

# August Middle School & Goodview Menu 2023

## BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
31 Apple Donuts or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	1 Fruit Bread or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	2 Mini Pancakes or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	3 Bagelful or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	4 French Toast or Cereal Bowls or Bar Pack • Juice or Fruit • Milk
7 Muffin & Cheese or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	8 Mini Donuts or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	9 Cinni Mini or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	10 Maple Waffles or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	11 Fruit Bread or Cereal Bowls or Bar Pack • Juice or Fruit • Milk
14 Apple Donuts or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	15 Fruit Bread or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	16 Mini Waffles or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	17 Bagelful or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	18 French Toast or Cereal Bowls or Bar Pack • Juice or Fruit • Milk
21 Muffin & Cheese or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	22 Mini Donuts or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	23 Cinni Mini or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	24 Maple Waffles or Cereal Bowls or Bar Pack • Juice or Fruit • Milk	25 Fruit Bread or Cereal Bowls or Bar Pack • Juice or Fruit • Milk

## LUNCH

31 Chicken Patty on a Fruit & Veggies Chips Milk	1 Hamburger on a bun Fruit & Veggies Grahams Milk	2 Big Daddy's Pizza Fruit & Veggies Milk	3 Italian Pull Apart Marinara Fruit & Veggies Chips & Milk	4 Turkey Ham and Cheese Croissant Veggie Juice & Fruit Grahams Milk
7 Italian Chicken Sandwich Fruit & Veggies Chips & Milk	8 Cheese Boli Veggies and Fruit Grahams Milk	9 French Bread Pizza Fruit & Veggies Slushie Milk	10 Mandarin Orange Chicken w/Rice Peas & Carrots & Fruit Fortune Cookie & Milk	11 Turkey & Cheese Kit Fruit & Veggies Milk
14 Corn Dog Fruit & Veggies Chips Milk	15 Chicken Patty on a Fruit & Veggies Chips Milk	16 Big Daddy's Pizza Fruit & Veggies Milk	17 Hot Dog Fruit & Veggies Chips Milk	18 Turkey Ham and Cheese Croissant Veggie Juice & Fruit Grahams Milk
21 Pizza Fruit & Veggies Grahams Milk	22 Uncrustable Veggies & Fruit Slushie Cheese Stick Chips Milk	23 French Bread Pizza Fruit & Veggies Slushie Milk	24 Pizza Fun Kit Fruit & Veggies Chips Milk	25 Uncrustable Veggies & Fruit Slushie Cheese Stick Chips Milk

USDA is an equal-opportunity provider.

Menus are subject to change.