

JH Football Info 2023

- Equipment pick up will be 1pm-3pm, Friday Aug. 11th at the field house.
- Must have a physical by 1st day of practice or you might miss the first game.
- **1st day of school:** Aug. 16th - **No before or after school practice the first day.**
 - 7th Grade meets in JH cafeteria for 1st period @ 8:00.
 - 8th grade meets at Fieldhouse for 8th period.
- **2nd day of school: Aug 17th**
 - **7th Grade:** fieldhouse doors open at 6:15am, we are dressed and take roll at 6:45am, don't be late!!!
 - Practices will be **Early Mornings** and will vary from day to day, a schedule will be made available from week to week. You will **not** be able to ride the bus and play football.
 - **8th Grade:** We start practice 8th period and finish practice after school around 5:00ish (exact times might vary slightly depending on tutorials, games, etc.) I will send out a weekly practice schedule
 - All games are played on Thursdays: 7B (4:30), 7A (5:30), 8B (6:30), 8A (7:30)
 - It will take us the first couple of weeks to decide who will be on the A or B teams. We could also move people from team to team throughout the season. By September 1st, they will know if they are starting the season on the A or B team.
- Equipment you will need to buy: Cleats (black, white, gray, can have a little Vegas gold on them) and everything else will be provided. We practice in girdles, not pants. We issue girdles but you may want to buy your own. Girdles **must have 5 pads** built in, two hip, two thigh, and a butt pad. During practice we also wear pull up knee pads, similar to volleyball, we have plenty but you may also buy your own pair, they need to be black. On game days we wear black football pants and we have plenty but you may purchase a pair of black football pants with built in pads if you want.
 - You will wear our clothing, no outside shirts or shorts unless medically needed (can wear your own girdles). Any other equipment will have to be approved by a Coach. Chin strap covers are allowed if black, gray, or white. We do not allow wristbands, head bands, etc. Game socks need to be black, white, or gray, practice socks can be any color. Please ask before you buy the equipment to make sure it is approved. We will assign you a locker and a lock at the field house and you can bring a towel, soap, toothbrush, and deodorant to keep in your locker that way you can get ready for school after practice. **7th graders will shower in the mornings!!!**
- Make sure to sign up for the Remind (it is a main form of communication), or you can email questions at crice@kaufman-isd.net. Thank you and let's have a great year!!!
- Clifton Rice (JH Boys Coordinator), Derrick Alexander, Jason Blackmon, Drue Armstrong