


GO AMHERST COMETS!

SEPTEMBER AJH Lunch Menu

Menu subject to change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cost for Breakfast \$2.35 Cost for Lunch \$3.60 Reduced-price meals are no cost! Milk by itself costs \$.50. Please visit www.payschoolscentral.com to add money to your child's account.	OFFERED DAILY: Pizza or Pepperoni Roll PB & J Sandwich ASSORTED FRUIT CHOICES ASSORTED MILK			1 HOT DOG w/BAKED CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS MILK
4 	5 POPCORN CHICKEN BOWL w/mashed potatoes & corn AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	6 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG. CHOICES MILK	7 BOSCO STICKS w/MARINARA AJH PIZZA SALAD LUNCH VEG/FRUIT CHOICES TREAT MILK	8 CHEESEBURGER w/CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS MILK
11 FIESTADAS OR BUFFALO CHICKEN DIP w/CHIPS FRENCH BREAD PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	12 BONELESS WINGS W/ TRI TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	13 CHICKEN, BACON, MOZZ SAND. OR TOASTED CHEESE AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	14 MACARONI & CHEESE w/ SOFT PRETZEL AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	15 MINI CORN DOGS or SP. CHICKEN PATTY w/CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK
18 BEEFY CHEESE NACHOS FRENCH BREAD PIZZA SALAD LUNCH FIESTA RICE, REFRIED BEANS FRUIT/VEG CHOICES MILK	19 CHICKEN FRIES BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	20 CHICKEN PATTY W/ BAKED WAFFLE FRIES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	21 MOZZARELLA STICKS w/ MARINARA SAUCE AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES TREAT /MILK	22 CORN DOG w/CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS MILK
25 WALKING TACO SALAD LUNCH CALZONE FIESTA RICE, REFRIED BEANS FRUIT/VEG CHOICES MILK	26 POPCORN CHICKEN W/ TRI TATERS AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	27 CHICKEN PATTY W/ BAKED SMILES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK	28 CHEESEBURGER W/ FRIES AJH PIZZA SALAD LUNCH FRUIT/VEG CHOICES MILK/TREAT	29 SPICY CHICKEN PATTY OR GRILLED CHICKEN w/CHIPS PIZZA CRUNCHERS SALAD LUNCH FRUIT/VEG CHOICES BAKED BEANS/MILK

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Email Deanne Kelbley, RD, LD, SNS with any questions about the National School Breakfast & Lunch Programs:

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