



Ellesmere College Swimming Academy Report

April 2023

British Swimming Championships 2023

A cohort of 8 ECSA members made their way to the steel city of Sheffield for the British Championships, the highest level of domestic competition in Great Britain. The competition ran for 6 days, from 4th-9th April 2023.

All of the ECSA members who raced stepped up to the plate and performed on this major domestic stage. The aim was to continue to progress our process goals, stepping up and leaving our stamp whilst racing amongst the best in the country.

Tuesday 4th April – Day One

Heats

- Female 150m Breaststroke
 - Anna Farr 34.56 (72nd)
 - Emily Farr 33.03 (Priority Paris final)

- Male 400m Freestyle
 - James Raw 4.04.45 PB (Junior final)

- Female 400m Individual Medley
 - Olivia Hunter 5.08.19 PB (43rd)
 - Anna Farrow 4.59.61 PB (Priority Paris final)

- Female 200 Freestyle
 - Anna Farrow 2.06.34 PB (44th)

Finals

- Female 50m Breaststroke - Priority Paris Final
 - Emily Farr 32.91 (4th)

- Male 400m Freestyle – Junior final
 - James Raw 4.03.98 PB (6th)

- Female Senior 400m Individual Medley – Priority Paris final
 - Anna Farrow 4.59.30 PB (5th)



Wednesday 5th April – Day Two

Heats

- Female 50m Butterfly
 - Anna Farrow 28.92 (51st)

- Male 100m Backstroke
 - Oscar Dodds 58.50 PB (46th)
 - Jake Hutchinson 58.00 PB (Junior final)

- Female 200m Breaststroke
 - Emily Farr 2.37.66 (27th)

Finals

- Male 100m Backstroke – Junior final
 - Jake Hutchinson 58.79 (8th)

Thursday 6th April – Day Three

Heats

- Male 400m Individual Medley
 - Oscar D 4.36.91 (Junior final)

- Female 200m Butterfly
 - Olivia Hunter 2.19.76 (Priority Paris final)

- Male 100m Freestyle
 - Jake Hutchinson 52.13 (53rd)

- Male 1500m Freestyle
 - James Raw 16.35.61 (31st)
 -

Finals

- Male 400m Individual Medley – Junior final
 - Oscar Dodds 4.30.57 PB (1st)

- Female 200m Butterfly – Priority Paris final
 - Olivia Hunter 2.20.29 (6th)



Friday 7th April – Day Four

Heats

- Female 200m Backstroke
 - Millie Wells 2.21.63 (43rd)

- Male 100m Butterfly
 - Jake Hutchinson 55.12 PB (Open B final)

- Female 100m Freestyle
 - Anna Farrow 58.59 PB (53rd)

Finals

- Male 100m Butterfly – Open B final
 - Jake Hutchinson 55.64 (8th)

Saturday 8th April – Day Five

Heats

- Female 200m Individual Medley
 - Anna Farr 2.25.61 (53rd)
 - Anna Farrow 2.20.46 PB (Open B final)

- Male 800m Free
 - Oscar Dodds 8.39.32 PB (34th)
 - James Raw 8.31.33 PB (27th)

Finals

- Female 200m Individual Medley – Open B final
 - Anna Farrow 2.20.17 PB (4th)



Sunday 9th April – Day Six

Heats

- Male 50m Butterfly
 - Jake Hutchinson 25.04 PB (Priority Paris final)

- Female 100m Breaststroke
 - Anna Farr 1.16.56 (85th)
 - Emily Farr 1.13.09 (27th)

- Male 200m Backstroke
 - Oscar Dodds 2.05.10 (Priority Paris final)

Finals

- Male 50m Butterfly – Priority Paris final
 - Jake Hutchinson 25.06 (7th)

- Male 200m Backstroke - Priority Paris final
 - Oscar Dodd 2.04.18 PB (5th)

Six days of racing in Sheffield concluded. Well done to everyone who raced, you have done yourselves, the College, and the team proud

We now power onto **East Midlands Regionals** which start towards the end of April. A busy period for the ECSA, but one we are more than ready for. We are looking forward to the season unfolding, lots of targets still to achieve, we are just getting started.

Final totals

3 Junior finals
5 Priority Paris finals
2 Open B finals

#ItsNotMeltsWe

Follow Us On:

[ECSA Twitter](#)
[ECSA Instagram](#)
[ECSA Facebook](#)

<https://bit.ly/EllesmereCollegeSwimmingAcademy>

...