



Responsibility JANUARY 2024

SAY IT:

Repeat the definition 3 times before you get out of bed.

Responsibility: Proving you can be trusted with what is expected of you

KNOW IT:

ASK A GROWN-UP:

- What are some of your responsibilities at work? What happens if you don't follow through on your responsibilities?

ASK A KID:

- Who do you know that shows responsibility? What are some ways you could try to show more responsibility?

SEE IT:

There are many different examples of ways to be responsible. Think of some ways you can show responsibility at school, home, with your friends, and for yourself. In the popular children's book *Pigeon Wants a Puppy*, the Pigeon explains why he wants a puppy. You can check out the book from the library, or you can watch a read-aloud on YouTube. What do you think? Should the Pigeon be responsible for a puppy?

BE IT:

If you do not already have a list of chores at your house, create a list. Come up with as many things that the kids in the family can do. Make a chart of how often the chores need to be done. Come up with a reward system to celebrate responsibility. Some families pay an allowance based on chores. Others plan special trips or award extra computer or TV time when a certain goal is achieved. Come up with a plan that helps the kids show more responsibility. If you already have chores, maybe now would be a good time to add some additional kinds of responsibility.

PHASE

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In the elementary years,
a child develops skills that
equip their future.

Here are three questions that all elementary-aged children are asking:

1. Do I Have Your Attention?

In Kindergarten and first grade, a child craves adult attention and approval.

2. Do I Have What It Takes?

In second and third grade, a kid wants to know how their abilities compare with peers.

3. Do I Have Friends?

In fourth and fifth grade, a kid begins to prioritize friends in a new way.

Relationships create a safe place to resolve who we are. Relationships bring clarity. When kids see themselves the way a loving adult sees them, it changes how they see themselves.