



Victor Valley Union High School District

Physical Education Exemption Form

"All high school pupils, except pupils excused or exempted pursuant to Education Code Section 51241, shall be required to attend upon the courses of physical education for a total period of time of not less than 400 minutes each ten school days" (Education Code Section 51222[a]).

Student First Name: _____

Student Last Name: _____ Middle Initial: _____

Student ID: _____ Anticipated Graduation Year: _____

Birthdate: _____

Current Grade: _____ Age: _____

Exemption Type (See requirements A, B or C below)

☐ Temporary ☐ Two-Year ☐ Permanent (16 years old)

Student Explanation for Exemption Request:

Student Signature: _____ Date: _____

I approve of my child's request for a physical education exemption.

Parent/Guardian Name: _____

Relationship: _____

Parent/Guardian Signature: _____

Date: _____

Physical Education Exemption: I recommend to the Superintendent and Board of Education that the above-named student be granted a physical education exemption and that they meet the requirements.

Authorizing School Official Role

Name/Title _____

Signature _____ Date: _____

Verification of 9th Grade Physical Fitness Exam: ___Passed ___Failed _____ Initials

Requirements for exemption types:

A) TEMPORARY - temporary exemption to a pupil from courses in physical education, if the pupil is one of the following:

- (1) Ill or injured and a modified program to meet the needs of the pupil cannot be provided.
 - (2) Enrolled for one-half, or less, of the work normally required of full-time pupils.
- (EC Sec. 51241
[a][1][2])

B) TWO-YEAR - an exemption from courses in physical education for two years any time during grades eleven to twelve if the pupil has met satisfactorily any five of the six standards of the physical performance test administered in grade nine pursuant to Section 60800. (EC Section 51241 [b][1])

C) PERMANENT - Permanent exemption from courses in physical education if the pupil is sixteen years of age or older and has been enrolled in the 10th grade for one academic year.

Student athletes that are exempted from physical education courses for 4 years are required to participate in taking the FITNESSGRAM™ in grade 9. These students must take PE Grade 9 Beginning and earn a passing grade.

Exhibit: Victor Valley Union High School District

Version: January 20th, 2022