

KEEP YOUR MIDDLE & HIGH SCHOOL STUDENTS ON TRACK

PRIORITIZE ATTENDANCE

Even as children grow older and more independent, families play a key role in making sure students access learning opportunities and understand why attendance is so important for success in school.

- Check your child's attendance. Parents/guardians can log into ParentVUE to view attendance. For support with accessing and using ParentVUE, visit the [ParentVUE Information webpage](#).
- Talk about the importance of showing up to school every day.
- Help your student maintain daily routines, such as finishing homework and getting a good night's sleep.
- If your child has anxiety about going to school, discuss possible options with your child's teacher, counselor or principal.

HELP YOUR STUDENT STAY ENGAGED

- Ask your student if they feel engaged in their classes. Ask if they feel safe and welcome in their school.
- Make sure they aren't missing classes because of challenges with behavioral issues or school discipline policies. If so, contact your student's counselor to discuss.
- Monitor their academic progress and seek help from teachers or tutors, if necessary. Make sure teachers know how to contact you.
- Stay on top of their social contacts. Peer pressure can lead to skipping school. Students without many friends can feel isolated.
- Encourage them to join meaningful after-school activities, including sports and clubs.
- Notice and support them if they're showing signs of anxiety.

COMMUNICATE WITH THE SCHOOL

- Report absences. Parents/guardians can report absences in ParentVUE. This only applies to excused, full-day absences. Partial-day or previous absences must be reported directly to your school's office.

