

## 2023-2024 Middle School Athletic Participation Registration Checklist

The items listed below must be complete before your student can begin participation.

**Student Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**School:** \_\_\_\_\_ **Sport:** \_\_\_\_\_

Copy of current sports physical turned into office on: **Date** \_\_\_\_\_  
▪ Sports physical completed on: **Date** \_\_\_\_\_

Athletic Fee Paid - \$50  
▪ Notes:

Middle School Authorization for Athletic Participation

Emergency Information Card  
▪ This card must be completed by a Parent or Guardian

Middle School Athletic Code of Conduct

Uniform agreement  
▪ I hereby agree to accept full responsibility for the district uniform issued to my child. If any equipment or uniform pieces are lost or damaged (beyond normal wear), I agree to pay for replacement. I am further aware that if my student's uniform is not returned to the school within two weeks of the completion of the season, that Adams 12 Five Star Schools will bill me \$100 for the uniform.

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_





2023-2024 AUTHORIZATION FOR MIDDLE SCHOOL ATHLETIC PARTICIPATION

Athletic Department

WARNING TO PARENTS/GUARDIANS AND STUDENTS WITH RELEASE

By its very nature, competitive athletics may put students in situations in which SERIOUS, CATASTROPHIC and perhaps, FATAL ACCIDENTS may occur.

In addition, the World Health Organization, the US Center for Disease Control, and the Governor of the State of Colorado have declared a global, nationwide and statewide pandemic of the coronavirus that causes the disease called COVID-19.

Students and parents/guardians must assess the risks involved in such participation and make their choice to participate in spite of those risks.

Athletes have the responsibility of reporting their injuries/illnesses/symptoms to their parents, and coaches. I realize that my physical condition is dependent upon accurate medical history and disclosure of all symptoms, complaints, illnesses, prior injuries and/or any disabilities.

By granting permission for Participant to participate in athletic competition, I acknowledge that such risk exists. I hereby give my consent for my son/daughter/child/ward/student to compete in athletics in Adams 12 Five Star Schools approved middle school sports programs, and I have read and understand this form.

Parent/Guardian Signature Date

By choosing to participate, I acknowledge that such risks exist.

Student Signature Date

TRANSPORTATION NOTICE AND RELEASE

Transportation for middle school students to and from most activities, events, matches, and games will be provided as long as it does not interfere with daily school bus routes.

I acknowledge, agree and understand that the District does not insure, endorse, approve or sponsor any form of non-District transportation, whether by parents, students or otherwise, to and from District off-campus activities or events.

Parent/Guardian Signature Date

**Emergency Information Card**  
(A Parent or Guardian must complete this card)

Name of Athlete \_\_\_\_\_ Date of Physical \_\_\_\_\_  
(Print)

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Mother Cell/Work \_\_\_\_\_ Father Cell/Work \_\_\_\_\_

Person to contact in case a parent/guardian cannot be reached:

Name \_\_\_\_\_ Relationship to Athlete \_\_\_\_\_ Phone \_\_\_\_\_

Do you have any of the following conditions?

<b>Allergies</b>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	If yes, to what? _____
<b>Asthma</b>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	
<b>Diabetes</b>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	
<b>Seizures/Epilepsy</b>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	
<b>Concussions</b>	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>	If yes, date/grade ____ / ____ date/grade ____ / ____ date/grade ____ / ____

Do you have any previous or existing injuries/surgeries/conditions/illnesses (including but not limited to COVID-19) that might affect your athletic participation?

If yes, describe: \_\_\_\_\_

I give the health care provider (e.g. health aide/district nurse), as necessary at \_\_\_\_\_ middle school permission to evaluate and treat common injuries/wounds that might occur as a result of participating in athletics. In the absence of the health aide/district nurse, the coach will use his/her best judgment to assist the injured athlete. I have read and understand the Medical Disclaimer on the bottom of this document.

**Emergency care:**

In the event of an emergency, the coach is responsible for the following:

- A. Caring for the athlete. (Notify health aide/district nurse).
- B. Contact parents or guardian of the athlete. If parent or guardian cannot be reached, contact person designated on emergency card.
- C. If needed, seek professional care for the athlete.
- D. If needed, call "911".
- E. If student is transported by ambulance or sent to hospital, contact the District Emergency Communications Center at (720) 972-4911.
- F. Complete a District accident report.
- G. Notify the school Athletic Director and/or the District Athletic Director.

**Medical Disclaimer:**

Athletes have the responsibility of reporting their injuries/illnesses/symptoms to their coach and the health aide/district nurse at their middle school. I realize that my physical condition is dependent upon accurate medical history and disclosure of all symptoms, complaints, illnesses, prior injuries and/or any disabilities. I affirm that I have fully disclosed any prior medical conditions and will disclose any future conditions to my coach and the health aide/district nurse at my middle school. I also understand that by participating in my sport there is a possibility that I could suffer a head injury/concussion. I understand the importance of immediate reporting of symptoms to the coach/health aide/district nurse.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Student Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_

This middle school athletic code of conduct (Code of Conduct) applies to students participating in any Adams 12 Five Star Schools' interscholastic athletics program. Student participants include team members and team managers (Participants).

Participants represent their team, middle school, and community. It is important, therefore, that Participants maintain high standards of conduct at all times. Since participation in interscholastic athletics programs of Adams 12 Five Star Schools (the District) is a privilege, not a right, maintenance of such high standards, as reflected in District Policy and each District middle school's rules and procedures, is a condition of team membership and participation.

Participants are responsible for knowing District Policy and school rules/procedures.

Participants are expected to conduct themselves in a commendable manner at all times during interscholastic athletics, and toward opponents, teammates, officials, and spectators, regardless of where the activities occur.

The following activities are prohibited by this Code of Conduct at any time, whether on or off District property:

1. Consumption or possession of tobacco/nicotine (including electronic smoking devices), drugs, or alcohol in any form and any quantity
2. Hazing
3. Physical altercation
4. Theft
5. Property damage
6. Lewd or obscene comments or gestures
7. Ethnic or racial slurs
8. Derogatory statements or gestures
9. Any form of bullying, intimidation, or harassment
10. Any other behavior prohibited by District Policy or school rules/procedures

#### Sanctions

The following progressive discipline protocol represents the minimum sanctions for violation of this Code of Conduct. A Participant may also be required to complete an education-based program or activity as a consequence of violating this Code of Conduct. At the discretion of the principal or designee, a serious violation of District Policy/school rules may result in more severe discipline and more limited team participation than what is listed here.

- The first violation will result in an immediate suspension from one contest.
- A second violation will result in an immediate suspension from two contests.
- A third violation and any subsequent violation will result in an immediate suspension from participation in all District middle school athletics programs for one calendar year. Future participation following the suspension will be at the sole discretion of the principal.

Participants who are suspended from contests may be required to attend all practices if they have not also been suspended from school, but may NOT dress in team uniform or compete in any contests while suspended. For purposes of this Code of Conduct, scrimmages are not considered contests.

School suspension is separate from a suspension pursuant to this Code of Conduct and will be treated as such. Therefore, suspension from contests do not count during days of school suspension. Participants must re-establish their student status through re-entry after school suspension before serving the suspension imposed pursuant to this Code of Conduct.

#### Process

- Prior to imposition of any suspension pursuant to this Code of Conduct, the principal or designee shall have an informal conference with the Participant regarding an allegation that the Participant has violated this Code of Conduct, and allow the Participant to respond to such allegation.
- A Participant who has been determined to be in violation of this Code of Conduct may be granted an appeal to a District-wide committee composed of two middle school athletic directors and two athletic coaches, one from the building of the appealing Participant, and chaired by the District athletic director. Requests to appeal must be made within one week from the date of the decision to suspend the Participant pursuant to this Code of Conduct.
- The Participant and/or Participant's parent/guardian shall be responsible for providing any documentation in support of the appeal.
- Decisions made by the District-wide appeal committee shall be final.

Spectator expectations

Parents/guardians, family members, and other spectators play a vital role in the middle school athletic programs' experience; their words and actions can serve to build up or tear down Participants. As a result, District and school staff are asking for spectators' support in providing a positive environment at middle school athletic contests.

The District is committed to safety, good sportsmanship, and fair play. Respect for the opposing team, all coaches, game officials and each other before, during and after each contest is of the utmost importance.

Adams 12 Five Star Schools encourages the following at athletic contests:

- Enthusiastic support of your team/Participants
- Good sportsmanship
- Family friendly atmosphere
- Commitment to safety
- Welcoming attitude to all spectators and visitors

Unacceptable behaviors at Adams 12 Five Star Schools athletic contests include:

- Verbal abuse of Participants, students, spectators, officials or District staff
- Disruptive or unruly behavior
- Lewd or obscene comments or gestures
- Entering the playing surface at any time
- Approaching officials before, during or after the contest
- Being under the influence of or the use, possession, distribution, service or sale of alcohol, drugs, other controlled substances and other illegal contraband. This includes marijuana, even if legally purchased through retail establishments or prescribed.
- Any other behavior prohibited by applicable District Policy

School administrators and/or their designees may direct spectators who fail to behave in a positive and respectful manner to leave the event and may impose conditions or a total ban on the spectator's future attendance at athletic contests, in accordance with District Policy. We encourage all spectators to "cheer for your team!"

**We have read, understand, and agree to abide by this Code of Conduct and Spectator Expectations.**

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Student Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_



**MS Sports Eligibility policy  
2023-2024**

Participating in athletics is a privilege and we want our student-athletes to demonstrate great character both in sports and in the classroom. Student-athletes are expected to be respectful and participate in the classroom.

**Attendance**

A student-athlete with 3 or more unexcused class period absences or 6 or more unexcused class period tardies will not be eligible for the next scheduled competition day. Attendance will be pulled between competition dates and if a student is found to have more than the number of unexcused absences or tardies listed above, they will be ineligible for the next scheduled competition date.

**Behavior**

If a student-athlete is suspended (ISS or OSS) at any time during the season, they will be ineligible for the next scheduled competition day.

August 1, 2023

Dear middle school Student-Athlete and Parent:

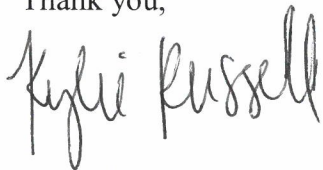
Thank you for choosing to participate in the middle school athletic program within Adams 12 Five Star Schools.

Beginning with the 2023-2024 school year, Adams 12 Five Star Schools will implement a middle school athletic participation fee. Participation fees help support, in part, the costs (equipment, transportation, coaches, game officials, etc.) associated with our interscholastic middle school sanctioned sports.

The new participation fee per sport will be \$50 (maximum of \$100 per participant per academic year).

Students participating in the free and reduced price lunch program will continue to receive assistance with athletic fees so that all students have an opportunity to participate in district athletic programs.

Thank you,



Kylie Russell  
District Athletics and Activities Director  
Adams 12 Five Star Schools





## Adams 12 Middle School Sports Handbook

2023-2024

### General Purpose

To promote controlled situations that will help Middle School students learn the value of competition, self-discipline, and pride in accomplishment. To provide consistency for all schools in the conduct or promotion of controlled activities.

### Philosophy

The Adams 12 Middle School Athletic Association seeks to provide competitive and/or non-competitive activities of a kind that will best promote good sportsmanship, character, physical development, coordination, and a wholesome interest in activities for all students.

Schools should effectively accommodate both the interests and abilities of students for maximum participation in a meaningful educational experience. The physical and mental maturity of all participating students should govern the scope of each activity.

### Eligibility of Players

To represent a school in any interscholastic athletic competition a student must be eligible under the following rules.

- Students must comply with participation eligibility as per home school district guidelines.
- Students must have a completed physical on file with the school.
- Grade division: Seventh grade students will participate in 7th grade contests only. Eighth grade students will participate in 8th grade contests only. (Exception- unless schools have mixed-level teams as approved by the District AD)
- Participating in athletics is a privilege and we want our student-athletes to demonstrate great character both in sports and in the classroom. Student-athletes are expected to be respectful and participate in the classroom.
  - **Attendance-** A student-athlete with 3 or more unexcused class period absences or 6 or more unexcused class period tardies will not be eligible for the next scheduled competition day. Attendance will be pulled between competition dates and if a student is found to have more than the number of unexcused absences or tardies listed above, they will be ineligible for the next scheduled competition date.
  - **Behavior** If a student-athlete is suspended (ISS or OSS) at any time during the season, they will be ineligible for the next scheduled competition day.

## **Minimum Practices**

- Adams 12 Middle School Athletic Association will allow a maximum of 3 practices a week and practices must be limited to 1.5 hours or less.
- Adams 12 Middle School Athletic Association requires at least 2 practices prior to an athlete competing in a league event.
- Each school may hold an additional 4th practice on weeks with no games/events and 3 practices on weeks with one game/event. It is recommended that practices take place for 1-1.5 hours. (maximum 1.5 hours)

## **Officials**

- It is recommended that game officials be members of a recognized official association. Officials used in tournaments should be registered officials from the local official's association. In the event that officials are not available, schools may use an alternate official as approved by the school AD to officiate a game.

## **Coach Ejections**

- A coach ejected from a contest for committing an unsportsmanlike act shall be suspended from coaching for the next regularly scheduled match or contest. He/she may not coach in any other contest at any level during this time.
- If an Adams 12 coach is ejected, that coach will be responsible for meeting with the District AD and Superintendent.

## **League Start Date and Schedules**

- Athletic Directors will work with the District AD to agree on start date for the following year
- Ideally, member schools shall agree upon schedules for the next year's contest no later than the last meeting in June.

## **Season Dates**

- Cross Country: August-October
- Girls Basketball: October-December
- Girls Volleyball: January-March
- Boys Basketball- March-May

## **Team Banquets and Pictures**

- Individual schools and teams will determine if they will have an end of the year team banquet
- Individual schools and team will determine if they will have team and individual pictures

## **Cross Country (Boys and Girls)**

### **6th, 7th & 8th grade**

#### **Meet Limitations/Scoring**

- Any athlete may participate in any regular season cross country meet.
- MS cross country meets will be 2 miles in length.
- Meets will consist of a girls race and a boys race.
- Scores will be taken on the top 7 runners identified pre-race for each school, with the top 5 of them being scored. All other runners will still be timed but not scored.
- Each race will begin with a waterfall, scored runners going first and then the rest of the group shortly after.

#### **District Meet and Trophies**

- The end of the season district meet will be scored and awards will be given.
- Awards will be given as follows:
  - Trophies for 1st, 2nd and 3rd place teams (boys and girls)
  - Medals for 1st, 2nd and 3rd place individuals (boys and girls)
  - Ribbons for 4th, 5th, 6th, 7th, 8th place (boys and girls)