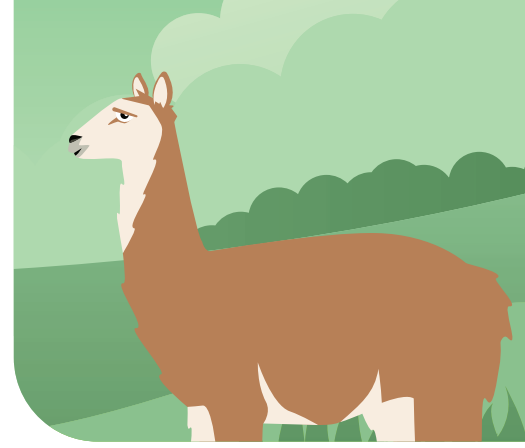


Generosity

DECEMBER 2023



SAY IT:

Repeat the definition 3 times before you eat dinner.

Generosity: Making someone's day by giving something away

KNOW IT:

ASK A GROWN-UP:

- What are some ways that you like to show generosity?
- Can you remember a time when someone was generous to you? How did that make you feel?

ASK A KID:

- Do you know anyone who shows generosity to others? In what ways are they generous?

SEE IT:

There's a popular saying you may have heard: "It's more blessed to give than to receive." That sums up the idea of generosity. Many people have experienced the incredible feeling of being generous. We can be generous with our money, belongings, or even our time. Watch this book called *George the Generous Giraffe*: <https://youtu.be/XCv44gU7mmU>. In what ways did George show generosity to the other animals? How did this make the other animals feel? How did it make George feel? Discuss ways that you could be more like George and show generosity to others.

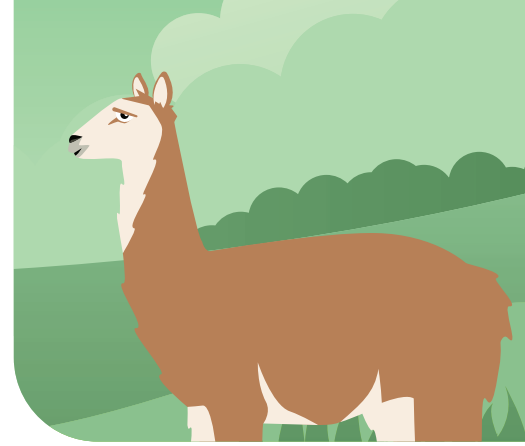
BE IT:

Design a family generosity project to do this December. Look for opportunities in your community to show generosity. You could volunteer at a local food pantry, donate some toys to a Christmas toy drive, buy socks and gloves for the local homeless shelter, or even sign up to ring the bell for the Salvation Army. If you look around, you will find tons of opportunities to show generosity to others in your community. If you need some more ideas, ask your school counselor if they know of any ways you and your family can show some generosity this month.

PHASE

Generosity

DECEMBER 2023



By the time kids hit upper elementary, they begin to realize their first major crisis: **Friendship.**

This isn't just something that happens to our fourth and fifth graders. Believe it or not, research is beginning to show that by kindergarten many kids are testing the power of their influence and seeking connections with friends at any cost.

Meaning, as soon as they become aware there are other people in the world besides them, they start making decisions based on the sort of friends they want to attract.

Here are a few ways you can help your elementary kids develop friendships.

- Help them develop self-confidence.
- Widen the circle of people around them to include adults you trust.
- Ask questions about what's happening in their friendships.
- Don't freak out! Every Phase is new for your child and you as a parent, so there will be some bumps in the road.

So don't miss it. Developing friendships is a part of being a kid, and each one is learning as they go.