



Weekly Home Learning

Student Name: _____

Dear Family,

In school this week, we are learning why it is important to exercise. We are learning to recognize quantities and numerals 6-10. We are also meeting Ms. E and learning about her letter and sound. Here are some things you can do at home this week to support your child's learning at school. Happy Learning!

Research

Math can be scary for some adults but not for young children. Make counting fun by playing guessing games. For example, ask your child to guess how many eggs are in the carton. Then count them. Ask your child to guess how many apples are in the bag. Then count them. (Florida Partnership in Education, 2009a)

Monday	Tuesday	Wednesday	Thursday	Friday
Focus Question: Why should we exercise? ☐ Try an exercise rhyme with your child and get moving! ☐ Have your child practice the letter forms for Ee. Use a crayon, marker, pen and/or pencil. Don't forget to review the /e/ sound and words that start with E. ☐ Discuss the Wow word: enthusiastic	☐ Make a counting bottle. Ask your child to choose a number and then put that many objects in a plastic bottle. ☐ Create dot cards with numerals 1 to 10 and the coordinating number of dots. Have your child find items to match each card. Ex. Card #1, one television. ☐ Discuss the Wow word: vigorous	☐ Look for Letter E in your house. Each time you or your child finds one do a jumping jack. ☐ Read Ms. E's Meeting and Greeting Card with your child. Have your child share the card with someone in the family. ☐ Discuss the Wow word: active	☐ Have your child demonstrate his or her favorite exercise. Then exercise together. ☐ Before reading <i>We Like Exercise</i>, page through the book and ask what your child sees in each picture. Invite your child to act out the exercises. ☐ Discuss the Wow word: sprint	☐ Talk with your child about this week's Wow Words. Ask: "When do you like to amble?" ☐ Reread <i>We Like Exercise</i>. After reading, ask your child to share his or her favorite kinds of exercise. Enjoy some active time with your child by taking a walk or visiting a park. ☐ Discuss the Wow word: amble
Time Spent: 15 30 45	Time Spent: 15 30 45	Time Spent: 15 30 45	Time Spent: 15 30 45	Time Spent: 15 30 45
Circle the time spent each day.				