

Integrity OCTOBER 2023



SAY IT:

I will make good choices, even when no one is watching.

KNOW IT:

FAMILY DISCUSSION TIME:

- How does it make you feel when someone doesn't tell the truth?
- Talk about a time when making a good choice was hard to do.
- How do you know if you are making a good choice?

SEE IT:

Watch this [fun video](#) about Melfyn, a little magic scout, trying to earn badges on her way to Mount Moral. She learns a few lessons about making good choices along the way. After watching, discuss how it's more important to make good choices and be kind to others than to win a competition.

BE IT:

Have a family dinner together one night this week and talk about good choices you had to make that day. Discuss how having integrity is a choice and it's not always easy to make the right choice. We don't always get rewarded for making good choices, but our hearts feel happy and that's the best reward!

PHASE

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Before you can lead someone where they need to go, you need to know where they are.

That's why it helps to understand what's changing...physically, mentally, relationally, culturally, emotionally, and morally.

The more you know them, the more they will...

- Know they matter.
- Believe they can win.
- Feel like they belong.
- Decide what they should do.

Remember, if you don't know who you are talking to, you can't really expect them to listen.

So don't miss it. The better you understand who your kids are now, the better they'll understand who they're meant to be.