



We like exercise!



We Like Exercise!



Written by Cathy Torrisi

AT HOME

Before reading, page through the book and ask what your child sees in each picture. Invite your child to act out the exercises. Then read the book aloud, pointing to each word as you read.

After reading, ask your child to share his or her favorite kinds of exercise. Enjoy some active time with your child by taking a walk together or visiting a park or playground.

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B



We can exercise.

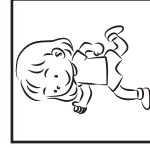


We can kick.





We can run.



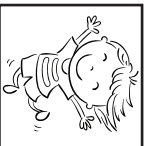
We can swim.





fold

We can jump.



We can ride.

