

## Creativity AUGUST 2023



### SAY IT:

I can dream and imagine.

### KNOW IT:

#### **FAMILY DISCUSSION TIME:**

- What is the most creative thing you did when you were a kid?
- Did you have any games you played with your friends that took a lot of imagination?
- If you could use your imagination to go anywhere, where would you go?

### SEE IT:

There is a wonderful picture book called *The Dot* by Peter H. Reynolds. Check out the book from the library or find a read-aloud of the [book on YouTube](#). Watch together as Vashti explores art and creativity in a fun and beautiful way.

### BE IT:

Take some time to look over what you will be learning at school this month or this year. What are some creative ways you can bring your lessons to life? Consider drawing pictures, making a cartoon, putting on a play, taking a field trip, writing a song, or any other way you can display your awesome creativity.



## What is a Phase?

**We've all said it: "It's just a phase." Meaning that your child will get through whatever irritating moment in time he or she happens to be in right now.**

But what if we flip that? What if instead of eagerly awaiting the moment when your child will grow out of it, we embraced each Phase as a moment of time that we will never have again?

What if a Phase became: A time frame in a kid's life when you can leverage that moment to influence their future?

If you're a planner, you may be concentrating on the future – a phase your child will be in sometime in the future.

If you are nostalgic, you may be focused on what your child used to be like.

But instead, let's focus on how we can use this year, these next 10 months, to influence our kids for the best possible outcome.

So don't miss it. **It's just a phase!**