

COVID-19 UPDATES

The Clinton Central School District continues to make health and safety a priority as we enter this new phase of the COVID-19 pandemic. The New York State Department of Health released updated guidance that gives schools more flexibility for the 2022-23 school year. Our School district is following the [Operational Guidance for K-12 Schools and Early Care and Education Programs to Support Safe In-Person Learning as a resource for COVID-19 mitigation strategies in K-12 setting](#). Please review the following highlights:

- **Exposure to COVID-19:**
 - The CDC recommends that those exposed to COVID-19, regardless of vaccination status or history of prior COVID-19 infection, wear a well-fitting mask for 10 days in public indoor settings (including school settings) and test on or after day 5 or sooner if symptoms develop.
- **Symptoms of COVID-19:**
 - Students and staff with symptoms of respiratory or gastrointestinal infections, such as cough, fever, sore throat, vomiting or diarrhea should be sent home or directed to stay home.
 - If symptoms develop at school, the individual should wear a well-fitted mask while arrangements are made to go home even if they have not yet had a test.
 - Testing is recommended for people with symptoms of COVID-19 as soon as possible after symptoms begin.
- **Positive for COVID-19:**
 - Students and staff who **test positive for COVID-19** should isolate for **5 days at home**.
 - For those with symptoms, Day 1 is the first full day after symptom onset (Day 0 is the day of symptom onset).
 - For those that had no symptoms, Day 0 is the day they were tested (not the day the positive test result was received) and Day 1 is the first full day following the day they were tested—(if someone develops symptoms within the 10 days of testing, the clock restarts at day 0 on the day of symptom onset).
 - Those with symptoms may resume attending school after the 5 days **if**:
 - *They are fever free without fever reducing medicine for 24 hours and their symptoms are improving.*
 - *They wear a mask through day 10 (Day 1 is the first full day following the day they received a positive test result regardless of symptom onset).*
 - *Note: After having ended isolation, if COVID-19 symptoms recur or worsen, restart isolation at day 0 and consult a healthcare provider.

Families may find the following FAQs link helpful:

[School Year 2022-23 Frequently Asked Questions for Schools](#) (link)

We will continue to watch the transmission rates in our region and communicate updated guidance.

RESOURCES

ONEIDA COUNTY HEALTH DEPARTMENT COVID-19 HOTLINE: 315-798-5431

For the latest information on COVID-19 from the CDC: <https://www.cdc.gov>

If you need a test: <https://coronavirus.health.ny.gov/find-test-site-near-you>

For assistance in dealing with the mental strain caused by the pandemic, please visit NY Project Hope: <https://nyprojecthope.org/>