

MCNEESE STATE UNIVERSITY  
**KAY DORÉ COUNSELING CLINIC**

# TOGETHER!

**WE CAN HELP YOU BECOME THE BEST VERSION OF YOURSELF! YOU ARE NOT ALONE!**



**AFFORDABLE COUNSELING SERVICES**



**Call today 337-475-5981**

Evening and Saturday appointment times available.

**Flat rate of \$20 per session.**

#### **OUR MISSION**

The mission of the Kay Doré Counseling Clinic is to provide affordable, confidential behavioral health counseling services for the Southwest Louisiana adult and child population, as well as to provide a training facility for counseling graduate students at McNeese State University.

#### **OUR CLIENTS**

We work with adults, adolescents and children. We offer individual, couples, family and group counseling.

#### **COMMON ISSUES ADDRESSED**

- anger and stress management
- anxiety, depression, grief and self-esteem
- communication and relationships
- adjustment and life transitions
- time management and work
- autism spectrum disorder
- and more



Community Partner

**Call today to schedule a session! | (337) 475-5981 | [mcneese.edu/kdcc](http://mcneese.edu/kdcc)**