

**JUMP! DUCK! KICK!
DISCIPLINE! CONFIDENCE! FUN!**



KARATE-X

EXTRACURRICULAR MARTIAL ARTS PROGRAMS



CHESTNUT HILL ACADEMY

Classes Begin September 18th!

Join Karate-X this year for awesome classes that are disciplined, challenging and fun! Students will learn and practice Karate skills with punching bags, breaking boards, blocking drills, kicking targets and more! Karate-X has been teaching in the Puget Sound for 25 years, with a Martial Arts program specifically designed for preschool and elementary students. Our professional instructors know how to motivate kids while building self-confidence and discipline. Belt rank testing is held at the end of each session, giving students goals to aim for and recognition of their accomplishments. Thousands of kids have enjoyed Karate-X classes, and yours will too!

FALL SESSION: Sep 18,25 Oct 2,9,16,23,30 Nov 6,13 Dec 4,11 (no class Nov 20,27)

MONDAYS K-5th Grade 3:45-4:45pm

\$329 Returning Students (includes \$45 belt test fee)

\$396 New Students (includes \$45 belt test fee & \$65 uniform/registration fee)

please register as new or returning student

Register online at:

www.karate-x.com/registercha

CLASSES FILL QUICKLY! REGISTER TODAY!