

Calcasieu Parish Early Childhood Distance Learning



Date	Resource/website	Parenting Connection	Science Corner
March 16–20	https://docs.google.com/document/d/1SvldgTx9djkO6SjyvPDsoGlkgE3iExmi3qh2KRRku_w/mobilebasic	Setting Boundaries Creating Structure	Rainbow Water Walk Materials–napkins–Clear plastic cups & food Coloring (tie in to how water from plants are able to travel from stems to leaves) https://thestemlaboratory.com/walking-water-rainbow/ 
March 23–27	www.abcmouse.com	Meal times– Have a meal with your child today– See attached	
March 30–April 3	www.starfall.com	Literacy Connection–Go on a letter hunt with your child	
March 6–10	www.seussville.com	Discipline vs Punishment–See attached	
April 13–17	Easter Week– Family Time	Easter Egg Colors– Dye Easter eggs with your child	
April–20–24	www.pbskids.org	Positive interactions– 100 Days of Powerful Words–See Attached	
April 27–May 1	http://www.scholastic.com/parents/play/	Identity builder's– Power words –See attached	SPED Corner
May 4–8	www.readingiq.com www.AofL.com/schools	Outdoor Exploration– Go on a nature hunt in back yard Frog Street login	Help your child with speech– http://www.speechdelay.com/speech_articulation.aspx Timer Activity– Use a timer for boundaries and potty training–Set the timer for a few minutes each day to help your child with potty training
May 11–15	www.storyonline.com	Listening to your child's feeling– See attached	
May 18–22	www.abcya.com	Parents role in child's academic success– See Attached	
May 25–29	www.funbrain.com		



The Difference Between Discipline and Punishment

Discipline:

- Training that empowers a person to learn from mistakes and be equipped for success next time.
- Training or learning that develops strong character, self-control, and moral capacity.

The Eight Characteristics of Discipline

1. Provides direction and correction.
2. Values learning from mistakes.
3. Focuses on the future.
4. Attitude of love and support.
5. Directed at the behavior.
6. Promotes security and self-control.
7. Parents invest time and effort.
8. Manageable for parent and child.

Child Learns:

- Responsibility
- Self-control
- To be a learner
- To recover from mistakes
- To see self as a winner
- To see self as okay
- Positive self-identity



Punishment:

- Imposing a penalty for breaking a rule or the law; often in retaliation.
- Dealing with roughly or harshly; castigating.

The Eight Characteristics of Punishment

1. Inflicts a penalty.
2. Requires perfection.
3. Focuses on the past.
4. Attitude of anger and retaliation.
5. Directed at the individual.
6. Promotes fear, resentment and anxiety.
7. Dismissive. Not investing time.
8. Overwhelming.

Child Learns:

- Not to get caught
- To avoid punishment
- To lie and be sneaky
- To manipulate the system
- To see self as a failure
- To see self as not okay
- Negative self-identity

LISTEN: Heart, Ears and Eyes

Soak it up! SPONGE!

- Absorb what the child is feeling.

- Listen with full attention and without judgement.



"Family dinners are the perfect opportunity when teens can talk to their parents and parents can listen and learn. Among teens who report having at least one family dinner per week, over half say that talking, sharing, catching up and interacting with family members is the best part of family dinners."

Source: CASA—The National Center on Addiction and Substance Abuse at Columbia University.
<http://www.casa.columbia.org/>





Clear Instructions, Direct Communication

Who: Say your child's name.

Example: • Leticia, turn off the TV.

What: Be specific. Describe what you want done. Start with words that motivate to action, such as "stop," "take," "make" or "pick up."

Examples:

- Pick your clothes up off the floor.
- Put all dirty clothes in the laundry basket.
- Fold all your clothes and put them in your drawers.
- Put all the trash in the trash basket.

When: Tell your child when you want something done.

Examples:

- Now!
- Before you watch TV.
- By Saturday at noon.
- Immediately after school.

Where: Be specific about where you want them to be and where you expect them to put things.

Examples:

- Play only in the front yard.
- Take the sheets off your bed and put them in the laundry room in the green basket.
- Stop jumping on the sofa and put your feet on the floor.

How Often: Is this a daily or weekly expectation?

Example:

- Every Saturday.
- Every day.
- Every night.
- Just this once.

LET'S CLEAR
THIS UP BY
GOING OVER
THESE POINTS.

Who:
What:
When:
Where:
How Often:



Put It All Together: Daniel. Clear the dishes off the table and put them in the sink. Do this after dinner tonight and after dinner every night.



Identity Builders



HUGS

Say "I love you" every day,
and give
your child hugs!

Give children focused attention
rather than always multitasking.

Provide opportunities for your
children to explore their interests.

Do special things with each
individual child.

Give your child choices.

Invite your child's opinions
and ideas.

Give your child a personal place
or space.

Listen to your child's feelings, and
honor those feelings.

Praise your child using descriptive
praise such as:
"You are very creative."
"You are very athletic."

Let them teach you things
like technology, music,
dance steps and sports.



CHOICES



LISTENING



PRAISE

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Identity Builders



HONOR

Tell your children how much
you admire and respect them.
Honor them in the presence of
family and friends!

Give your child opportunities
to help you and others.

Allow your child to make decisions.

Share key responsibilities so they
can learn, such as caring for pets,
car care, vacation planning.

Accept your child's differences
from you in temperament,
personality, interests, abilities,
and energy level.

Create traditions that you
can share, such as camping,
cooking specialty
meals, and crafts.

Make promises that you
can manage.

Allow your child to sometimes
fail as well as succeed.



DECISIONS



PROMISES



DIFFERENCES