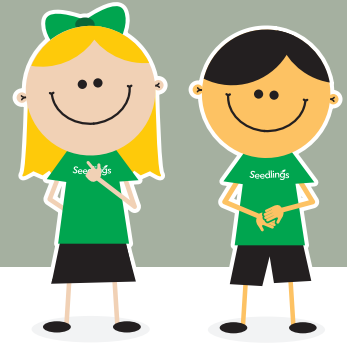


Peace MARCH 2024



SAY IT:

I can share.

KNOW IT:

FAMILY DISCUSSION TIME:

- Has anyone ever done something mean to you, but you chose to forgive them?
- Describe a time when you did something wrong, but someone else forgave you.
- How did it feel when someone forgave you?

SEE IT:

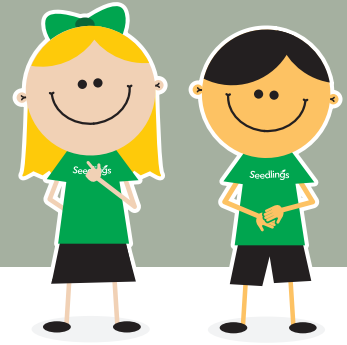
Watch [this video](#) to be inspired to share with friends. You can share toys, bats, gloves, and even super awesome dance moves. Talk about being a good friend and sharing with others. Throughout the month, look for people sharing in your community and talk about what you see.

BE IT:

One night this week, have a family “share” dinner together. Each person in the family can create something to share. Your dinner might be full of random favorites, but that’s what makes it fun. Put away all electronic devices while you are eating. Have each person share their highs and lows from the day or something that they are looking forward to. The key to having a peaceful and fun night is to practice listening to others as they share their thoughts and ideas.

PHASE

Peace
MARCH 2024



It's pretty simple – the words we use with kids matter.

Our words have an impact each day on what kids think of themselves, their future, and their interactions with the world. Here are some words you can use every day:

Good morning!

I love you

I have noticed...

I hope you know...

Have fun!

Keep trying

I'm really proud when...

Work hard

I've been thinking...

I'm sorry

Be kind

I can always count on you to...

So don't miss it. It's just a phase! Make sure you are using words every day to build up the skills you want to see in your child.