

Nord School

BREAKFAST MENU

2023-2024 4-week cycle

Breakfast price of \$1.85

Includes choice of 3 or 4 components: Grains or Grain+Protein, Fruit & Milk.

Reduced Price Breakfast: No cost this year for those who qualify

Breakfast begins at 8:20 AM

WEEK 1

MONDAY

WG Mini Cinnis (*%)
Choice of Fruit
Milk(%)

TUESDAY

WG Donut(%*) Choice of Fruit Milk(%)

WEDNESDAY

WG Waffles (*) Choice of Fruit Milk(%)

THURSDAY

Ult. Breakfast Round(*%^)
or Apple Cinn. Bread(*%^)
Choice of Fruit
Milk(%)

FRIDAY

WG Pop Tart(*) Choice of Fruit Milk(%)

WEEK 2

MONDAY

WG Cereal bar(*)
Choice of Fruit
Milk(%)

TUESDAY

WG Donut(%*)
Choice of Fruit
Milk(%)

WEDNESDAY

WG Muffin(*^%) Yogurt(%) | String Cheese(%) Choice of Fruit Milk(%)

THURSDAY

WG Cinnamon Roll%* Choice of Fruit Milk%

FRIDAY

WG Cocoa Cherry Bar*
Choice of Fruit
Milk(%)

WEEK 3

MONDAY

WG Mini Cinnis (*%)
Choice of Fruit
Milk(%)

TUESDAY

WG Donut(%*)
Choice of Fruit
Milk(%)

WEDNESDAY

WG Waffles (*) Choice of Fruit Milk(%)

THURSDAY

Ult. Breakfast Round(*%^) | Apple Cinn. Bread(*%^) | Choice of Fruit | Milk(%)

FRIDAY

WG Pop Tart(*) Choice of Fruit Milk(%)

WEEK 4

MONDAY

WG Cereal Bar (*) Choice of Fruit Milk(%)

TUESDAY

WG Donut(%*) Choice of Fruit Milk(%)

WEDNESDAY

WG Muffin(*^%) Yogurt(%) | String Cheese(%) Choice of Fruit Milk(%)

THURSDAY

WG Frudel(%*) Choice of Fruit Milk(%)

FRIDAY

WG Cocoa Cherry Bar(*) Choice of Fruit Milk(%)

ALLERGENS

These are only a GUIDE.