

Davie County Schools

220 Cherry Street | Mocksville, NC 27028
336.751.5921 | Fax 336.751.9013

GoDavie.org



Davie County Schools Nutrition Team Attends Innovative K-12 Culinary Institute

Mocksville, N.C., June 29, 2023 - Eight Davie County school nutrition managers recently completed a culinary institute workshop through the North Carolina Department of Public Instruction (NCDPI).

The three-day program, designed to help increase the availability of fresh and nutritious meals served to students in lunch rooms, taught school nutrition managers over 200 new recipes, along with interactive classroom and in-kitchen instruction. The following participants graduated from the program as chef ambassadors or culinary specialists: (in photo, first row in red shirts) **Jason Ijames, Melissa Myers, Cindy Shaver, Christina Hillard**, (2nd row) **Pam Bracken, Margaret Radford, Karrterisa Turner, and Sheila Bales**.

“Two things stood out for me during the training,” said Melissa Myers, school nutrition manager. “The first is ‘*mise en place*’ which is a French term that means putting in place or gathering. Simply taking a minute or two and gathering all the necessary items to complete the task will help you be much more productive. Work smarter, not harder! And the second is to always remember how you are presenting the foods. People eat with their eyes first so always make sure it looks appealing.”

The Office of School Nutrition worked with Chef Cyndie Story and the nationally accomplished K-12 Culinary Team in developing the institute to meet five core objectives:

1. Improve student health, well-being, and academic success through nutritious, appealing meals at school
2. Increase participation in high quality, enticing school nutrition programs
3. Expand the capacity of local school nutrition programs to purchase, prepare and serve fresh, locally grown produce
4. Increase consumption of fruits, vegetables, and whole grain-rich foods
5. Provide continuing education opportunities for school nutrition personnel

About Davie County Schools

Davie County Schools (DCS) serves Pre-K and K-12 students in the Piedmont Triad, just west of Winston-Salem. DCS includes 6 elementary schools, 3 middle schools, Davie County High School, Davie County Early College High School, Central Davie Academy, and Davie County Virtual School with a mission to engage, equip, and empower students. DCS provides a safe, innovative learning environment where each individual is valued, respected, and challenged. An engaging staff and community ensure students learn, grow, create, and discover their talents through experiences that prepare them for success. With a robust arts program, Career and Technical Education and home to the War Eagles, Davie County High School is a member of the Central Piedmont 4-A Conference, offering competitive and well-rounded experiences for students and student-athletes.



Cooleemee Elementary School | Cornatzer Elementary School | Mocksville Elementary School | Pinebrook Elementary School
Shady Grove Elementary School | William R. Davie Elementary School | North Davie Middle School | South Davie Middle School
William Ellis Middle School | Central Davie Academy | Davie County Virtual School | Davie County High School | Davie County Early College