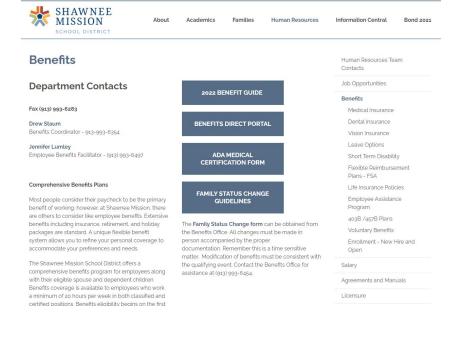


BENEFITS

https://www.smsd.org/human-r esources/benefits

2023 SMSD BENEFIT GUIDE

<u>Shawnee Mission School District Benefit</u> <u>Guide (cld.bz)</u>



WELLBEING INCENTIVE ACTIVITIES COMPLETED BETWEEN JANUARY 1ST AND OCTOBER 31, 2023

- Option A Complete an On-site Biometric Screening and On-line Health Risk Assessment
 On-site Screenings available at the CAA in October or schedule through PriorityOne Health Clinic
- Once you receive your Insurance Card from BCBS, complete the On-line Health Risk Assessment on the Marathon Health Portal

You do have the option of visiting your own physician, but you must provide the Physician Form available on the SMSD website - <u>Physician Form</u>

Option B – Complete four Wellness Workshops in the Marathon portal. Workshops can be completed through the Resource tab on the homepage.

Option C – Complete two health coaching sessions with a PriorityOne provider

Additional Wellbeing Incentive Information

STAFF HEALTH AND WELLBEING

Fitness Center, 913-993-6494

Eree for all SMSD staff, their spouses and children 16 or older.

Aquatic Center-Visit the SMSD Aquatic Center Website for more information.

On-site Clinic – Priority One Health Center – 913-549-9970

Available to staff members, spouses and children age two and up on the District's health insurance plan.

EAP-<u>SupportLinc</u> - 1-888-881-5462

Wellbeing Benefits and Resources Inventory

WHAT DO I DO NEXT?

- Review the website ask questions if you have them about your options
- If you want to meet personally contact Drew or Jennifer to schedule
- Complete your Enrollment Packet and return to the Benefits Department at the CAA by Monday, September 4 In-person or Inter-School mail is preferred
- Check your mail for your Insurance Cards sometimes these look like junk mail
- Register with the Blue KC Portal and Marathon Health
- Watch your e-mail for information about the Wellbeing Incentive, and if you choose, complete the necessary steps. Once completed, you will see the Incentive reflected on your next eligible paycheck for the remainder of the year and all of 2024.
- Complete Open Enrollment in October (ish) don't worry, we'll send you a lot of emails about this event

CONTACT INFORMATION

Drew Staum – Benefits Coordinator 913-993-6354 <u>AndrewStaum@smsd.org</u>

Jennifer Lumley – Benefits Facilitator 913-993-6497

JenniferLumley@smsd.org

OPEN ENROLLMENT

You must participate in Open Enrollment for your 2024 Benefits.

Watch your e-mail for additional information form Benefits

At Open Enrollment you have the option to enroll in additional benefits:

Accident Insurance

Critical Illness

Combined Life and Long Term Care

Identity Theft

Hospital Indemnity

Pre-paid Legal Plan

I KNOW YOU JUST GOT HERE – BUT LET'S TALK ABOUT RETIREMENT

Both <u>403B /457B Plans</u> plans are available to eligible employees.

Pre-tax and Roth investment opportunities are available through AIG, Lincoln, Met-Life and Security Benefit

You can elect to enroll or make changes throughout the year.

<u>KPERS –</u>

You contribute mandatory 6% of your salary from each paycheck. It's automatic and pretax. Your contributions earn a guaranteed 4% annual interest, paid quarterly. There is also a possibility for additional interest, depending on KPERS' investment returns. You can withdraw your account balance if you leave employment, but you can't take a loan from your account while you are still working.

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KPERS

or KPERS 3 Members ired January 2015 & Afte

Throughout your career, you make contributions to KPERS. We invest the money and pay you interest. You also build retirement credits while you work. When you retire, KPERS pays you a guaranteed monthly benefit. You also have life insurance and disability benefits as part of KPERS while you are still working.

RETIREMENT BENEFITS

Your Contributions

You contribute 6% of your salary from each paycheck. It's automatic and pretax. Your contributions earn a guaranteed 4% annual interest, paid quarterly. There is also a possibility for additional interest, depending on KPERS' investment returns. You can withdraw your account balance if you leave employment.

Vesting

After five years of service you are guaranteed a retirement benefit, even if you leave employment. This is called "vesting" your benefit.

Retirement Benefits

There are two parts to the KPERS 3 cash balance plan – your contribution account and your retirement credits. While you make contributions, you also earn retirement credits quarterly based on how many years of service you have and a percent of your pay. Retirement credits are only available at retirement.

Your retirement credit value and contribution account balance are used to calculate your benefit. KPERS will pay you a guaranteed monthly benefit for the rest of your life. You can also choose from different payment options if you want to leave a monthly benefit for someone after your death or have a regular cost-of-living increase.

When Can You Retire?

- Age 65 with five years
- Age 60 with 30 years
- Reduced, early retirement beginning at age 55 with 10 years



Questions?

Email: kpers@kpers.org Toll-free: 1-888-275-5737 In Topeka: 785-296-6166 kpers.org

New Hire To-Do List

- ✓ Learn more about your KPERS 3 cash balance retirement plan and how it works
- ✓ Check out kpers.org for details about your other benefits
- ✓ Set up your online access to keep track of your account at kpers.org
- ✓ Name a beneficiary. Form available at kpers.org or from your employer
- ✓ Save on your own, because KPERS won't be enough

ADDITIONAL BENEFITS

Disability Benefits

If you qualify, disability benefits are based on 60% of your annual salary. There is a 180-day waiting period.

Basic Life Insurance and Death Benefits

Basic life insurance is equal to 150% of your salary. Your employer pays for the cost. KPERS also returns your contributions and interest. Your spouse may be eligible for a monthly benefit, instead of receiving your account balance.

Job-Related Death

If you die from an on-the-job accident, there is an additional death benefit for your spouse.

KPERS won't be enough

KPERS and Social Security won't be enough for a sound retirement. You need to save on your own, too. The easiest way to save is through a tax-sheltered employer plan like a 457(b) deferred compensation or a 403(b) annuity plan. Check with your employer about options where you work.

EMPLOYEE ONLINE -

Faculty / Staff Portal

If you have questions or comments, please contact the Communications Department at **adcommun@smsd.org**, Thank you.





EMPLOYEE ONLINE -



EMPLOYEE ONLINE - LEAVE TRACKING AND BALANCES

Username:		
Password:		=
Password:		

Employee Search	×	ОК
Leave Balar	ices	🗐 Prir
Description	Hours	Days
Temp Leave	0.00	0.00
Accrued Temp Leave After 7/1/2008	240.00	30.00
Sick Bank	0.00	0.00
You may use the following from y	our temp leave balance	
Personal	0.00	0.00



EXTRA CREDIT -SMSD, HUMAN RESOURCES, AGREEMENTS AND MANUALS

<u>Certified Non-Use Calendar</u> – Block out days where you cannot use Personal Time

<u>NEA Agreement</u> – Contains important information about your contract and employment

Don't forget if you move to contact Human Resources, so your address can be updated.

Human Resources – <u>Team Contact Information</u>

NEW TEAM MEMBER ACADEMY

New Teacher Resources

Shawnee Mission School District

New Team Member Academy

August 4,7-8, 2023

NEW TEACHER ACADEMY - COMING SOON NEW TEACHER FAQS BENEFITS ENROLLMENT





For life.





INSPIRING PEOPLE

PriorityOne Health Center Powered by Marathon Health Marathon Health Mission

We are a different kind of healthcare company. Our mission is to **inspire people** to lead healthier lives.

Healthier people are more productive and lead richer, more rewarding lives.



Marathon Health Services

Common Illnesses

- Allergies
- Eye Irritations & Infections
- Headaches
- Skin Conditions
- Respiratory Symptoms

Misc. Services

- Lab Work
- Medications for conditions treated at the Center

Minor Injuries

- Back Pain
- Extremity & Joint Pain
- Sprains / Strains

Health Assessments

- Blood Pressure, Glucose, Cholesterol
- Height / Weight
- Physicals , including well woman exams
- Immunizations

Health Coaching

- Nutrition / Weight Loss
 Physical Activity
- Tobacco
 Cessation
- Stress Management Group Wellness
- Physical Activity Challenges
- Walking Groups
- Weight Loss Challenges
- Challenges

Chronic Condition Coaching Asthma Diabetes Heart Conditions High Blood Pressure Low Back Pain Depressio



Benefits to Staff Members and Families

- Easy access to convenient, high-quality care
 - Staff members will not have to clock out or take leave time to use the Health Center
- Little or **no wait time** for scheduled appointments
- More time with your provider to address your health
- Early detection of serious health conditions through assessments and screenings
- Health coaching to build and support healthy habits, including healthy eating, tobacco cessation, stress management, and physical activity
- Support and tools to take active role in health and healthcare
- Little to no cost for services
 - Preventive services will be offered at no charge. Members on the high deductible health plan will have a small visit fee for non-preventive services, due to IRS regulations. However, it will be a significant savings to the cost of care received out in the community.



PriorityOne Health Center Details

- Where is the PriorityOne Health Center located?
 - •The center is in the Center for Academic Achievement. Door 13, right next to the fitness center.
- When is the center open?
 - •The Center is open Monday, Wednesday, Friday 7am 4pm and Tuesday, Thursday 9am 6pm.
- Who can use the center?
 - •Staff Members, pre-Medicare retirees, spouses, and dependents age two and older enrolled in the Shawnee Mission School District health plan are eligible for services provided by PriorityOne Health Center. The center will also provide care for work-related injuries to all school district employees regardless of health plan enrollment.
- How will appointments be scheduled at the health center?
 - •Schedule online through the patient portal or call the office at 913-549-9970.
 - Appointments are required but same day appointments may be available by calling the Health Center.



PriorityOne Health Center Costs

Visit Fee Schedule	Preventive Care Visit	Non-Preventive Care Visit
Blue-Care (HMO) Preferred-Care Blue / Blue Card (PPO)	Free	Free
Preferred-Care Blue / Blue Saver (Qualified High	Free	\$30 ^{1,2}
H Deditiotible n Health y fair ma I Derder i Maaintain the tax benefits afforde	d to HSA participants, the IRS requires a fee	be charged to those with a Health Savings aployee must be covered by a Qualified High
Deductible Health Plan like Shawnee Mi setup their HSA through SMSD; howeve on their own or do so at a future date. Th Saver plan that may have a HSA. So, in Saver plan members using PriorityOne A	ssion School District's (SMSD) Preferred-Car rr, some have an HSA through a spouse's fam his makes it very difficult to identify all emplo order to meet due diligence under the law, SI Health Center to pay a per visit fee for non-p pay for similar services at a physician	e Blue / Blue Saver plan. Many employees ily plan or may have previously setup a HSA oyees on the Preferred-Care Blue / Blue MSD requires all Preferred-Care Blue / Blue preventive services. This fee is still



Your Personal Health Information is Protected

- When you receive healthcare at work from Marathon Health, we are required by law to protect the privacy of your health information. Marathon Health will protect your personal health information in accordance with the Health Insurance Portability and Accountability Act and any other applicable laws.
- As a healthcare consumer, take the time to read the Marathon Health Notice of Privacy Practices.
- For a copy of the Marathon Health Privacy Practices, go to: www.marathon-health.com/privacy.



PriorityOne Health Center Staff

Who staffs the center?

Marathon Health staffs and manages the center. Clinical staff includes physicians, a nurse practitioner, a behavioral health therapist, and medical support staff employed by Marathon Health. Many private doctors' offices operate similarly.

The Clinical Staff:

- Amy Sachau, MD
- Matt Almaguer, MD
- Tyler Thomas, MD
- Amanda Munden, APRN
- Jen Simon, LCSW
- Kenia Cuellar Rey, MA
- AJ Davis, MA
- Jen Platel, MA

