

September



Monday

Tuesday

Wednesday

Thursday

Friday

				1 Breakfast Cook's Choice Lunch Pizza or Cook's Choice, Vegetables with Dip, Fruit
4 No School	5 Breakfast Cereal Choice & English Muffin Lunch Brunch For Lunch! French Toast, Sausage, Fruit or Juice, Vegetable Sticks	6 Breakfast Cheese Omelet Lunch Hamburger w/Lettuce, Pickle & Tomato, Tots, Fruit	7 Breakfast 100% WW Bagel & Cream Cheese Lunch BBQ Rib Sandwich or Sandwich Choice, Vegetable, Fruit	8 Breakfast Cook's Choice Lunch Pizza Sticks or Cook's Choice, Vegetables with Dip, Fruit
11 Breakfast Cereal Choice & English Muffin Lunch Whole Grain Turkey Corn Dog or Beef Hot Dog, Barbeque Beans, Garden Salad w/Dressing, Fruit	12 Breakfast Ham & Cheese Croissant Lunch Oven Crisp Chicken Drumstick, Cheesy Potatoes, Pan Bread, Fruit or Juice	13 Breakfast WG French Toast Sticks Lunch Crispy Chicken Sandwich, Tots, Garden Salad w/Dressing, Fruit	14 Breakfast Egg Scramble Lunch Bean Burrito or Quesadilla, Spanish Rice, Fresh Salsa, Fruit	15 Breakfast Cook's Choice Lunch Pizza or Cook's Choice, Vegetables with Dip, Fruit
18 Breakfast Cereal Choice & English Muffin Lunch Chicken Nuggets, Pan Bread, Baked Beans, Garden Salad w/Dressing, Fruit	19 Breakfast Breakfast Muffin Lunch Egg Roll w/Orange Chicken, Brown Rice, Broccoli, Fruit	20 Breakfast Yogurt Parfait Lunch Lasagna w/ Garlic Bread, Garden Salad w/Dressing, Fruit	21 Breakfast Egg, Cheese McMuffin Lunch Beef or Fish Taco, Spanish Rice, Salsa, Fruit	22 Breakfast Cook's Choice Lunch Pizza Sticks or Cook's Choice, Vegetables with Dip, Fruit
25 Breakfast Cereal Choice & English Muffin Lunch Brunch For Lunch! French Toast, Sausage, Fruit or Juice, Vegetable Sticks	26 Breakfast Sausage Biscuit Lunch Chicken Fajita or Quesadilla, Fruit, Vegetable Sticks	27 Breakfast Cheese Omelet Lunch Hamburger w/Lettuce, Pickle & Tomato, Tots, Fruit	28 Breakfast 100% WW Bagel & Cream Cheese Lunch BBQ Rib Sandwich or Sandwich Choice, Vegetable, Fruit	29 Breakfast Cook's Choice Lunch Pizza or Cook's Choice, Vegetables with Dip, Fruit

**Daily Breakfast
choices include:**

Cereal, Fruit or Juice

**Daily Lunch
choices include:**

Various Veggies & Salads;
Fruit or Juice Assortment

