Policy.
- B. Measure the policy for our goals. (Wellness Survey)
- C. Measure the compliancy strength and weakness.
 - #20
 - #22
- D. Share all the information with the public.

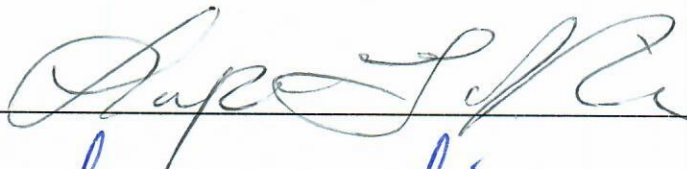
II. What's next:

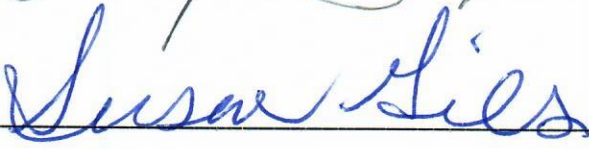
- A. Specific & measurable goals as to how we are going to encourage parents to plan healthful parties, or non- food alternatives.
- B. I want specific data for each grade level and the nutrition education that is provided.

LATON UNIFIED SCHOOL DISTRICT


Wellness Meeting

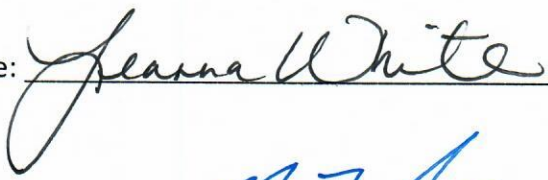
February 10, 2023

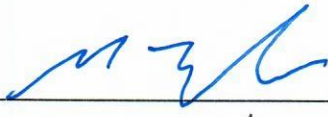
Lupe Nieves: 

Susan Giles: 

Gustavo Lopez: 

Jessie Betancourt: 


Jeanna White: 

Michael Langton: 

Sue Vang: 

Tammy Alves: 

Miriam Segura: 

Guest: 

Local School Wellness Policy Requirement: Nutrition Promotion

Laton Joint Unified School

District

9/13/2021

Laton Policy Language	California School Boards Association Model Policy Language	Comparison Analysis and Conclusions	Next Steps
<p>The Board shall adopt specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness. In developing such goals, the Board shall review and consider evidence-based strategies and techniques. (42 USC 1758b; 7 CFR 210.31).</p>	<p>The Board shall adopt specific goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness. In developing such goals, the Board shall review and consider evidence-based strategies and techniques. (42 USC 1758b; 7 CFR 210.31).</p>	<p>This section has been updated appropriately</p>	<p>Go to next page</p>

Local School Wellness Policy Requirement: Other Goals

Laton Joint

9/13/2021

LSWP-Other Goal Statement	Laton Policy Language	California School Boards Association Model Policy Language	Comparison Analysis and Conclusions	Next Steps
Health Education	Not addressed in model policy.	Not addressed in model policy.	Determine if this should be added	Discuss at next wellness meeting
Employee Wellness	The Superintendent or designee shall encourage staff to serve as positive role models for healthy eating and physical fitness. He/she shall promote work-site wellness programs and may provide opportunities for regular physical activity among employees.	The Superintendent or designee shall encourage staff to serve as positive role models for healthy eating and physical fitness. He/she shall promote work-site wellness programs and may provide opportunities for regular physical activity among employees.	This section has been updated appropriately	Go to next page
Social & Emotional School Climate	Not addressed in model policy.	Not addressed in model policy.	Determine if this should be added	Discuss at next wellness meeting
Health Services	In order to ensure that students have access to comprehensive health services, the district may provide access to health services at or near district schools and/or may provide referrals to community resources.	In order to ensure that students have access to comprehensive health services, the district may provide access to health services at or near district schools and/or may provide referrals to community resources.	This section has been updated appropriately	Go to next page
Counseling, Psychological, and Social Services	Not addressed in model policy.	Not addressed in model policy.	Determine if this should be added	Discuss at next wellness meeting
Community Involvement	Not addressed in model policy.	Not addressed in model policy.	Determine if this should be added	Discuss at next wellness meeting
Physical Environment	Not addressed in model policy.	Not addressed in model policy.	Determine if this should be added	Discuss at next wellness meeting
Family Engagement	Not addressed in model policy.	Not addressed in model policy.	Determine if this should be added	Discuss at next wellness meeting
LSWP-Other Goal Statement	Laton Policy Language	California School Boards Association Model Policy Language	Comparison Analysis and Conclusions	Next Steps

<p>Other-Professional Development, Anti-bullying, Water</p>	<p>Professional development may be regularly offered to the nutrition program director, managers, and staff, as well as health education teachers, physical education teachers, coaches, activity supervisors, and other staff as appropriate to enhance their knowledge and skills related to student health and wellness.</p> <p>The Board recognizes that a safe, positive school environment is also conducive to students' physical and mental health and thus prohibits bullying and harassment of all students, including bullying on the basis of weight or health condition.</p> <p>The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.</p>	<p>Professional development may be regularly offered to the nutrition program director, managers, and staff, as well as health education teachers, physical education teachers, coaches, activity supervisors, and other staff as appropriate to enhance their knowledge and skills related to student health and wellness.</p> <p>The Board recognizes that a safe, positive school environment is also conducive to students' physical and mental health and thus prohibits bullying and harassment of all students, including bullying on the basis of weight or health condition.</p> <p>The Superintendent or designee shall provide access to free, potable water in the food service area during meal times in accordance with Education Code 38086 and 42 USC 1758, and shall encourage students' consumption of water by educating them about the health benefits of water and by serving water in an appealing manner.</p>	<p>This section has been updated appropriately</p>	<p>Go to next page</p>
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