# FAMILIES HELPING FAMILIES

# RESOURCE GUIDE

**P O Box 1626, Lake Charles, LA 70602**
**1830 Ryan Street Suite A, Lake Charles, LA 70601**
**(337) 436-2570 • 1-800-894-6558 • Fax: (337) 436-2578**
**Email: info@fhfswla.org • Website: www.fhfswla.org • Facebook: www.facebook.com/fhfswla**

Our mission is to enable and empower individuals with disabilities and their families by providing information, referral, education, training, peer support, and advocacy skills.

Our vision is that all individuals with disabilities have the opportunity to attend school, live, work and play in their own community.

02/2022

# Table of Contents


Page

FHF List of Services ---- 1

Food & Clothing Services ---- 2-4

Housing Assistance ---- 4-6

Housing Authorities ---- 6

Utility Assistance ---- 6-7

Emergency & Homeless Shelters ---- 7-8

Housing Repairs ---- 8

FEMA Assistance ---- 8

Case Management & Multi Assistance Agencies ---- 8-9

Elderly Assistance ---- 9-11

Employment ---- 11

Family Services ---- 12

Transportation ---- 12-13

Legal Assistance ---- 13

Autism ---- 14-15

Referral Services ---- 15-16

Education ---- 16

Counseling Services ---- 17-19

Mental Health Services ---- 18-20

Emergency Medication ---- 20

Medication Assistance & Physical Health or Disabilities Services ---- 20-21

Medical Facilities ---- 22

# FHF SWLA Fact Sheet

Our community includes: Allen, Beauregard, Calcasieu, Cameron and Jeff Davis parishes

Our mission is to enable and empower individuals with disabilities and their families
by providing information, referral, education, training, peer support, and advocacy skills.

Our vision is that all individuals with disabilities have the opportunity
to attend school, live, work, and play in their own community.

**Information and Referral**

IMCAL Developmental Disabilities Support and Information Coordinator Trained specialist that is funded by the Developmental Disabilities Division of Imperial Calcasieu Human Services Authority to assist families to find and receive appropriate services and support in their community and facilitate the Family Empowerment Forum each year.

Resource Lending Library FHF has a large lending library with up to date information about all types of disabilities. The library is filled with books & DVD's on various topics relevant to individuals with disabilities and their families.

**Education and Training**

Louisiana Department of Education – Education Support Specialists
Conducting ongoing, rigorous, and strategic family outreach in the supported parishes of Beauregard, Calcasieu, Jefferson Davis, and Cameron. Our Education Support Specialists help parents and family members learn to effectively work with the school system to facilitate a free appropriate public education for students with special education needs.
LaCAN – Louisiana Council's Advocacy Network
LaCAN advocates for service systems that support children and adults with disabilities to live in their own homes and be fully-included and participating members of their local schools and communities. LaCAN provides information and support to individuals wishing to effectively advocate for systems change in the areas of home and community-based services, education, and employment

**Peer Support**

EarlySteps Community Outreach Specialist
The program offers community awareness and parent support for the EarlySteps program. The specialist is a parent of a child with a disability who is under the age of ten and can offer parent support as well as information and referral.
Bureau of Family Health Project - Community Resource Specialist
Our BFH Community Resource Specialist works with Children and Youth with Special Health Care Needs and their families to provide information, resources and support.
Next Chapter Book Club (NCBC)
NCBC provides people with disabilities regardless of their reading skills the opportunity to read and learn to read, talk about books, and make friends in a fun, community setting.
Individual Coaching & Peer Support
All program staff either have a child with a disability or have a disability themselves and/or some of us fit both of those criteria. Because we have unique experiences accessing services and specific training we are able to provide individual peer support and coaching to parents and people with disabilities.

In addition to these programs, the following resources are available at the FHF Resource Center:

Peer to Peer Support; Disability Resource Library (books, audio, and DVD); Speakers Bureau on topics related to disabilities; Workshops, Conferences and Presentations on a variety of topics for individuals with disabilities, family members and professionals; and a quarterly email newsletter.

FHF SWLA is funded from a diversified funding base including tax deductible donations, personal contributions, special event fund raisers, contracts, grants, and contributions from community organizations and the Louisiana Developmental Disabilities Council. The philosophy of parent/professional collaboration is inherent in FHF SWLA. FHF SWLA has always, and still shares its expertise with other parents, who wish to enhance their leadership skills, start a group, particular program or center. FHFSWLA does not endorse or promote any legislation, institutions, and/or individuals, methods of treatment or therapy.

All services are free to families and professionals.

# Food & Clothing Services

**Abraham's Tent**
(337) 721-7211 (2424 Fruge St., Lake Charles LA 70601)

- Lunches served 11:30 am to 12:30 pm six days a week. (Mon.-Sat.)

**Allen P. August Multi-Purpose Center Annex/ Calcasieu Parish Police Jury Human Service Dept.**
(337) 721-4020 Fax: (337) 721-4184 (2000 Moeling St., Lake Charles LA 70601)

- Food for seniors. Must pre-register. Third Friday of each month.

**Beauregard Community Action Association, Inc.**
(337) 463-7263 & (337) 463-7895 Fax: (337) 463-8382
(2575 Hwy 190 W. Deridder, 70634 – near Council on Aging & Beauregard Mental Health)

- Food for seniors, Low Income Home Energy Assistance (LIHEAP). Must call for eligibility requirements and availability.

**Catholic Charities**
(337) 439-7436 Fax: (337)439-7435 (1225 2nd Street, Lake Charles LA 70601)

- Serves Allen, Beauregard, Calcasieu, Cameron and Jeff Davis parishes.
- Food Pantry on 3rd Friday each month from 9 am to 12 pm.

**Calcasieu Council on Aging Meal Sites**
For ages 60+. Before you can begin receiving meals at the sites, you must have an assessment form filled out and sign up the day before you plan to eat. Most sites are open Mon-Fri from 10:00 am till 12:00 pm. Monthly menus are available. Meals are free but we will accept donations. Suggested donation is $3.00 per meal.

- Sulphur - 601 Maple St. (337) 527-4574
- Vinton Senior Center - 915 West St. (337) 589-3700
- Whispering Hope - 2501 Griffin St. (337) 436-6871
- Lake Charles Senior Center -1530 5th Street (337) 433-0668

**Christian World**
(337) 475-0157 Fax: (337) 475-0159 (2001 East Gautier Rd., Lake Charles LA 70607)

- Food pantry serves 4 zip codes: 70605, 70607, 70630, and 70646. Open the 1st & 3rd Saturday of eachmonth from 9 am to 11 am. Must have photo ID, proof of address and income for everyone in household. **FOOD ONLY!**

**Community Outreach Center**
(337) 540-9854 Fax: (337) 786 3535
(1006 E. 4th Street, Dequincy LA 70633)

- Food Pantry & Thrift Store for residents of 70633 &70660
- Open every Tuesdays of the month, 8:00a -12:00 Noon
- Bring: Proof of Income, Picture I.D., Proof of Residence

**First Baptist Church of Sulphur** 401 S. Huntington St. Sulphur, La. (337) 527-5231

- Food Pantry ONLY

**Food Stamps & Governmental Food Assistance( La. Dept. of Children & Family Services)**
1-888-524-3578 (1-888-LAHELPU) **www.dcfs.la.gov**

- Supplemental Nutrition Assistance Program (SNAP), Louisiana Combined Application Project (LaCAP), Child Care Assistance Program(CCAP), Family Independence Temporary Assistance Program (FITAP), and Kinship Care Subsidy Program (KCSP)

**Glad Tidings Food Pantry** (will do emergency if needed)
(337) 564-7177 (3400 Texas St., Lake Charles LA 70607)

- Mon. – Thurs. 9 am to 11:30 am. Bring photo ID and proof of gross income and Social Security cards for every member of household and copy of current household bill with home address.
- Can use once every 30 days.
- Only serving those in area codes 70605, 70646, 70630, 70647, 70607 & 70615 .

**God's Food Box (A Ministry of Beauregard Ministerial Alliance)**
(337)463-4449 (426 McMahon St., P.O. Box 1245, Deridder LA 70634)

- Provide food for families in Beauregard Parish and parts of Vernon Parish from Rosepine to Bailey Rd.
- Open Tues., Wed. and Thurs. from 10 am to 1 pm
- Recipients must verify residency, income and have picture I.D. ALL household members are counted as one family and income of all must be counted.
- Income levels are the same as those used for Food Stamps
- Clients can receive Food Stamps and Quarterly Commodities and still qualify for benefits with the Food Box.

**Greater St. Mary Missionary Baptist Church/ F.H. Dunn Resurrection Center**
(337) 494-7945 If no answer (337) 302-4456 Fax: (337) 494-7946 (1401 Moeling, Lake Charles LA 70601)

- Offering food only on Tues. 10 am to 2 pm.
- Offering clothing only on Mon., Wed., Thurs., and Fri. 10 am to 2 pm. Some school uniforms available.
- Must have proof of income and valid I.D.
- Emergency food boxes upon request.

**Jeff Davis Council on Aging**
(337) 824-5504 Fax: (337) 616-8622 (210 S. State St., P.O. Box 734, Jennings LA 70546)

- Public transit, meals on wheels and congregate meal site, homemaker, respite care, wellness program, recreation, Acadian on-call, material aid, and transportation – elderly (60 and above), public & Medicaid available. Food pantry for 60 and over

**Manna Ministries – St. Luke Simpson United Methodist Church**
(337) 802-3729 (1500 Country Club Road, Lake Charles LA 70605)

- Every Wednesday 9:00 a.m.-11:00 a.m. for food assistance. (Can use once a quarter.)

**Salvation Army Center of Hope**
(337) 721-8068 Fax: (337) 721-8069 (3020 Legion St., Lake Charles LA 70615)

- Mon.-Fri. 8 am – 3 pm.
- Photo ID, SSN, Proof of Income, Utility Bill for Entergy ONLY for 60 yrs. and older
- Must have food stamp letter from Food Stamp Office.

**Second Harvest Food Bank of Greater New Orleans & Acadiana (www.no-hunger.org)**
(337) 237-7711 (Lafayette); Benefit Hotline 1-855-392-9338

- Food distribution to established food pantries and feeding sites & emergency/disaster supply.
- 8 am – 12 Noon & 1 pm – 4 pm Mon.-Fri. (Lafayette office)

**Shepherd's Inn Outreach of United Christian Fellowship Church**
(337) 433-9442 (2802 Opelousas Street, Lake Charles LA70615 – In the yellow house)

- Food and clothing on Tues. & Thurs. 9 am to 12 Noon. Also Christian counseling and free Bibles.
- Bring photo I.D. and can use once every 30 days

**South Beaucare Ministry**
(2465 Texas Eastern Rd. Ragley, La. 70657) Contact: Larry & Linda Harvey (337) 526-1825

- Serves only 70611
- Bring picture ID, Bills, and Proof of income.
- Food Only on Tuesday 9am – 11am and Thursday 2pm – 4pm

**Westlake United Methodist Church**
(337) 433-8424 Fax (337) 433-9905 (704 Johnson Street/P. O. Box 536, Westlake LA 70669)

- Food Pantry for residents of the Westlake, Mossville and Moss Bluff areas operating Mon. 9:30 am to 11:30 am, Wed. 5 to 7 pm, and Fri. 9:30 am to 11:30 am; Proof of residence in Westlake/Moss Bluff/Mossville required, as well as proof of income for everyone in the household. Bring picture ID and one other item

**Water's Edge Gathering www.watersedgegathering.com**
(337) 478-3305 (2760 Power Centre Parkway Lake Charles LA 70607)

- Food Pantry Thursday 10am- 2pm

## Housing Assistance

**Bayou Bluff Apartments**
(337) 436-5722 Fax: (337) 436-5723 (2604 Laurel Ridge Ct., Lake Charles LA 70615)

- Low income apartments that are part of the LCHA but with their own application process. Some disabled units may be available.
- Applications taken at 1900 Roscoe J Moore, Lake Charles, LA 70601

**Calcasieu Parish Human Services Dept. / Continuum of Care Access Center www.cppj.net/coc**
(337) 721-4030 Fax: (337) 721-4180

- Open 8 am to 5 pm, Monday – Friday
- SNAP Benefits
- Rental Assistance (Only if threatening eviction)
- Utility Assistance (Call for eligibility status)

**Calcasieu Council on Aging HUD Section 202 Housing**

- **Must be age 62 or older to apply**
- Dequincy Elderly Housing Corporation, 301 Coward Street, Dequincy LA 70633 (337) 786-3400
- Vinton Senior Manor Corporation, 1000 Loree Street, Vinton LA 70668 (337) 589-7605
- Iowa Elderly Housing Corporation, 400 E. Miller Avenue, Iowa LA 70647 (337) 582-2450
- Whispering Hope, Inc., 2501 Griffin Street, Lake Charles LA 70601 (337) 436-6871

**CARC – Housing www.carc.us**
(337) 433-3620 Fax: (337) 439-1886 (4100 Sen. J. Bennett Johnson Ave. Lake Charles LA 70601)

- HUD housing for people with developmental disabilities and meets low income limits.
- Currently has a waiting list.

**Chateau Du Lac**
(337) 436-0380 (333 Mill Street, Lake Charles LA 70601)

- Apartments for individuals who are 62 or older and/or with a disability receiving SSI or SS.

**Grand Lake Elderly Apartments (Cameron Council on Aging)**
(337) 905-0381 (10104 Gulf Hwy., Lake Charles LA 70607) Contact Person: Lori Broussard

- Apartments for 55 years old and up who have a low income.

**Kingsley Court Apartments**
(337) 436-5722 Fax: (337) 436-5723 (1900 Roscoe J. Moore, Lake Charles LA 70601) Applications available.

- Low income apartments that are part of the LCHA but with their own application process. Some disabled units may be available.

**Louisiana Housing Search Service** www.lahousingsearch.org

**Maison D'Amis (NAMI) – Independent Living**
(337) 660-3358 (401 Gerdsen, Lake Charles LA 70601)

- Apartments for mentally ill persons who qualify. Currently has wait list.

**Permanent Supportive Housing Program** (A program run by Volunteers of America.)

- Housing with case management assistance for a household in need of housing who has a member with a disability that qualifies them for Medicaid services, earns less than 30% AMI and **is in need of supportive services.**
- **https://ldh.la.gov/page/1732**
- **https://ldh.la.gov/assets/docs/OAAS/PSH/PSH-Application.pdf**

**Project Build a Future**
Main # (337) 439-7191 (2306 3rd St. Lake Charles LA 70601)

- A non-profit corporation committed to building and selling quality, affordable housing.
- Target area is north of Broad Street
- Develops quality, affordable housing. And provides down payment assistance to make homes affordable.
- Provides homebuyer counseling and financial literacy services, including assistance in rebuilding credit and reducing debt
- If interested in purchasing a beautiful, new home call the office to obtain an application.

**The Road Home** www.road2la.org 1-888-762-3252

- Registered applicants may receive housing assistance or buyouts.

**USDA OFFICE- Rural Development Housing Programs** www.rurdev.usda.gov/la

- For applications call (337) 262-6602 ext. 4 - Lafayette USDA Service Center, Mon.-Fri. 8 am-4:30 pm
- Low-income applicants can build or buy; ***very*** low-income property owners can repair

**Volunteers of America Mental Health Housing Services**
(337) 234-5715 Fax: (225) 381-7963

- Housing available for mentally ill persons who qualify.

**Volunteers of America Elderly Housing in Elton** (337) 234-5715 Fax: (337) (225) 381-7963

- Apartments for 62 years old and up who have a low income. Currently have several opening

**Summer Set -Aruban Place Apartment** 720 E. North St. DeRidder, La. 70634 (337) 462-3376

- Section 8 for at least 2 or more in the apartment

# Housing Authorities

**Calcasieu Parish Housing Authority**
(337) 721-4030 & Fax: (337) 721-4031

**DeRidder Housing Authority**
(337) 463-7288 & Fax: (337) 463-3671

**Dequincy Housing Authority**
(337) 786-2381 & Fax: (337) 786-3204

**Housing Authority of Iowa**
(337) 582-6730 & Fax: (337) 582-3280

**Elton Housing Authority**
(337) 584-2541 Fax: (337) 639-2625

**Jennings Housing Authority**
(337) 824-5642 & Fax: (337) 824-5649

**Kinder Housing Authority**
(337) 738-2079 & Fax: (337) 584-2541

**Cameron Parish Housing Authority**
(337)775-2209 & (337)775-2228

**Lake Arthur Housing Authority**
(337) 774-3692 & Fax: (337) 774-2997

**Lake Charles Housing Authority**
(337) 436-7628 & Fax: (337) 436-9798

**Merryville Housing Authority**
(337) 825-8770 & Fax: (337) 825-8778

**Oakdale Housing Authority**
(318) 335-0712 & Fax: (318) 335-9326

**Oberlin Housing Authority**
(337) 584-2541 Fax: (337) 639-2625

**Sulphur Housing Authority**
(337) 527-5248 Fax: (337) 527-0681

**Vinton Housing Authority**
(337) 589-5331 Fax: (337) 589-3677

**Welsh Housing Authority**
(337) 734-2647 Fax: (337) 734-4857

# Utilities Assistance

**LIHEAP (Low Income Home Energy Assistance Program)**
(337) 721-4033 Fax: (337) 721-4184 (2000 Moeling St., Lake Charles LA 70601)

**Manna Ministries**
2-1-1

- This program offers short term help with food and utility bills. Apply by calling the information help line by dialing 2-1-1 from any phone
-

**Cameron Community Action Agency**
(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (965 Hwy 384, Lake Charles, LA 70607)

- Call for referrals 8 am – 2 pm, Monday thru Thurs; 8 am - 12 Noon Fri.
- Assist with rent and utilities for Cameron Parish. Also GED assistance.

**Catholic Charities**
(337) 439-7436 Fax # (337)439-7435 (1225 2nd Street, Lake Charles LA 70601)

- Assists with rent, mortgage payments to prevent eviction, utilities , food, medical prescriptions
- Appointment ONLY by calling on Mondays
- Assist with funeral and getting ID's

**Care Help of Sulphur**
(337) 287-4793 Fax (337) 310-0199 (112 E. Thomas St., Sulphur LA 70663) **Sulphur ONLY**

- Utilities, food, emergency medications, clothing and school uniforms for Sulphur residents
- Thrift stores and donations open Saturday 10 am – 4 pm

**Caring Hands**
(337) 616-3081(if no answer, leave a message) P.O Box 1204; 327 N. Main St, Jennings LA 70546

- Qualified Jeff Davis residents ONLY; Open Mon-Thurs.1 pm-4 pm & application taken 1 pm-3 pm
- Assist with disaster needs, utilities, food clothing and household items
- Bring photo ID, Proof of income, all current bills, social security card, last 2 bank statements and food stamp verification

**Jeff Davis Parish Assistance Agency** www.assistagency.org
(337) 824-7800 Fax: (337) 824-7805 107 E. Nezpique St. Jennings LA 70546

- Utility, legal services, SNAP, and Medicaid application. 8:00 am to 3:00 pm Mon-Thursday
- Call for an appointment
- Free Taxes
- Toys for Tots (Only Jeff Davis Parish)

**St. Luke's Church** 1500 Country Club Rd. Lake Charles LA 70605 (337) 802-3729
Leave a message on the voicemail for an appointment

- Utility and Food pantry

## Emergency & Homeless Shelters

**ETC Transitional Living Program for Homeless Youth**
(337) 419-1904 or (337) 433-8636 Fax: (337) 433-8638

- Serves male and female homeless youth ages 18-21 years old who are drug free
- Youth must be motivated to become employed and cooperate with program requirements
- Youth must be cognitively and emotionally capable of living on their own
- Housing provided in scattered site apartments throughout the community
- Life skills and other support services provided

**ETC Harbor House**
(337) 433-6739 & Fax: (337) 436-7720

- 18 bed residential facility for children ages 10-17 years old
- Provides emergency shelter services for children and youth needing a safe place
- Serves runaway or homeless youth; youth involved with foster care or juvenile justice systems; and other children in crisis
- Parents/guardians or other agencies can call to check eligibility
- In general, services provided at no cost to client

**Freedom House– Help for Drug & Alcohol Abuse**
(318) 518-3878(1408 Hwy 5, Logansport LA 71049)

- No Charge; applicant must call Brother Wayne Jones for interview.
- 18 month commitment, but can stay longer if doing well; 2 year program & 3 year program. Males and females accepted.

**Jeff Davis C.A.D.A.** www.jeffdaviscada.com
(337) 616-8418 & toll-free 1-866-883-2232 Fax: (337) 616-8421 (P. O. Box 826 Jennings LA 70546)

- Shelter for abused women and their children **(not homeless)**

**June N. Jenkins Women's Shelter/Beauregard Community Concerns**
(337) 462-1452 & Fax: (337) 463-5495

- Shelter for abused women and their children **(not homeless)** and resources to assist victims of domestic violence even if they are not in the shelter.
- Parenting Classes and Domestic Violence Classes
-

**Oasis a Safe Haven for Survivors of Domestic and Sexual Violence**
(337) 436-4552 or 1-800-223-8066 or 1-888-411-1333 (LA Domestic Violence Hotline)

**Potter's House & Potter's House Annex (Assistant Living)**
(337) 477-1116 & Fax: (337) 477-1102 (3233 Kirkman St., Lake Charles LA 70601) Rev. Leona Benoit, Dir.

- For women and women with children
- Assistant living available for adult women only with a fixed income

**Salvation Army Center of Hope**
(337) 721-8068 Fax: (337) 721-8069 (3020 Legion St., Lake Charles LA 70615) **for men only.**

- No felony charge of child abuse/no sexual or violent crime of any kind
- Check-in time is from 5 pm to 9 pm
- Must pass breathalyzer test and drug test before admittance
- Picture ID

**Veteran's Homeless Resource** 1-877-424-3838 (Alexandria, VA)

**Welcome House**
(337) 783-7066 (24292 Crowley Eunice Hwy., Crowley LA 70526)

- For men and women, single or married; for families also.
- Call first. They can accept people from outside their region.

## Housing Repairs

**Bayou Response**
(337) 532-4131 Contact: Renee Amos at email: **prblessed8@gmail.com**

- Disaster response and local home repair for those in need. Eligibility determined case by case.

## FEMA Assistance

**FEMA**
1-800-621-3362 TO APPLY ON THE PHONE and ALL OTHER ASSISTANCE

- FEMA rental resources – **https://asd.fema.gov/inter/hportal/home.htm**

## Case Management & Multi-Assistance Agencies

**Disability Rights www.advocacyla.org**
1-800-960-7705 Fax: (504) 522-5507 (8325 Oak St., New Orleans LA 70118)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection from institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans, Plaquemines & St. Tammany Parishes.

**Allen Action Agency www.allenactionagency.org**
(337) 639-4348 Fax: (337) 639-4715 (505 W. 7th Ave., P.O. Box 540, Oberlin LA 70655)

- Head start, energy assistance, toys for tots
- United Way agency assisting with emergency crisis program

**La Familia Resource Center**
(337) 794-0373 Fax: (337) 564-5402 (650 Dr. Michael Debakey Dr., Lake Charles LA 70601)

- Open Mon. – Thurs. from 9:00 am to 3 pm by appointment only
- They are a bilingual multiservice org that offers Citizenship Classes, ESL (English as second language), Spanish, family advocacy, interpreters, translation, after school tutoring, and referrals to resources.

**St. Frances Cabrini Immigration Law Center**
(337) 477-0683 Fax: (337) 477-1862 (3226 Lake Street, Lake Charles LA 70601)

- Provides low-cost assistance to individuals needing help with immigration issues, including applications for naturalization, lawful permanent residence, asylum, DACA and others. Attorney on staff.
- English classes, tutoring and workplace literacy instruction for skilled workers.
- Open Mon.–Fri. from 8am–5pm; closed 12pm–1pm for lunch; Periodic workshops and lectures.

## Elderly Assistance

**Allen Council on Aging** (318) 335-3195/ 1-800-256-2851
E-mail: allencouncil@bellsouth.net Fax: (318) 335-3199
(Physical-- 602 E. 5th Ave., Oakdale 71463) (mail – P.O. Drawer EL, Oakdale LA 71463)

- Get information on meals, home maker help, three transportation programs, respite care, Medicaid advice, medical help, Meals on Wheels and more.

**Beauregard Council on Aging**
(337) 463-6578 & (337) 463-9694 Fax: (337) 463-7431
(2575 Hwy 190 W./ P. O. Box 534 DeRidder LA70634)

- Congregate & home delivered meals, transportation, material aid, legal assistance, recreation, Senior RX, outreach and more.

**Benefits Check Up www.benefitscheckup.org**

- Assisting seniors identify financial benefits for which they may not know they qualify.

**Better Business Bureau of SWLA** lakecharles.bbb.org www.bbb.org
(337) 478-6253 or 1-800-542-7085 Fax: (337) 474-8981 (4040 Lake St., Lake Charles, LA 70605)
Mon.-Thurs. 8-12 & 1-4; Fri. 8-12

**Allen P. August Multi-Purpose Center Annex**
(337) 721-4020 or 1-800-542-7074 Fax: (337)721-4184
2000 Moeling St., Lake Charles LA 70601
Open 8 am - 5 pm Mon-Fri

**Calcasieu Parish Council on Aging** www.calcoa.org
(337) 474-2583 & 1-800-223-5872 Fax; (337) 474-6563 / 3950 Hwy 14, Lake Charles LA 70607

- Utility assistance, prescription assistance, homemakers services (light housekeeping twice a month), meals on wheels, medical alert button, Medicare part D assistance with people to assist elderly to apply.

For ages 60+
Senior Centers: Lake Charles Sr. Ctr., 1530 5th St., Lake Charles, (337)433-0805; Sulphur Sr. Ctr., 601 Maple St., Sulphur, (337)527-4574; Westlake Sr. Ctr., 2001 Jones Street, Westlake, (337)436-6879; Vinton Sr. Ctr., 915 West St., Vinton, (337)589-3700; Iowa Sr. Ctr., Moss Bluff Sr. Ctr., 2868 Hwy 171 North, Lake Charles, (337)217-0500.
Meal Sites: For ages 60+. Before you can begin receiving meals at the sites, you must have an assessment form filled out and sign up the day before you plan to eat. Most sites are open Mon-Fri from 10:00am till 12:00pm. Monthly menus are available. Meals are free but we will accept donations. Suggested donation is $3.00 per meal.

**Tower Oaks** 222 Louie St., Lake Charles, LA 70601 564-5745
**Sulphur Sr. Ctr.** 601 Maple St., Sulphur, LA 70663 527-4573
**Vinton Sr. Ctr.** 912 West St., Vinton, LA 70668 589-3700
**Whispering Hope** 2501 Griffin St., Lake Charles, LA 70601 436-6871
Family Caregiver Support Groups- This program is for those individuals who are caring for a loved one. Meetings are held monthly. **There is no age requirement for this service.**
**The Gardens** – 3rd Wed. at noon, 1401 Country Club Rd., Lake Charles, LA
**West Calcasieu-Cameron Hospital** – 3rd Thurs. at noon, Cafeteria Conf. Rm, 701 Cypress St., Sulphur LA
**Emeritus Senior Living** – 4th Tues. at 5:30 pm, 2420 Country Club Rd., Lake Charles LA

**Calcasieu Parish Sherriff's Office**
(337) 491-3626 Fax: (337) 439-1684 / 2112 Moeling St, Lake Charles LA 70601

- Elderly Service's Provided

**Cameron Community Action Agency**
(337) 598-5158 or (337) 905-6000 Fax: (337) 905-6500 (965 Hwy 384, Lake Charles, LA 70607)

- Call for referrals 8 am – 2 pm, Monday thru Thurs; 8 am - 12 Noon Fri.
- Provides transportation, meals on wheels, congregate meals, medical equipment, medication management, homemaker services, nutrition education, caregiver services, housing assistance.

**Eye-Care America's Seniors Eye Care Program** 1-877-887-6327 **www.eyecareamerica.org**

- Free exam and up to a year of treatment for persons 65 and older.
- Call to find out if you qualify.
- Apply Online Now

**Grandparents Raising Grandchildren Information Center of Louisiana www.lagrg.org**
(225) 810-3555 (P.O. Box 74267, Baton Rouge LA 70807)

- 24 hrs. Phone service to ask legal advice.

**Jeff Davis Council on Aging**
**(337) 824-5504 Fax: (337) 616-8622 (210 S. State St., P.O. Box 734, Jennings LA 70546)**

- Public transit, meals on wheels and congregate meal site, homemaker, respite care, wellness program, recreation, Acadian on-call, material aid, and transportation – elderly (60 and above), public & Medicaid available. Food pantry for 60 and over

**Louisiana Answers www.louisianaanswers.com**(Connects to Calcasieu Council on Aging)
1-800-223-5872

- Aging and disability resource center for Allen, Beauregard, Calcasieu, Cameron, Jeff Davis and Vernon parishes.

**Meals on Wheels - Calcasieu (Calcasieu Council on Aging) www.calcoa.org**
(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563

**Senior Prescription Assistance-Calcasieu Council on Aging www.calcoa.org**
(337) 474-2583 or 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy. 14, Lake Charles LA70607)

- SeniorRx-to assist seniors to link with assistance for obtaining their prescription medications.

**Southwest Louisiana Independence Center (SLIC)** www.slic-la.org
(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (4320 Lake St., Lake Charles LA 70605)

- They have medical equipment available for elderly or disabled who qualify at no charge. - FREE
- Direct Service workers to assist; does referrals and information
- Supervise independent living
- Supplies telephones & interpretive services for hearing impaired.
- Supported Employment Services – works with Louisiana Rehabilitation Services to secure employment.
- Free hearing aid program, LCD Hearing aids
- Deaf Action Center & Sign Language Interpreter

**VITA (Volunteer Income Tax Assistance) Program**
(337) 433-1088 x 11 Fax: (337) 433-3679 (United Way of SWL A)

## Employment

**Allen Career Solution Center www.laworks.net**
602 Court St. (mailing: PO Box 1140, Oberlin, LA 70655) (337) 639-2175 Fax: (337) 639-2560

**AmeriCorps - Impact Lake Charles AmeriCorps**
(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles LA 70601)
Now ran by SWLA Center For Health Services

**Beauregard Business and Career Solutions** www.laworks.net
(337) 462-5838 Fax: (337) 462-6115 (1102 W. 1st St., DeRidder LA 70634)

- Workforce training and employment services. Call for information.

**Beauregard Christian Women's Job Corps.** www.beauregardcwjc.org
(337) 463-4451 (202 N. Royal St.., DeRidder 70634 Mailing – P.O. Box 1362, DeRidder LA 70634)

- Teaches life and job skills for women over 18 years old who are in need.
- Assist students with their Hi-SET (High School Equivalency Testing)

.

**Louisiana Rehabilitation Services**
(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles LA 70607)
Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job keep a job and develop a career.

**Louisiana Workforce Commission –Business and Career Solution Center Calcasieu Consortium**
(337) 721-4010 & 866-783-5567 & www.laworks.net (2424 3rd Street, Lake Charles LA 70601)

- Job search, resume help, job fairs and more. Call for information. MTWF 8-12, 1-5, Th. 8-12, 1-3

**Unemployment Claims** www.laworks.net
1-866-783-5567

**Goodwill Workplace Training & Assistance Center** www.goodwillbmt.org
1202 Kirkman St. Ste. A Lake Charles, LA (337) 310-1882

# Family Services

**Awesome Association (**215 Quelqueshue St. Sulphur, La 70663 (337)794-1937)

- Provides inclusive sports and art activities to children with disabilities, ages 2-21

**Educational & Treatment Council (ETC)**

- Outreach Center - (337) 433-1062 Fax: (337) 439-1094
- Providing home-based intervention and prevention services for at-risk youth and their families.
- See website (www.etcyouth.org) for list of programs and services

**Family & Youth Counseling www.fyca.org**

(337) 436-9533 Fax (337) 439-9941 (220 Louie St., Lake Charles LA 70601)

- Training, programs and counseling to assist families and children. See website for list.

**Foreman-Reynaud Community Center**

(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles LA 70601)

- After school program from 4 pm to 6 pm Mon – Thurs. Free to anyone who needs homework help ages 5 and up.
- Youth achievement program for ages 12 & above – Call for more information.
- All year around water aerobics – call for time schedule
- Free VITA tax services

**Gulf Coast Social Services**

(337) 436-6622 Fax: (337) 436-4403 (700 Pujo St., Suite A, Lake Charles LA 70601)

- Community based service programs providing consultation, training and educational services to individuals and their families.
- Accepts Medicaid Waiver and private pay on an individual basis.

**Kid's Need**

(337) 425-1711 (P.O. Box 1206, Westlake LA 70669) www.iamgracious.org

- Giving time, love and compassion to school-aged children
- Call for time and date of monthly activity night and dinner

**Volunteers of America Parenting Education Classes & Interagency Service Coordination**

(337) 234-5715 Fax: (225) 381-7963

- Common Sense Parenting Class Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others. Childcare available and refreshments provided. Call to RSVP.
- Interagency Service Coordination to develop plans for children with Emotional Behavioral Disorders who at risk of being removed from the home or school.

# Transportation

**Calcasieu Parish Public Transit System www.cppj.net**

(337) 721-4040 & Fax: (337) 721-4181 (3001 Industrial Ave., Lake Charles LA 70601)

- An application is required to participate in special transportation services, which upon approval, can be scheduled with 48-hour advanced notice or more.
- Grocery Shopping Service available for ages 65 or over. Individuals limited to one destination per trip.
- Job access and reverse commute from 5am to 11 pm based upon availability.

**Healthy Louisiana** 1-888-342-6207 www.bayouhealth.com

| Plan Name | Call Center | Call Center # | Monday -Friday |
|---|---|---|---|
| Aetna | Logisticare | 1-877-917-4150 | 8 am to 5 pm |
| Amerigroup | Southeastrans | 1-866-430-1101 | 8 am to 6 pm |
| AmeriHealth Caritas LA | Logisticare | 1-888-913-0364 | 8 am to 5 pm |
| LA Healthcare Connections | Logisticare | 1-855-369-3723 | 8 am to 5 pm |
| United HealthCare | Logisticare | 1-866-726-1472 | 8 am to 5 pm |

**Reduced Bus Rate Pass- City of Lake Charles Transit Division**
(337) 491-1253 (1155 Ryan St., Lake Charles LA 70601)

- Disabled individuals are to provide either the government issued ID when boarding; or they must present their paperwork from the SSA stating the date the SSA declared the individual disabled to the Transit Administration Office. These are the only two forms of proof accepted. Disabled passengers ride for $0.25 once they present their government issued ID or have been approved through the Transit Administration Office.
- Passengers that receive Medicare/Medicaid must present their photo ID along with their Medicare/Medicaid card when boarding. Medicare/Medicaid passengers ride for $0.50 once they present the appropriate proof.
- Senior Citizens (over 65) bring ID to get blue card to ride bus for $0.50

## Legal Assistance

**Acadiana Legal Services** www.la-law.org
(337)439-0377 Fax: (337)439-0636(2911 Ryan St. Lake Charles LA 70601)

- Provide free legal assistance in civil matters such as divorces, child custody, consumer issues, housing and public benefits. Mon – Fri 8:30 am– 12 pm & 1 pm – 5 pm

**Child Support Enforcement / La. Dept. of Children & Family Services** www.dcfs.la.gov
1-888-524-3578

**La Familia Resource Center**
(337) 312-2906 Fax: (337) 564-5402 (650 Dr. Michael Debakey Dr., Lake Charles LA 70601)

- Open Mon. – Thurs. from 9:00 am to 4 pm, Friday- Closed
- They are a bilingual multiservice org that offers Citizenship Classes, ESL (English as second language), Spanish, family advocacy, interpreters, translation, after school tutoring, and referrals to resources.

**Southwest Louisiana Law Center** www.swla-law-center.com (337) 436-3308 Fax: (337) 433-2523

- Non-profit law firm - provides low cost legal services - fees charged on sliding scale
- By appointment only - $75 up-front, consultation fee required
- 8:30 am to 4:30 pm Monday – Friday, Closed 12:00 pm to 1:00 pm for lunch
- Photo ID required
- Civil matters only – no criminal matters
- Not "Legal Aid"

## Day Care Referrals

**Calcasieu Parish School Board -** (337) 217-4210

**VOA -** 1-888-926-8005

# Autism

**McNeese Autism Program** www.mcneese.edu/autism
(337) 562-4246 Fax: (337) 562-4221 email: **MAP@McNeese.edu**

- Provides ABA (Applied Behavior Analysis) treatment services for children with Autism and other behavior or developmental conditions.
- Services include early intensive interventions, language and communication training, parent and caregiver training, social skills groups, problematic behavior interventions, and pediatric feeding problem interventions.
- Medicaid Provider / Nonprofit Organization

**Sprouts Behavior Development Center** www.sproutsbdc.com
(337)377-7772 (4819 Ihles Rd. Lake Charles LA 70605)

**Behavior Intervention Resources, LLC** www.behaviorir.com
(337)661-4041 (2912 Warren Ave, Lake Charles LA 70601)

**Autism Service of Southwest Louisiana** directcare@bellsouth.net
(337) 436-5001 & Fax (337) 436-5002 (3006 Common Street, Lake Charles LA 70601

**Soar Equestrian Services** natprailnil@yahoo.com
Natalie Miller (337) 488-4399 by Appointments ONLY

- Therapeutic riding program which offers equine-assisted activities conducted by PATH certified instructors.

**The Missing Piece: ABA for Autism**
(337) 436-6488 (1908 Maplewood Drive Ste. B, Sulphur LA 70663)

**Milestone Behavioral Services** milestonesbehavioralservices@gmail.com
(337)429-5248/ (337) 540-9737 & Fax: (337) 656-2377 (2016 Oak Park Blvd., Lake Charles, LA 70601)

**Family & Youth** info@fyca.org
(337)436-9533 (220 Louie Street Lake Charles LA 70601)

**St. Nicholas Center for Children** www.stnickcenter.org
(337) 491-0800 Fax: (337) 491-0508 (2519 Ryan Street, Lake Charles LA 70601)

- Provides therapeutic, educational, and social services to children with autism, developmental delays, and neurological disorders and support to their families.

**Beyond Words**
(337) 419-3586 (1409 Kirkman St, Lake Charles LA 70601)

- Provides therapeutic, educational, and social services to children with autism, developmental delays

**Louisiana State Autism Chapter** (800) 955-3760
www.lastateautism.org
www.facebook.com/AutismSocietyLouisiana
autismsociety_lastatechapter@yahoo.com

**Southwest Louisiana Autism Chapter** (337) 855-2068
autismsocietyswla.com
www.autism-society.org/chapter167
www.facebook.com/AutismSocietySWLouisianaChapter
swautismchapter@gmail.com

**Autism Society of America (ASA)** www.autism-society.org

**Asperger's Society** www.aspergerssociety.org

## Referral Services

**Best Buddies** www.bestbuddies.org **&** www.bestbuddies.org

- Mentoring and friendship program for people with intellectual disabilities. Free e-mail pen pal program.

**Families Helping Families** www.fhfswla.org **email:** info@fhfswla.org
(337) 436-2570 or 800-894-6558 Fax: (337) 436-2578

- Provide information, referrals, education, training, peer support and advocacy skills to individuals with disabilities and their families.
- Covers Allen, Beauregard, Calcasieu, Cameron, & Jeff Davis parishes.

**F.I.N.S. (Families in Need of Services) Office of Juvenile Justice Services**
(337) 721-3900 Fax: (337) 721-3907 (PO Box 2073, Lake Charles LA 70602)

- Assist in coordination of services for children and parents who need intervention before criminal behavior.

**Gabriel Project** by the Diocese of Lake Charles (337)439-7400 Ext. 317 www.rachelsvineyard.org

- Make referrals to individual Catholic parishes to assist parents with the physical and spiritual needs of parenting.

**Imperial Calcasieu Human Services Authority (ImCal HSA)** http://imcalhsa.org
(337) 475-3100 & 1-866-698-5304 Fax: 337-475-8055 (3461 5th Avenue suite B. Lake Charles, LA 70607)

**Lighthouse Child Residential Center, Inc.** www.lighthouseministriesinc.org
(337) 666-2678 & Fax: (337) 666-2679 (P.O. Box 130, 150 Lighthouse Lane, Reeves LA 70658)

- A home for unwed mothers and teenage single mom's with supports assisting the physical, emotional, and spiritual needs of young women experiencing an unplanned pregnancy.

**Louisiana Assistive Technology Access Network** www.latan.org
1-800-270-6185 Fax: (225) 925-9560 (3042 Old Forge Dr. Ste. D Baton Rouge LA70808)

- Medical and assistive equipment distribution program after large-scale disasters
- Loans for purchase of assistive technology and home/vehicle modification, and other help to individuals with disabilities
- A.T. Market Place is a data base of used, free or low-cost equipment
- Device demonstrations and device loans

**Louisiana Dept. of Insurance** www.ldi.la.gov
1-800-259-5300 & Fax: 225-342-3078 (Physical: 1702 N. Third St., Baton Rouge LA 70802
Mailing: P.O. Box 94214, Baton Rouge, La. 70804-9214)

- For questions about insurance call for assistance

**2-1-1** www.unitedwayswla.org/211 **or** www.louisiana211.org Direct Dial 2-1-1

- Call 211 to find out about organizations in southwest and central Louisiana.
- Resource information is available 24 hrs/7 days a week; answering service after hours.
- Open Mon. – Fri., 8 am – 4:30 pm

**Social Security Administration**
1-800-772-1213

**Veteran's Affairs** 1-800-827-1000 & www.va.gov Veteran's Crisis Line: 1-800-273-8255 (Press 1)

**Veteran's Homeless Resource**
1-877-424-3838 (Alexandria, VA)

## Education

**American Red Cross www.redcross.org**
(337) 478-5122 Fax: (337) 478-1173

- Disaster preparedness, CPR, first aid, babysitting training, and emergency disaster relief

**Foreman-Reynaud Community Center**
(337) 436-2509 Fax: (337) 436-9843 (215 Albert St., Lake Charles LA 70601)

- After school program from 4 pm to 6 pm Mon – Thurs. Free to anyone who needs homework help ages 5 and up.
- Youth achievement program for ages 12 & above – Call for more information.
- All year around water aerobics – call for time schedule
- Free VITA tax services

**La Familia Resource Center**
(337) 794-0373 Fax: (337) 564-5402 (650 Dr. Michael Debakey Dr., Lake Charles LA 70601)

- Open Mon. – Thurs. from 9:00 am to 4 pm, by appointment only
- They are a bilingual multiservice org that offers Citizenship Classes, ESL (English as second language), Spanish, family advocacy, interpreters, translation, after school tutoring, and referrals to resources.

**Literacy Council www.literacyswla.org / email: info@literacyswla.org**
(337) 494-7000 Fax: (337) 494-7915 (Central School Building - 809 Kirby, Suite 126, Lake Charles LA 70601)

- They help improve reading skills, teach financial literacy, computer skills, high school equivalency diploma preparation (HiSET exam), adult education and English as a second language.
- Adult Education classes are available in Lake Charles, Sulphur, Jennings, Grand Lake and DeRidder—call 337-494-7000 or 1-888-LIT-SWLA for more information

**National Alliance on Mentally Illness (NAMI) www.namiswla.com**
(337) 433-0219 Fax: (337) 433-1860 (710 W. Prein Lake Rd., Suite 206, Lake Charles LA 70601)

- Family to Family – Classes in Spring and Fall for this 12-class course for parents, and caregivers of adults with mental illness (NOT FOR PERSON W/MENTAL ILLNESS)
- Basics – Classes in Spring and Fall for this 6-class course for parents, adolescents and caregivers of children with mental illness.
- Call for dates, times, and places. Registration is required and seating is limited.
- Family Support Group- meets 3rd Tuesday of Each Month at the NAMI office
- Peer to Peer Education Class – 10 week course FOR PEOPLE LIVING WITH MENTAL ILLNESS (date, time and location TBA)

**Volunteers of America Parenting Education Classes**
(337) 497-0034 Fax: (337) 497-0229

- Common Sense Parenting Curriculum with free classes to families with a child or adult receiving services through OBH or some private agencies. Sliding scale fee for others.
- Childcare available and refreshments provided. Call to RSVP.

# Counseling Services

**ABC Pregnancy Resource Center (Lake Charles)** www.abcprc.com
(337) 433-2797 Fax: (337) 433-1334 (9 am – 3 pm Mon - Thurs )

**Adoptions – Volunteers of America**
(337) 234-5715 in Lake Charles & 1-877-291-6907 (24-Hour phone line)

**Adult Protection** 1-800-898-4910 Fax: (225) 342-9069

- Investigate abuse, neglect, exploitation and extortion of disabled people (ages 18 – 59)
- Will not accept cases by fax, only by phone

**Alcoholics Anonymous** www.aa-swla.org (lists meetings in SWLA)

**Allen Behavioral Health Clinic** (337) 639-3001 Fax: (337) 639-3008 (402 Industrial Dr., Oberlin LA70655)

- Tues & Thurs Open 8 am - 4:30 pm

**Alzheimer's Association** La. Chapter: 1-800-272-3900 www.alz.org

**Community Pregnancy Center (Deridder)**
(337) 463-9500 & 1-800-259-1999 Tues. & Wed. 8:30am – 3:30pm

**Beauregard Behavioral Health Clinic**
(337) 462-1641 & Fax: (337) 462-1354 (106 W. Port St., Deridder LA70634)

- Mon., Wed., & Fri. Open 8 am - 4:30 pm

**Disney & Associates** (337) 431-7194 (112 State St, Lake Charles, LA 70605)

**Child Protection Hotline** (337) 491-2545 Fax: (337) 491-2654 **from age 0-18**

**Adult & Elderly Protection** 1-800-898-4910 (Hotline)
Fax: (337) 491-2005, Mon. – Fri. 8 am – 4:30 pm

**Emmanuel Counseling Center** (337) 485-9564

**Lake Charles Behavioral Health Clinic**
(337) 475-8022 or toll-free at 1-866-698-5304 Fax: (337) 475-8054 (4105 Kirkman Street, Lake Charles, LA 70607) Mon. – Fri., 8 am to 4:30 pm, call or walk in for services.

**Family & Youth Counseling** www.fyca.org
(337) 436-9533 Fax: (337) 439-9941 (220 Louie St., Lake Charles LA 70601)

**Child and Adolescent Response** 1-800-272-8367 (after hours, weekends and holidays)

- assistance for children and parents experiencing a crisis

**Louisiana Center for the Blind** 1-800-234-4166
TLC- Age 55 & older for LA Center for the Blind 1-866-444-4496 (Wendy Jackson)

**MSU Project for the Treatment of Problem Gambling** (337) 475-5964 Free

- Call to schedule an appointment for the treatment of problem gambling; for gamblers and/or loved ones

**New Life Counseling**
(337) 474-7003/(800)712-4357 Fax: (337) 474-1282. (631 E. School Street Lake Charles, 70607)

- Appt. only M-F 9 a.m. -4 p.m. & Walk-ins MTW 9:30 a.m. - 2:30 p.m.

**National Alliance on Mentally Illness (NAMI) www.namiswla.com**
(337) 433-0219 Fax: (337) 433-1860 (710 W. Prein Lake Rd., Suite 206, Lake Charles LA 70601)

- Family to Family – Classes in Spring and Fall for this 12-class course for parents, and caregivers of adults with mental illness (NOT FOR PERSON W/MENTAL ILLNESS)
- Basics – Classes in Spring and Fall for this 6-class course for parents, adolescents and caregivers of children with mental illness.
- Call for dates, times, and places. Registration is required and seating is limited.
- Family Support Group- meets 3rd Tuesday of Each Month at the NAMI office
- Peer to Peer Education Class – 10 week course FOR PEOPLE LIVING WITH MENTAL ILLNESS (date, time and location TBA)

**National Suicide Prevention Lifeline/ Veteran's Crisis Line** 1-800-273-8255 (TALK)

**Pregnancy Counseling – Volunteers of America**
(337) 497-0034 in Lake Charles or 1-877-291-6907 (24-Hour phone line)

**Oasis Safe Haven: Sexual Violence Program** (337) 494-7273 or 1-866-570-7273 Fax: ( 337) 436-8327

**University United Methodist Church Circle Up Support Group** www.universitymethodist.com
(337) 477-2003 Fax: (337) 478-8106 (3501 Patrick St., Lake Charles LA 70605)

- Faith based "CIRCLE UP SUPPORT GROUP" for consumers of mental health services.
- Meet every Wednesday night at 5:30 pm. Contact person Mickey Shannon.

## Mental Health Services

Many of these providers are for-profit and may require payment for services. Some may take insurance, Medicaid or have a sliding fee scale for services; please ask about payment plans when scheduling service.

## Addiction Disorder

**Addiction Center for Treatment** 1-800-210-6085

**Alcohol Drug Treatment** 1-800-454-8966

**Beauregard OBH** 106 W. Port St, DeRidder LA 70634 (337) 462-1641 & Fax: (337) 462-1354

**Institute for Neuropsychiatry** (337) 477-7091 Fax: (337) 474-4552

**Jennings OBH -** (337) 246-7325 1211 North Cutting Avenue Jennings, LA 70546

**Lake Charles Behavioral Health Clinic** (337)475-8022 Fax: (337) 475-87274

**Pathways** – Joseph Briscoe Treatment Facility (337) 433-3786 Fax: (337) 441-5998

**New Horizons Counseling Center** (337) 478-1411 Fax: (337) 562-1489

**Sulphur OBH -** (337) 625-6750 (2651 E. Napoleon St. Sulphur, LA 70663)

**Townsend Recovery** (337) 216-7502 & 1-800-504-1714 (Crisis Hotline) Fax: (337) 205-8564

**Allen Parish Outreach/Oakdale ADC** (318) 335-3578 Fax: (318) 335-3753

**New Beginnings of Lake Charles** (337) 855-9773 Fax: (337) 855-9776

## Counseling - Personal & Family

**Behavioral Health Center** (337) 475-8022 Fax: (337) 475-8054 (4105 Kirkman, Lake Charles LA70607)

**Chadha Medical Rural Health Clinic Dequincy** (337) 786-5007 Fax: (337) 786-5009

**Counseling Service of Southwest LA** (337) 431-7194 Fax: (337) 431-7198

**Eddie Windham Family & Individual Counseling** (337) 302-0801 Fax: (337) 480-4067

**Emmanuel Counseling Service** (337) 485-9564

**Family and Youth Counseling Agency** www.fyca.org (337) 436-9533 Fax: (337) 439-9941

**Kay Dore' Counseling Clinic at McNeese** (337) 475-5981 Fax: (337) 562-4221

**New Horizons Counseling Center** (337) 478-1411 Fax: (337) 562-1489

**Quit Now Smoking Cessation Counseling** www.quitwithusla.org 1-800-QuitNow (784-8669)

**The Psychology Clinic- Lake Charles** (337) 474-2682 Fax: (337) 474-4601

**Rehab Services of SWLA** (337)433-3292 Fax:(337)433-3293(751 West Bayou Pines Ste. C, Lake Charles LA)

- Specializing in mental health of children, adolescents and adults. Medicaid recipients ONLY

## Hospitals with Mental Health Programs

**Allen Parish Hospital Psychiatric Unit** (337) 738-9460 or 1-800-737-2527 Fax: (337) 738-4673
108 6th Ave, Hwy 190 W. Kinder LA 70648

**Calcasieu Oaks** (337) 439-8111 Fax: (337) 439-1970 / 2837 Ernest St, Lake Charles LA 70601

**Christus St. Patrick Hospital** (337) 436-2511 Fax: (337) 491-7769 / 524 Dr. Michael DeBakey Dr

**Dequincy Memorial Hospital** (337) 786-1200 Fax: (337) 786-1219 /110 W, 4th St. Dequincy LA

**Jennings Senior Care Hospital** (337)824-1558 Fax: (337)824-1561 /#1Hospital Dr, Ste. 201 Jennings LA

**Lake Charles Memorial Hospital** (337) 494-3000 Fax: (337) 494-3299 / 1701 Oak Park Blvd

**Oceans Behavioral Hospital- Deridder** (337) 460-9472 Fax: (337) 460-9473

**Oceans Behavioral Hospital- Lake Charles** (337) 474-7581 Fax: (337) 474-7565

## Psychiatrists

**Brideway Psychiatric Center** (337) 562-0211 Fax: (337) 562-0212

**Gulf Coast Psychiatry** (337) 562-8100 Fax: (337) 562-8356

**Institute for Neuropsychiatry** (337) 477-7091 Fax: (337) 474-4552

**Lake Area Psychiatry** (337) 478-9331 Fax: (337) 478-9828

**Psychiatric Services of Lake Charles Memorial Hospital** (337) 494-3262 Fax: (337) 494-2087

## Emergency Medication

**Care Help of Sulphur** www.care-help.org (337) 287-4793 Fax: (337) 310-0199
112 E. Thomas St. Sulphur LA 70663

- For Sulphur and Carlyss ONLY. No pain medication or psychiatric medication accepted.

**Catholic Service Center- Social Services** (337) 439-7436 Fax: (337) 439-7435(1225 2nd St. Lake Charles LA)
Serves Allen, Beauregard, Calcasieu, Cameron and Jeff Davis parishes

- **No Narcotics Assistance, no pain medication, or no psych medication given.**
- Open Monday thru Friday 9 am - 4:30 pm. **Please call to make an appointment.**

## Medication Assistance & Physical Health or Disabilities Services

**Disability Rights** www.advocacyla.org
Primary# 1-800-960-7705 Fax: (504) 522-5507 (8325 Oak St., New Orleans LA 70118)

- Assist with issues related to accessibility of services and programs, disability and medical benefits, special education, vocational rehabilitation, housing rights, accommodations for persons with disabilities, protection from abuse and neglect and protection of institutional resident's rights.
- Funded by state to provide legal assistance to people residing in nursing homes in LA, as well as residents 60 years and older in Orleans, Plaquemines & St. Tammany Parishes.

**Healthy Louisiana** 1-888-342-6207

- How most of Louisiana's Medicaid and LaCHIP recipients receive health care services

**Kids Team** (337) 475-4020 (4150 Nelson Rd, Lake Charles LA 70605)

**Professional Association of Therapeutic Horsemanship International ("PATH")**
thestablesatlebocage.com/therapeutic-riding.html
(337) 905-JUMP (5867) (4550 South Park Dr. Lake Charles LA 70607)

**Calcasieu Community Clinic**
(337) 478-8650 Fax: (337) 478-6196 (McNeese State University campus Juliet Hardtner Hall)

- (P.O. Box 91775, 550 East Sale Rd. Ste. 217, Lake Charles LA 70609) Mon-Wed.8-4; Thurs. 8-7p Fri from 8-12.
- For low-income, working uninsured adults. One person in household needs to work at least 20 hours per week.
- Diabetes Management Program.

**Children's Special Health Services & Calcasieu Parish Health Unit** (337) 478-6020
Fax: (337) 475-8613 (Calcasieu Parish Health Unit 3236 Kirkman St., Lake Charles LA 70601)

- Provides medical diagnostic and treatment services for eligible children who have health problems which require services beyond routine basic care. This includes children with disabilities,

  handicapping conditions and chronic illnesses of sufficient severity to cause or to be likely to cause impairments which could significantly limit life activities. Open 8 am – 4:30 pm Mon. – Fri.

**C.M.A.P. – Cenla Medication Access Program** www.cmaprx.org

- (318) 443-7494 & 1-888-443-7494 and Fax: (318) 448-4473 Open 8-12 & 1-5, Mon. – Fri.
- Serving people over 18 who meet income guidelines and do not have Medicaid, Medicare or private insurance. Covers entire state of Louisiana.

**Direct Care** www.directcareinc.com
(337) 436-5001 & Toll-Free 1-866-603-2273 Fax: (337) 436-5002 (3006 Common St., Lake Charles LA 70601)

- Non-profit agency that provides personal care services for persons of all ages within the autism spectrum and other developmental disabilities.

**LaChip and Healthy Louisiana Helpline** 1-877-252-2447 www.medicaid.la.gov

- Total health care for children without insurance at no or low cost.

**Louisiana Developmental Disabilities Council** 1-800-450-8108 www.laddc.org

**Louisiana Rehabilitation Services**
(337) 475-8038 Fax: (337) 475-8037 (3616 Kirkman St., Lake Charles LA 70607)
Toll Free: 800-520-0589 TTD# 337-475-8036

- Provides services to help persons with disabilities to obtain the job skills and other resources they need to get a job keep a job and develop a career.

**Partners for Prescription Assistance** 1-888-477-2669 www.pparx.org

- Helps pay for medicine

**Patient Advocate Foundation** 1-800-532-5274 Fax: (757) 873-8999 www.patientadvocate.org

- Offers free help in navigating healthcare systems
- Assist with insurance, job & debt financial issues and assist patients with chronic life-threatening illness. Mon – Thurs, 8 am – 8 pm; Fri, 8:30 am – 7:00 pm EST

**Senior RX (a program of the Calcasieu Council on Aging)**
(337) 474-2583 & 1-800-223-5872 Fax: (337) 474-6563 (3950 Hwy 14, Lake Charles LA 70607)

- Assist **anyone over 21 years of age** with a chronic illness to obtain medication through manufacturers' assistance programs. (Even psychiatric medication may qualify.)

**Southwest Louisiana AIDs Council (SLAC) Contact: Don**
(337) 439-5861 & 1-800-256-5145 Fax: (337) 436-8713 (425 Kingsley Street, Lake Charles LA 70601)

- ***Provides services for HIV positive persons*** – HIV counseling, testing, teen education, case management, food pantry, supports groups, transportation, dental and eye care.

**Southwest Louisiana Center for Health Services -** www.swlahealth.org
(337) 439-9983 Fax: (337) 439-8898 (2000 Opelousas St., Lake Charles LA 70601)

- Provides comprehensive health services, including primary and preventative health services for the uninsured, underinsured, and poverty-stricken populations in southwest Louisiana
- Mon., Wed., & Thurs. 8 am – 5 pm; Tues 10 am – 7 pm; Fri. 8 am – Noon. **Appointments only**.

**Southwest Louisiana Independence Center (SLIC)** www.slic-la.org
(337) 477-7194 & 1-888-403-1062 Fax: (337) 477-7198 (4320 Lake St, Lake Charles LA70605)

- Medical equipment available for elderly or disabled who qualify. Free CPT lab, advocacy, info and referrals

**National Total Care** www.nationaltotalcare.com
(337) 291-9919 Fax (337) 344-0119 (115 Marcon Drive Lafayette, La. 70507

- Is a DME company specializing in nutritional supplements, enteral feeding supplies and incontinence supplies. All products are delivered directly to the patient's home by our own drivers. We accept all forms of Louisiana Medicaid and have an exceptional billing staff to ensure continuity of supplies.

# Medical Facilities

**Allen Parish Health Unit** (318) 335-1147 & Fax (318) 335-2898
145 Hospital Drive, P.O. Drawer 1121 Oakdale LA 71463 Tues & Thurs, 8 am - 4:30 pm

**Beauregard Parish Health Unit** (337) 463-4486 Fax: (337) 462-2486
216 Evangeline St. Deridder LA 70634

**Calcasieu Parish Health Unit** (337) 478-6020 & Fax: (337) 475-8613
3236 Kirkman St. Lake Charles LA 70601
• Provide immunizations to those that do not have insurance. 8 am – 11 am on 1st & 3rd Wednesdays of the month & 1pm -3pm on 1st & 3rd Fri. of the month; ages 0 to 18 years

**Christus Ochsner Lake Area Hospital** (337) 474-6370 & Fax (337) 475-4143
4200 Nelson Road, Lake Charles LA 70605

**Christus St. Patrick Hospital** (337) 436-2511 & Admin Fax: (337) 491-7157
524 Dr. Michael Debakey Drive, Lake Charles LA 70601

**Dequincy Memorial Hospital** (337) 786-1200 & Admin Fax: (337) 786-1219
110 W. 4th St. Dequincy LA 70633

**Hackberry Primary Rural Health Clinic** (337) 762-3762 & Fax: (337) 762-3838
1020 Main Street, Hackberry LA 70645 Mon, Tue & Thurs. 8 am - 5 pm; Wed. 8 am -12 pm; Fri 8 am - 3 pm

**Jeff Davis Parish Health Unit** (337) 824-2193 & Fax (337) 824-0794
403 Baker Street, Jennings LA 70546 (Mon. Tues. Wed, & Fri. 8 am - 4:30 pm)

**Jennings American Legion Hospital** (337) 616-7000 & Admin Fax: (337) 616-7034
1634 Elton Rd. Jennings LA 70546

**Lake Charles Memorial Hospital** (337) 494-3000 & Admin Fax: (337) 494-3299
1701 Oak Park Blvd Lake Charles LA 70601

**Oakdale Community Hospital** (318) 335-3700 & Admin Fax: (318) 215-3024
130 North Hospital Drive Oakdale LA 71463

**South Cameron Memorial Hospital** (337) 542-4111 & Fax: (337) 542-7180
5360 West Creole Hwy, Cameron LA 70631

**Southwest Louisiana Center for Health Services** (337)439-9983 Fax: (337) 439-8898
2000 Opelousas St. Lake Charles LA 70601 (Mon & Tue 8-7p; Wed & Thurs 8–5p; Fri 8am to noon)

**West Calcasieu Cameron Hospital** (337) 527-7034 & Admin Fax (337) 527-4373
701 Cypress St. Sulphur LA 70664

**W.O Moss Memorial** (337) 480-8100 & Admin Fax (337) 480-8104
1000 Walters Street, Lake Charles LA 70607