

# Wellness Survey

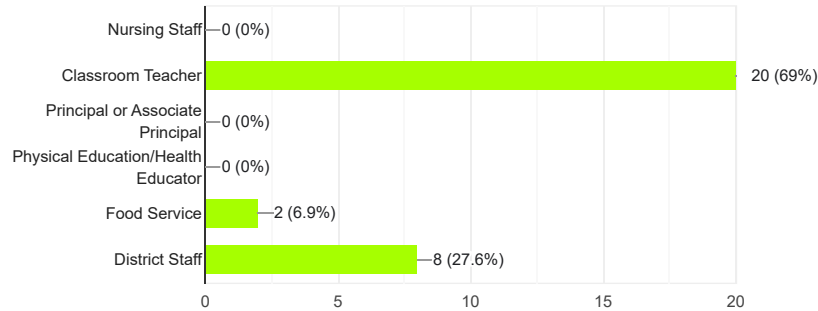
29 responses

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1. Please identify your position. \* Mark all that apply.

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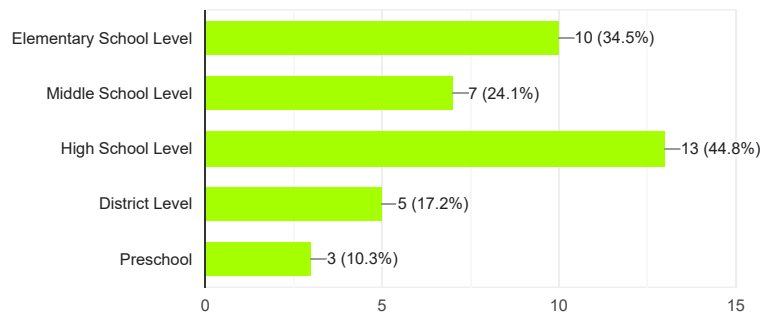
29 responses



2. At what school level do you work? \* Mark all that apply.

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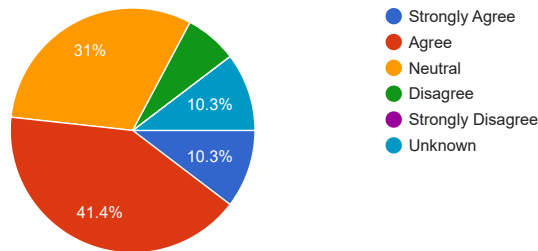
29 responses



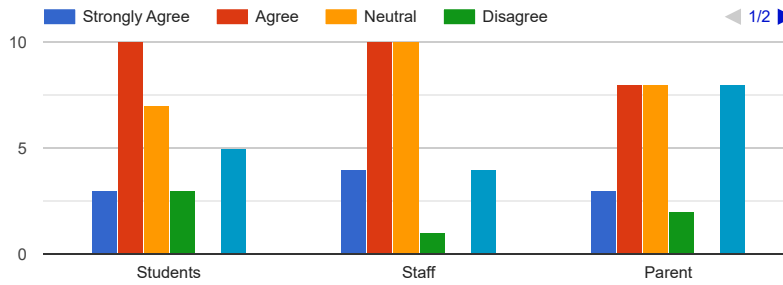
3. Wellness information is provided to parents and staff through various means of communication. \* Mark only one oval.

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29 responses



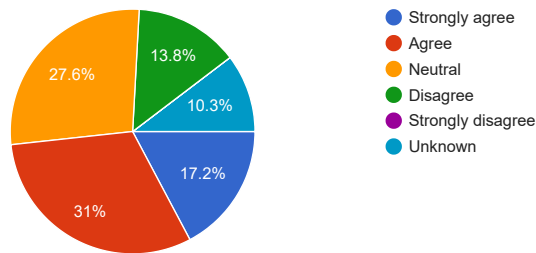
4. The district Wellness Policy is communicated to \* Mark only one per row.



5. In my position, I am aware of the components of the district wellness policy. \* Mark only one oval.



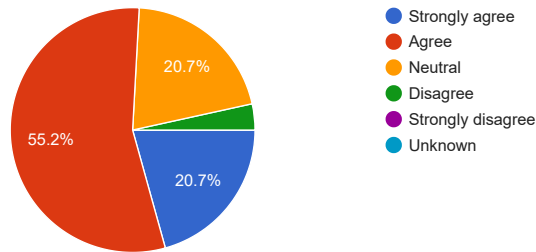
29 responses



6. Students are encouraged to eat healthy snacks. \* Mark only one oval.



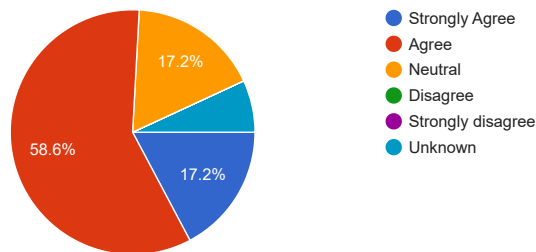
29 responses



7. Nutritional snacks are served at district meetings, workshops and school functions.\* Mark only one oval.



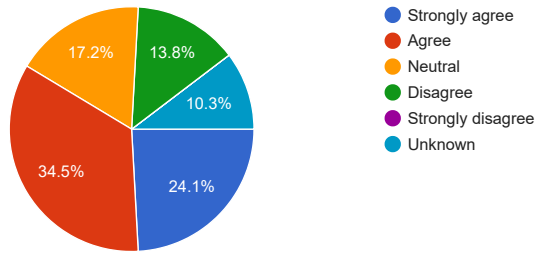
29 responses



8. Committees are encouraged to follow the Wellness Policy Regulations when fundraising with food products. \* Mark only one oval.

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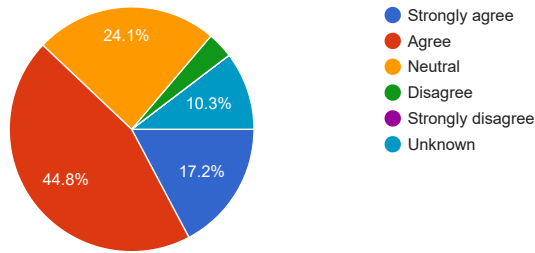
29 responses



9. Staff encourage students to participate in physical activity beyond physical education class. \* Mark only one oval.

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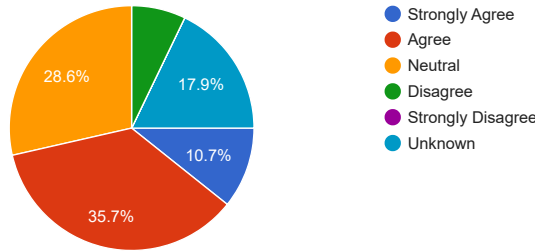
29 responses



10. Programs and/or awareness to increase physical activity and positive nutritional choices are offered to students periodically. \* Mark only one oval.

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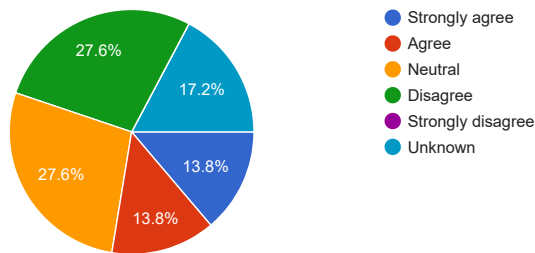
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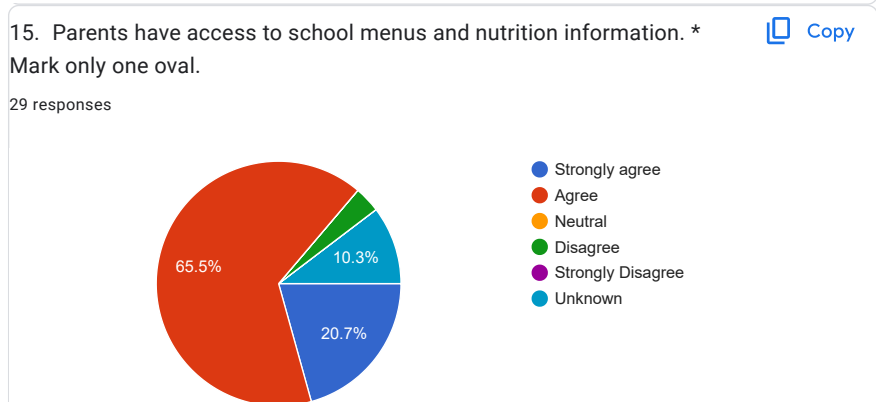
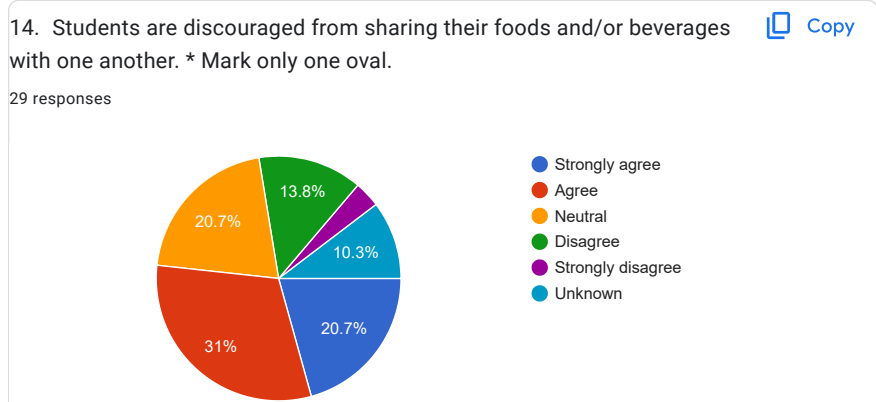
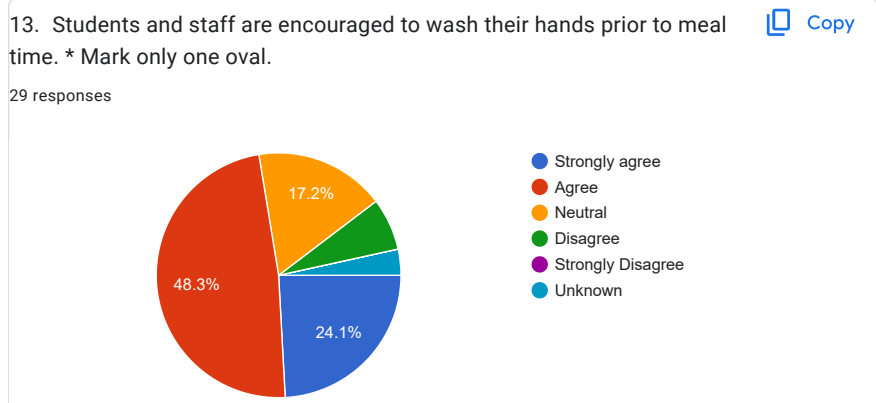
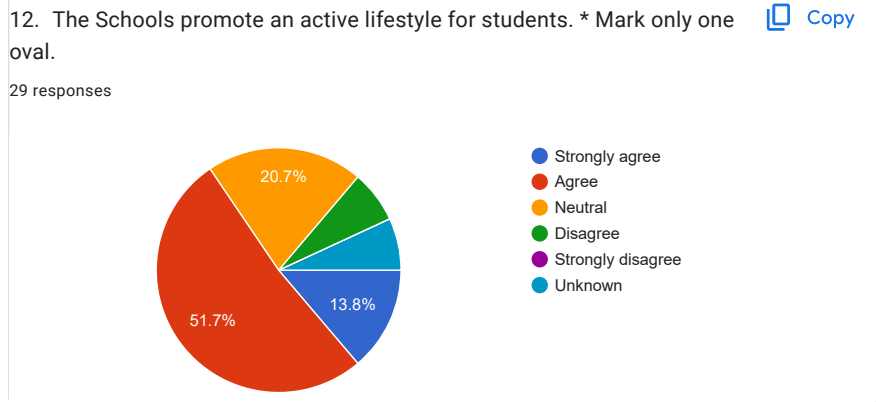


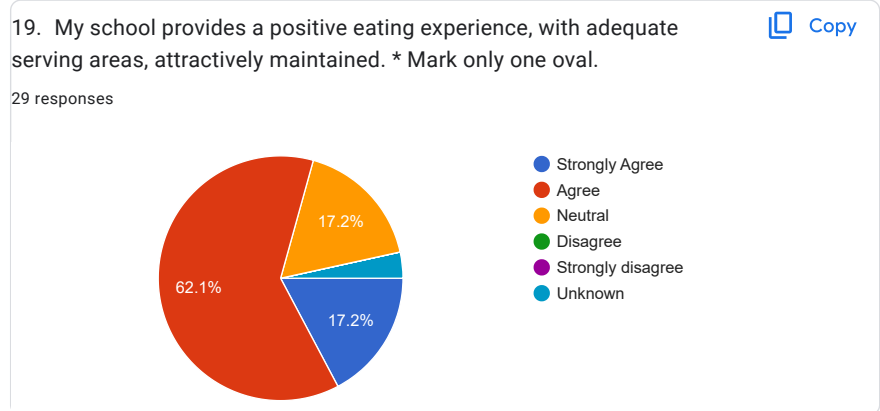
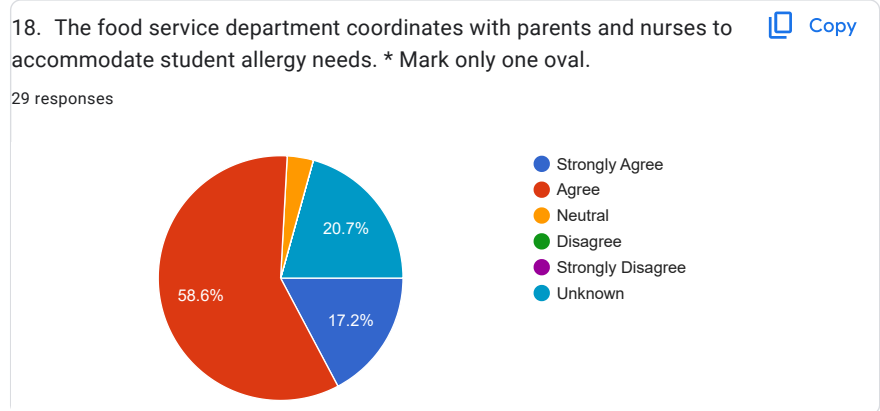
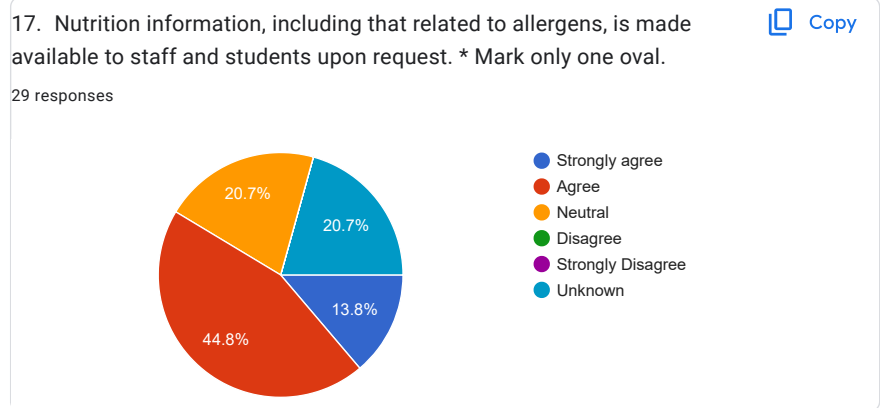
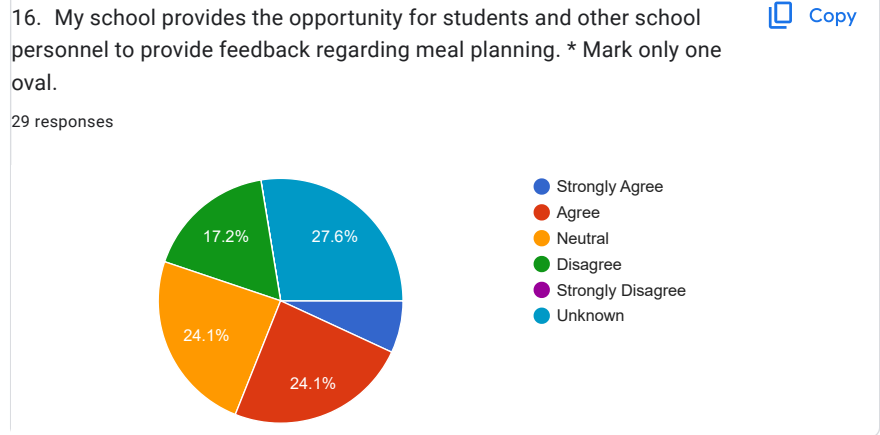
11. The District promotes staff wellness by offering programs to build awareness regarding the importance of nutrition, physical activity and body-size acceptance. \* Mark only one oval.

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29 responses



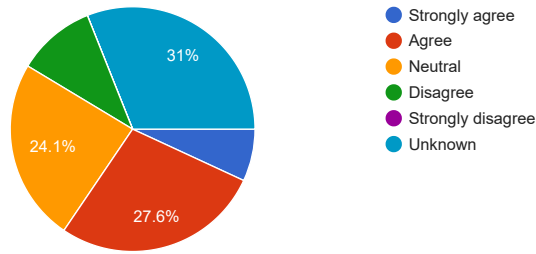




20. Parents are encouraged to plan healthy party menus including non-food alternatives for celebrations. \* Mark only one oval.



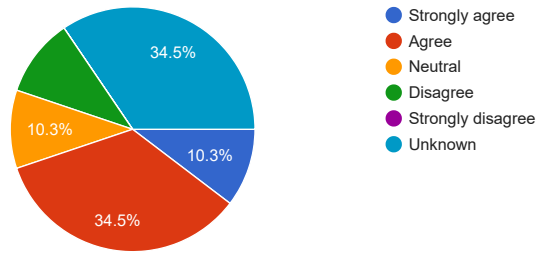
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21. Recess games and activities involving physical activities are offered at the elementary level. \* Mark only one oval.



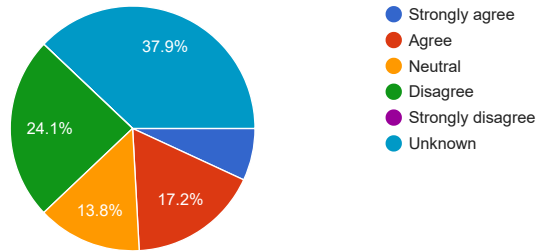
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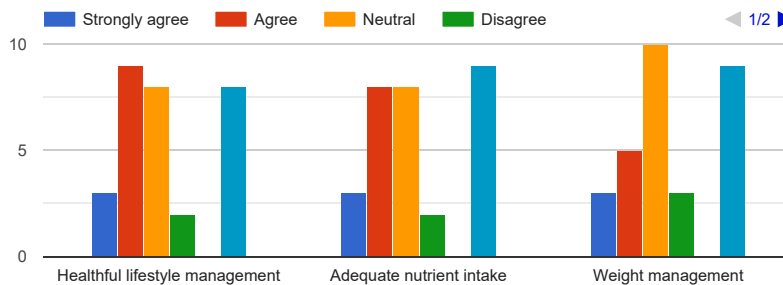
22. Nutrition education is offered to every grade level at my school. \* Mark only one oval.

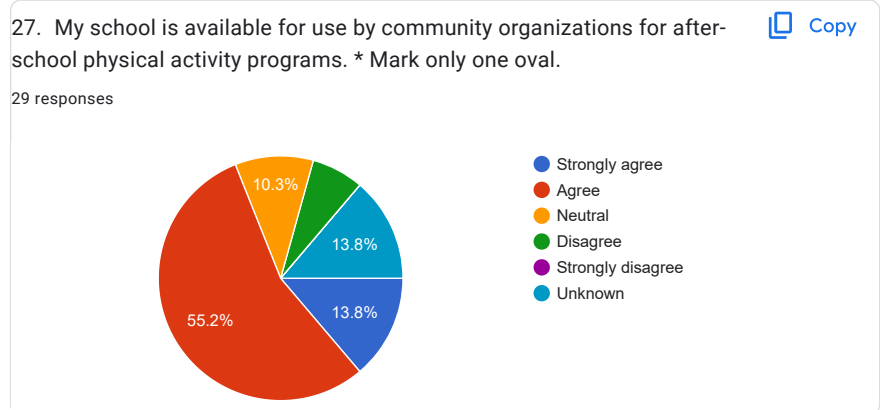
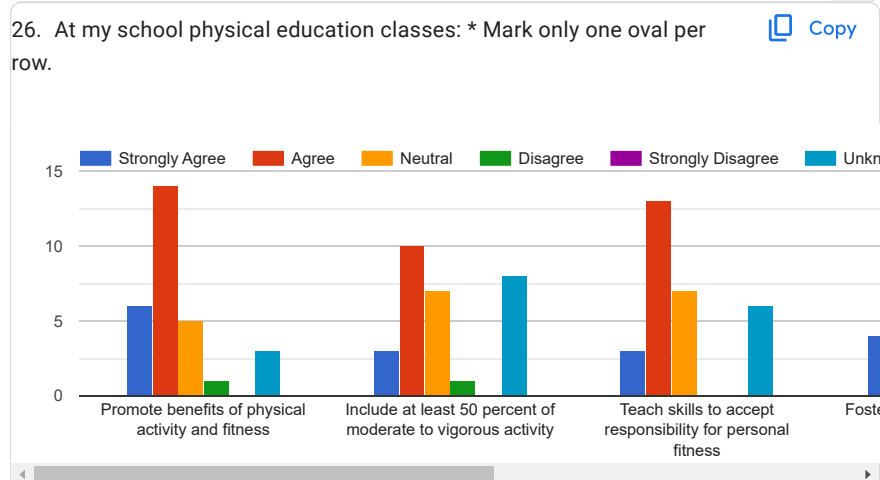
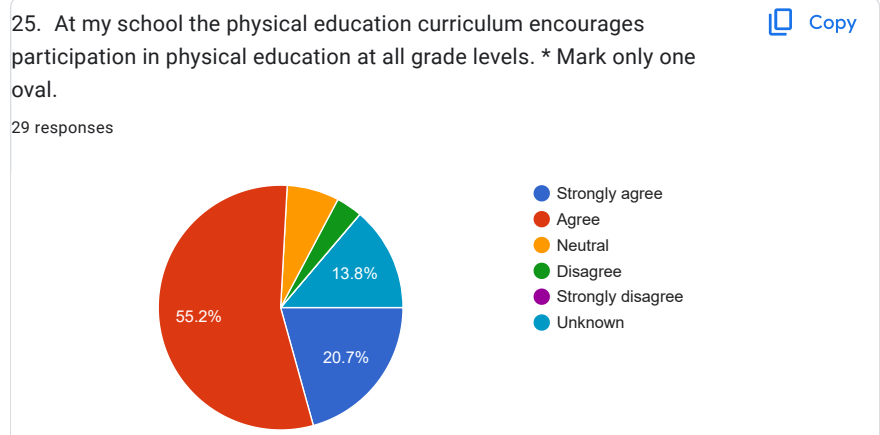
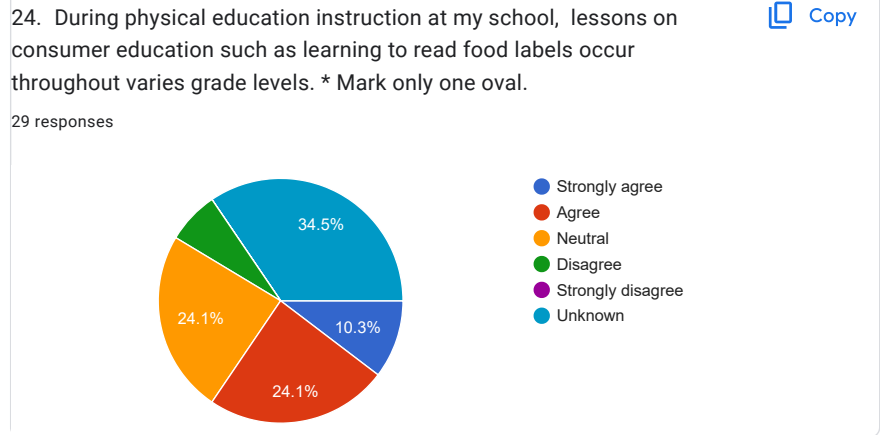


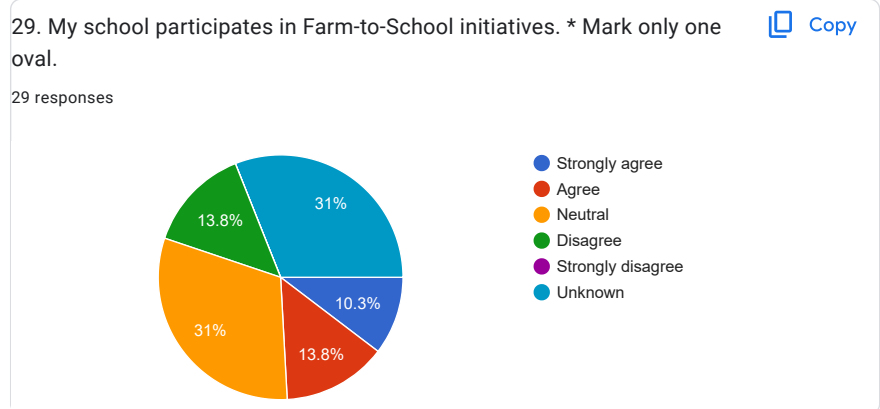
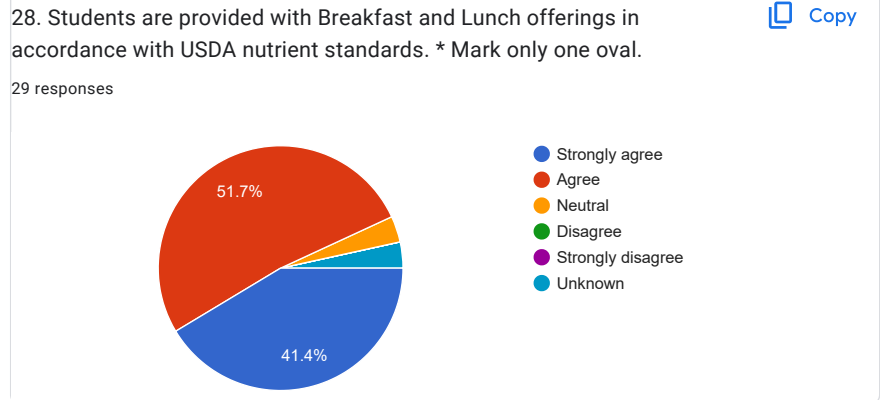
29 responses



23. The nutrition education program at my school encourages: \* Mark only one oval per row.







Comments

2 responses

There are many items in this survey that cannot speak upon. I have not asked for nor have I been exposed to many elements discussed.

The students at the end of the line complain they do not have enough time to eat their lunch. They also say that when they get to recess there is barely any time and they do not have enough time to use the restroom.

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