



# MENTAL HEALTH LUNCH & LEARN

*Join us for an engaging session packed with expert tips and strategies that will empower you to create a nurturing and inclusive environment for students, staff and families. Ignite positive change in your school district.*



## Who Should Attend:

- ✓ District Leaders of Student Supports
- ✓ School Counselors & Social Workers
- ✓ Prevention/Intervention Specialists
- ✓ Student/Staff Support Staff

## Dates: (11:30 - 12:30pm)

- October 26, 2023
- January 30, 2024
- April 25, 2024

***You'll discover a treasure trove of resources, innovative products/platforms, and best practices to enhance your mental health support initiatives.***

## Contact Us:

- 📞 [granville.freeman@mresa.org](mailto:granville.freeman@mresa.org)
- 🌐 [www.mresa.org](http://www.mresa.org)

*Click on the dates to register for individual trainings*

**REGISTER NOW**

