

**Shady Side Academy Athletic Exemption Form**

Students who are actively participating in a sport or physical activity that is not offered at Shady Side Academy’s Senior School may apply for an athletic exemption. Athletic exemptions will not be granted for athletic activities that Shady Side Academy offers. In addition, athletic exemptions must meet a minimum of 60 hours per term and include outside competition.

All requests for an athletic exemption should be e-mailed to Josh Frechette, Associate Athletic Director, at [jfrechette@shadysideacademy.org](mailto:jfrechette@shadysideacademy.org). Completed exemption requests must include documentation from the student and/or parent detailing the activity, hours and competitions. In addition, the name, contact information and signature of the coach/leader of the activity for which the student is seeking the exemption is required.

**Student Name:** \_\_\_\_\_

**Grade:**                    **FR    SO    JR    SR**

**Academic Year:** \_\_\_\_\_

**Term Requesting Exemption:**                    **Fall                    Winter                    Spring**

**Outside Team Name:** \_\_\_\_\_

**Head Coach:** \_\_\_\_\_

**Head Coach Email:** \_\_\_\_\_

**Head Coach Phone:** \_\_\_\_\_

Please include a brief description of your season of sport when submitting this request (via email), including the sport, the start and end of the season and competition schedule. Once you have completed this form, please have a parent/guardian and your head coach sign below.

**Parent Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Head Coach Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_