

# PROFESSIONAL LEARNING OPPORTUNITY

## *Resilience*

Hello,

we are here to provide you with the tools and resources to navigate the ever changing world we live in and how it effects you and your students


## BUILDING RESILIENCY



**COBB**  
COLLABORATIVE  
*Educating. Engaging. Empowering.*

## CONTACT US NOW

**REGISTER NOW**

 [communications@cobbcollaborative.org](mailto:communications@cobbcollaborative.org)




**CONNECTIONS MATTER**  
developing *brain • relationships • community*  
**GEORGIA**

[www.cobbcollaborative.org](http://www.cobbcollaborative.org)

## WE OFFER


### connections matter GA



To increase awareness of Adverse Childhood Experiences (ACEs) and focus on the prevention of future ACEs and building resiliency through caring connections.


*\*CEs for LPC, LCSW, LMFT, Law Enforcement, and Bright from the Start*

### connect now ga



To teach skills for providing initial help to young people experiencing mental health problems such as depression, anxiety disorders, psychosis, and substance use disorders.

### community resiliency model (CRM)



The primary focus of this skills-based, stabilization program is to re-set the natural balance of the nervous system.

Helping to create “trauma-informed” and “resiliency-focused” communities.

**Let's grow together**