

CHCA Intercession 2024

May 20-30, 2024

Course Name: Hero on A Mission	
Instructor(s): Mr. Kramer and Mrs. Stranko	
Course Type: Local Overnight (Greater Cinti Area)	Service Hours: 10
Maximum enrollment: 14	Minimum enrollment: 12
Length of trip (if applicable): 4 days	3 nights
Cost:	\$1050

Overview: Superheroes, sports heroes, historical heroes, and superstar musicians who call themselves the anti-hero. For most of us, the demands of life, school, sports, and the pressure to succeed means we feel more hustle than hero. During this intercession, we'll spend time across Cincinnati and in the rolling hills of Kentucky surrounded by horses and farm to table food. You'll take time to slow down, reflect, and face mental and physical challenges as you find your inner hero. You will train and successfully complete your first mission in God's story.

- Course Goals:**
- To recognize what makes a great story and understand how to apply that to the story of our lives
 - Learn about people who have lived a great story
 - Have time to reflect on how God has moved in our lives and where He is calling us now
 - Create space to ask Big Questions—Who am I? What do I want? What is the wise next thing to do?
 - Capture and share your journey in a reflective personal project

Reading Component: Excerpts from:
Storyline: Finding Your Subplot in God's Story (Miller)
The Ruthless Elimination of Hurry (Comer)

Writing Component: Reflective Journal

Description:

Day 1- "Intro: End Hustle Fight Hurry" – MSL and Breakout Room
Day 2- "Living on A Mission" -- National Underground Railroad Freedom Center and Serve at Armleder/
Green Wilderness Retreat, Georgetown, KY*
Day 3- Green Wilderness Retreat, Georgetown, KY*
Day 4- Green Wilderness Retreat, Georgetown, KY*
Day 5- Green Wilderness Retreat-Return, pickup noon Friday*
Day 6- Retreat Debrief – Coffee Shop and Crossfit (offsite drop off and pickup)/Reflective Personal Project
Day 7- "Finding Flow" -- Kayak/Canoe the Little Miami (Riverbank picnic, workshops, Graeter's)
Day 8 – "God's Story, My Mission" Showcase at MSL (2 hours only)

***Green Wilderness Retreat Description:** During this time away, we will slow down and enjoy the fellowship of community guided by speakers and writers on their Kentucky homestead. Surrounded by rolling hills and horses, students will choose activities that feel life-giving, like cooking a meal from local ingredients, playing ultimate frisbee, yoga, hiking, or enjoying music, conversation, and s'mores around a bonfire. Our time together will culminate with a home-cooked country breakfast before we head back to Cincinnati Friday morning.

This course is well suited to: All students who can be out of town May 21-24.

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Additional costs: None

Other Information:

Notes for families:

Friday, May 24-Pickup MSL-12pm

Tuesday, May 28—Drop-off and pick-up downtown Mason

Wednesday, May 29—Drop-off and pickup downtown Loveland

Thursday, May 30—Families invited to reflective showcase at MSL, time TBD

F.V. saved 06.26.23